

The JOURNEY

The Monthly Newsletter of the Unitarian Universalist Church of Fort Lauderdale

August 2018
Volume 60, Number 8

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September 2018 Issue Deadline

Sunday, August 12, 2018

Submit articles to:

submission@uucfl.org

Editors

Valerie Bressler
Gary Ladka

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A Center for
Liberal Religious Thought
and Social Action in
Fort Lauderdale

Unitarian 
Universalist
Church of Ft. Lauderdale

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Established in 1958

Eclectic Mind Shoppe (New Format) - 1:00pm



1st Sundays

Owning Your Religious Past with Rev. Susan

2nd Sundays

Spiritual Philosophy.

3rd Sundays

Planning

(Making sleeping mats
for the homeless)

4th Sundays

Casual Contemplation

Do the Eclectic Slide to Page 6

Labyrinth Café Singalong

Saturday August 11 at 7:30pm

Information and Upcoming Dates - Page 8



All Church Work Day

Saturday August 11 at 8:00am

WE REALLY REALLY REALLY NEED YOU!!

WE MEAN YOU!!

Please Help

Work Your Way to Page 7

Broward UU Social Group - Clan Fara - Upcoming Events

Friday, August 10 - Sunday, August 12
Cassadaga Spiritualist Camp

Wednesday, August 22 at 7:00pm
Clan Fara Raid Planning

Friday, September 28 - Sunday September 30
Weekie Wachee Springs Adventure



For Info on These and Other Events visit
www.facebook.com/groups/clanfara

Unitarian Universalist Church of Ft Lauderdale
Mission Statement:

To come together as a caring community and sanctuary
for seekers of spiritual growth, truth, and meaning.

FREEDOM, REASON
ACCEPTANCE + LOVE



President's Message



Here we are in the height of summer in Florida and looking forward to another several months of hot weather, nervously watching what's coming off of Africa and developing in the Caribbean till hurricane season is over. But we remain calm and carry on as they say. It's good training for politics or parenthood, I'm told.

Many good things are happening here at UUCFL. The new Board has had its retreat, and we are developing an outline for a new long-range plan. Susan has agreed to be our minister for the next five years. The improvements and repairs to our building are continuing, thanks in large part to the Wednesday Daytimers group for many tasks and the Building and Grounds Committee's hard work. We will be having a congregational meeting on September 23rd to vote on bylaw updates and a new name. So what's in a name?

Well, many things. I like my name because there aren't many Martys; but with an organization, its name starts to tell the story of that organization and who its people are before any other information is conveyed. So it is with the Unitarian Universalist Church of Ft. Lauderdale, in particular the "Church" part. I was raised Catholic and since about the age of 16 jokingly referred to myself as an escapee of the Catholics, so when I was getting divorced and a therapist said, "You should go check out the Unitarian church," I was less than impressed. But I finally did, and 36 years later I am still here. I have heard similar stories from many people of non-Christian backgrounds (Jewish, Hindu, etc.), thinking we are Christian-based, and people who have rejected Christianity thinking we're going to draw them back in. Atheists, agnostics, pagans, New Age people, and spiritual seekers will almost always put "church" in the category of what they've rejected or run away from. Also, I think many millennials regard church as an irrelevant and outmoded concept.

We want to do somewhat of a makeover and change our name but still be UU and Ft. Lauderdale, so we're thinking of changing the church part to Congregation or Center or some other such word. If we keep it a "C" word we don't have to change the web site or a lot of other things. Or stumble over a new acronym. The pagans do seem to have "Circle" locked up but we can probably talk. ;o)
If you have any other ideas along these lines, please do send them to me at mpminfla@gmail.com. Or if you hate the idea, tell me why and what you would rather do. Listening Sessions on bylaws and possible name change will take place in September.

Bylaws, or "How I Got My Geek On At Church"

Lastly, for the uninitiated, Bylaws are really a thing. There are two main legal documents that we as a congregation live by: The Charter, (which is filed with the state when we incorporate and lets the state know who we are and how we define ourselves as a corporation,) and the bylaws, (which are created by a committee and the board and then presented to the congregation and voted on.) By approving the bylaws the congregation decides how it wishes to govern itself. Any changes to the bylaws must be approved by the congregation at a meeting called for that purpose or at the annual meeting. As time goes on and many small changes are made to fix or update things or circumstances change but the bylaws aren't updated, sometimes a congregation will end up where we are. There's nothing particularly wrong with the bylaws but some areas contradict each other, some places overlap, some committees are too big, some committees don't work for the church anymore, and other areas don't match what we do now. So, in late June I asked the board to approve a committee to review and update the bylaws in their entirety. Also, last year we approved bringing the Endowment corporation under the church corporation as a committee of the congregation. The endowment board has done their work on how to make that happen so the endowment bylaws must be incorporated into the church bylaws as a whole new section, I'm assuming. The bylaws committee and endowment board are still working out the details. The bylaws committee consists of Sandy Lange, Edie McAnulty, and Sarah Paulus, with consultations from Susan Smith, Marty McAnulty, the endowment board (Gary Ladka, Doug Friend, Jerry Waltz), and some others.

Namaste and Blessings,

Marty McAnulty



Rev. Susan's Space

We have work to do. You have to be a certain kind of person to really enjoy bylaw revisions and strategic plan vetting, but let's do it anyway. In September, we will be having listening sessions and then a congregational meeting to vote on bylaw revisions. These include fairly simple things, from reducing the size of the Nominating Committee from 6 (yes, 6!!!) members to a more doable number to considering changing our name to UU Congregation of Fort Lauderdale. We will consider whether to declare ourselves a weapon-free zone and if we are satisfied with how we define membership. After our Board approves the changes at its August meeting, we'll post those on our website.



In October, we'll have listening sessions about the proposed strategic plan "Values in Action." After your Board of Trustees tweaks the plan at its August meeting, we'll post it on our website, too. The plan calls for a busy 5 years in which we answer the question of whether this congregation will thrive and grow or decline in size and staff. Let me assure you that this will not be one of those plans that gets stuck in a circular file right after the vote, so your vote to affirm this plan will be a commitment to stretch and to strive.

In the meantime, we don't need bylaw revisions or a strategic plan to step up our game as a welcoming and warm congregation. In my July column, I made the nearly-heretical suggestion that we stop sitting down during social hour. Let me suggest what we should be doing:

- If you are able, park near the street and walk in so visitors can find a spot nearer.
- In the parking lot, speak to anyone you see whether you know them or not. "Good morning!" will do.
- Arrive early, enjoy the groovy music, and chat up someone you don't know. Visitors tend to arrive earlier and are trying to see whether this is the place for them.
- Refrain from both shushing others and making noise during the silences. Be glad when you hear the sound of children in our midst.
- Immediately after services, help others find refreshments. Most days our members flock to the line, leaving newcomers in the dust and relegating them to the end of the line. Take that first 10 minutes after services to connect with people. Move newcomers and families to the head of the line.
- If you usually go out to lunch after services, consider letting others know that they can meet you there. It's one of the MOST effective entryways for newcomers. I'll be glad to make your announcement.
- Or think about staying for Eclectic Mind Shoppe to go deeper in our shared faith. In August, I'm starting a 1st Sunday class (Owning Your Religious Past). 2nd Sundays is Spiritual Philosophy. 3rd Sundays is Planning. (Making sleeping mats for the homeless) 4th Sundays is Casual Contemplation (formerly, Vespers).

Rev. Susan



Director of Religious Education (DRE) - Susan Dirgins-Friend
Phone (954) 424-1910
Email tiredmomofbob@aol.com



Hot Time! Summer in the City!!

Our kids will be having two field trips on Sunday mornings during church in the month of August, and one Sunday we will have fun outside on our beautiful grounds. Please come out for something a little different.



Sunday, August 5 Beach Day

We will meet at church at 9am and then carpool to the beach. Please bring drinks, snacks, sun screen and towels for everyone in your family, and we need at least one parent from each family to join us. We will return to UUCFL by 1pm.

Sunday, August 12 Nature Walk at UUCFL

Our own Dave Griswold will lead a nature walk around our grounds to see all the flora and fauna we have right under our noses. We will then enjoy simple water play, as well as some cool treats. Wear closed shoes (aka sneakers) for the walk around the grounds, but bring a swim suit or other clothes that can get wet and a towel.



Sunday, August 19 Anne Kolb Nature Center

We will meet at church at 9am and then travel to Anne Kolb Nature Center in Hollywood, where we will enjoy walking on the boardwalk trails and seeing the exhibits inside the center. Please bring drinks, snacks and sunscreen for everyone in your family, and we need at least one parent from each family to join us. We will return to UUCFL by 1pm.

Sunday, August 26, Unitarian Universalist Church of Ft Lauderdale

11:00am Kids attend Service - Topic is J.R.R. Tolkien's epic tale of the Fellowship of the Ring and their journey through Middle Earth as pawns, actors, and tools in the grand battle between Good and Evil.



Please sign up with DRE Susan by the prior Sunday for outings.

Love and blessings,

DRE Susan

Loaves and Fishes - Brief Break

Loaves and Fishes
(our chapter of the UU
Christian Fellowship) will
meet on the 2nd and 4th
Sundays at 9:30am in the
multi-purpose room.

All are welcome and invited.

For more information contact me at
cathywaltz@bellsouth.net or at 954-801-4101
to become involved.

Cathy Waltz

**Summer Reading Service**

This service has been rescheduled for September 30, so all you bookworms have even more time to cram in some summer reading and share your impressions with the congregation. Presenters need not agonize over a 20-page term paper. 5-10 minutes of rumination on your chosen book will do -your resonance, or lack of it, with the protagonist; particular passages or wordplay which struck a chord; a plot twist which jolted you; a scene which unfolded particularly vividly.

Please email me at
tapwitch@gmail.com
with your book
title(s) by September 15
to participate in this
celebration of prose,
the complement to
July's Poetry Service.



Happy reading!
Valerie Bressler

Daytime Group Meets on Wednesdays

Daytimers is a community
of members who have
Wednesday free from
1:00 - 3:00pm.

The group devotes some time
to physical chores, some time
to chatting and, soon,
some time to spiritual
discussions led by Rev. Susan.

Everyone is welcome to check out this relaxed group
any time.

Our activities and purpose will morph as decided by the
group. Contact me at Stcavish12@gmail.com.

Molly St Cavish

**Lifenet 4 Families/Cooperative Feeding Program**

LifeNet4Families

Cooperative Feeding Program

Thank you to all the folks who are taking home the reusable bags and filling them with much-needed food for the Lifenet 4 Families pantry. A big thanks to our UU Sisterhood for taking over this project and collecting and transporting the food to the pantry. Remember that if you want a chance to volunteer, you can work with our fellow UUs from River of Grass on the 2nd Saturday of every month at their scheduled workday in the pantry, from 9:00-11:00am, at 1 NW 33rd Terrace, Lauderhill FL 33311. If you would like to volunteer at another time you can contact Lifenet directly; their phone number is (954) 792-2328 and the website is lifenet4families.org.

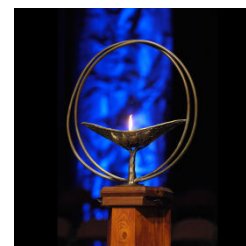
Keep Filling Those Bags! Let's keep up the momentum!

Pick up your bag in the sanctuary lobby, add food and return. Thanks to all!

The Seven Principles of Unitarian Universalists

There are seven principles which Unitarian Universalist congregations affirm and promote:

- The inherent worth and dignity of every person;
- Justice, equity and compassion in human relations;
- Acceptance of one another and encouragement to spiritual growth in our congregations;
- A free and responsible search for truth and meaning;
- The right of conscience and the use of the democratic process within our congregations and in society at large;
- The goal of world community with peace, liberty, and justice for all;
- Respect for the interdependent web of all existence of which we are a part.

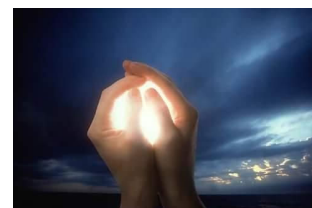


Eclectic Mindshoppe (New Format)
1st , 2nd, 3rd, and 4th Sundays at 1:00pm

August 5 - "Owning Your Religious Past"
facilitated by Rev. Susan

This 5-session UUA curriculum facilitates movement from pain or confusion regarding your unique spiritual journey to one of healing and wholeness. Most UUs are adult converts who may have mixed feelings about their spiritual upbringing.

The August 5th Session introduces the program and helps participants craft a "Personal Religious Timeline."



August 12 – Spiritual Philosophy:
Discussion on Machiavelli with Sarah 'Birch' Paulus

"It is better to be feared than loved, if you cannot be both." Chilling! But was Niccolò di Bernardo dei Machiavelli really the self-absorbed, immoral person we think of? How can good be achieved if we place ethics and religious values aside? Birch will lead the small group discussion on the quotes and sayings of this philosopher, humanist, historian.

August 19 – Plarning Sunday with Alba Paglia Kauffman

Plastic bags + Balls of yarn + Crocheters of all ages + Deep Compassion = Valuable Public Service and Quiet Satisfaction as we make sleeping mats for the homeless.

August 26 - Casual Contemplation with Marie Turner
The Spirituality of Dr. Seuss

Thing One – Marie is excited to present this session.

Thing Two – We get to ponder Life and Living According to Dr. Seuss – e.g. Oh! The Places You'll Go – translation: Life's a Big Adventure. Be adventuresome and join Marie.



Rev. Opal Murray - opalom18@gmail.com

A Journey's End - A New Beginning

Friends, UUs, countrypeople, lend me your ears.

The Journey shall be no more. September's issue will be the last.

O, grieve not. Let there not be a wailing and gnashing of teeth – the cUUrious cUUrier is alive and well, and will continue to keep us all abuzz of the goings-on of the UUCFL, as well as becoming the medium for the updates and musings of Rev. Susan, the Prez, the RE department and all areas of congregational activity. Indeed, I heartily encourage everyone who so desires to share your thoughts on our congregation, life, the universe and everything. Though submissions may be edited for length and clarity, this is our public forum, and I would love to see more personal expression in its use.

While we encourage frequent contribution of material, particularly by our "head honchos," the best part of this whole shebang is NO MORE DEADLINES!!!! Your humble editors light a candle/raise a glass/kiss the earth to this.

And we thank you for your readership as we move ever forward into the digital age.

With light, love and properly-placed commas, your ever-humble editors,

Valerie Bressler and Gary Ladka



Coming CUUPS Events

**CUUPS Study Group takes place every Thursday at 7:30pm at the Church.
\$2 Suggested donation. Bring healthy snacks to share.**

August 2 –Topic: Coffee Ritual with Dark Oak Moon.

August 9 –Topic: Kitchen Simples with Gen, join us as Gen shows us some culinary magick in the form of Oils and Herbs.

August 16 –Topic: Sacred Sexuality with Victoria.

August 23 – Topic: Birch – Pachamama the Peruvian Goddess as presented by Birch.

August 30 – Topic: Annual Chocolate Ritual. Bring chocolate snacks and dress in chocolate colours.

Edie & Marty McAnulty - CUUPS Facilitators - The MoonPath Chapter of CUUPS



Path to Membership Adult Education in September



We ask those seeking to join UUCFL to participate in an Adult Religious Education program-- A Tapestry of Faith--beginning in September. On three consecutive Tuesday evenings in September, join us for a series of dynamic, interactive sessions to learn about our Faith, our History and the unique story of our congregation. Current members are welcome to attend as well. The sessions will be held on September 11, September 18 and September 25 at the church, beginning at 7:00pm until 8:30pm. Upon successful completion of the program, candidates will be eligible to join our congregation. Contact me, either via Email larrywilkner@posteo.net or in person, to RSVP your attendance or to ask questions about the program.

Larry Wilkner, Welcoming/Membership

Music as Healing

In the July Journeys Newsletter, I was reminded how important school safety is to our community. As many of you know, part of my work is as a music teacher for children here in Broward County. So, the issue of student safety in schools is close to my heart. If you attended the July 22nd Sunday service, you heard the first of a 3 part piano suite that I have composed and performed. What you may not know is that my intent is to record and make available all 3 parts of the music that I composed, as a resource for people in need of emotional healing due to school violence. The three parts of the piece will be recorded and then distributed to those who are in need of the healing power of this music in schools beginning in Broward, but hopefully stretching out to other districts as well.

This project was put upon my heart at the beginning of this summer, and so I hope that my efforts will be a positive force for those that need it most.

I have a sister who has just begun doing work in the counseling field for students and their families in the Stoneman Douglas school zone, in answer to the needs of improved emotional health that is so prevalent in that community. Tragedies such as this one do not just go away, and they are felt for many years afterwards. My plan is to get the music to the people that she comes into contact with in her work as a resource to help them in their emotional health pursuits. As I move forward with the recording process of the music, if you would like a copy of my piano suite, please let me know.

Peace,

Mark Henschel, Music Director



Building and Grounds News



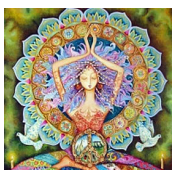
Building and Grounds Workdays continue the second Saturday of each month (August 11) starting at 8:00am and going to about noon. Join us any time during that span to lend a hand in giving our church home some love.

The new sound system equipment has been installed. We combined some of the still good components from our current system with some pieces from the Labyrinth Café system and some new and updated equipment to create a system that will be versatile for many uses in the sanctuary. A new dual CD-player, a blue-tooth broadcaster, wireless handheld microphones and the latest in wireless headset technology for Rev. Susan's very animated sermons are now in use. Thanks to Gary Ladka, Doug Friend and Robert Smith for help in making the new system happen.

Acoustic panels have been created to baffle the sound from bouncing about the room and we thank our members and friends for heading up that project. Our world religion banners have returned on those baffles after cleaning and repair by Cathy Waltz. We will also be getting some new banners carrying UU messages. We are also shopping new sanctuary and classroom doors and we thank the new Daytime Group for their help in gathering information and preparing to meet with people during the day, which is a challenge for many of us on B&G. Once again we invite you to please lend a hand, especially on workdays, to help make our church home even more beautiful.

Building and Grounds

Monday Yoga With Victoria is Back!



Victoria Abbott has resumed her weekly yoga classes Mondays at 7:30 pm in the Multipurpose Room. We know lots of you have missed these classes, so we hope to see you soon with mat in hand.

Labyrinth Café Concerts Return for 2018/2019 Season

Hope everyone is having a wonderful summer (otherwise known as The Bermuda Triangle, in which the much-anticipated leisure of June and July mysteriously morphs into the warp speed of August's "oh my gosh, is the Labyrinth Cafe season really starting up again so soon?!?").

Help us kick off our 2018-2019 season on Saturday, August 11 at 7:30pm (only \$5!) with this fun, lively and interactive sing-along! Local performers will host, emcee and lead the evening's festivities, refreshments are available for sale, and plenty of free parking is provided. There is no pressure to sing out really loudly, or to sing incredibly well. The only common bond is that everyone in the group loves to sing. That's it. Sharing songs and creating magical sound is really way too much fun. Everyone is welcome. Without you, there is no sound!

We will be singing from the "Rise Up Singing" songbook (a wonderful guide compiled by SingOut Magazine with lyrics to over 1200 classic songs) as well as from our own memory. Selections will include a great mix of folk, gospel, bluegrass, jazz, contemporary, rounds, old-time. If you have a copy of "Rise Up Singing," please bring it. We will have copies for sale at the event.

We will also have hundreds of used folk/acoustic/roots/country/bluegrass CDs and music-related books and magazines for sale (and I just downsized to a smaller house, so believe me when I say hundreds!!!). If you have any to donate, please bring them Saturday night.

Can't wait for you all to join us once again for song and camaraderie

~~~~~

What a great season we just had, despite having to cancel our September show due to Hurricane Irma. Well, at least we got a cool T-shirt out of it (thanks, Virginia!).

We continue to be blessed by our dedicated and enthusiastic volunteers: Virginia, Donna and Bob, Nancy, Eileen, Patty, and Gary on sound... and major thanks to Reverend Susan and the UUCFL for housing and supporting our series. Together we have created and sustained a musical community to be proud of and uplifted by.

We are also appreciative of our loyal audience, for continuing to choose live, original music on the second Saturday of each month. We do our very best to bring you stellar performers who you may not have heard of but who we believe are more than worthy of gracing our stage. Thank you for trusting our judgment... :-)

We are working to get the website ([www.labyrinthcafe.com](http://www.labyrinthcafe.com)) updated and all will be revealed next month, when Michael Stock once again allows me to come on his Folk and Acoustic Show (Sundays 2-5 p.m., WLRN 91.3 FM, [www.wlrn.org](http://www.wlrn.org)) to unveil the harmonic treats in store for our upcoming season. Watch your e-mail and check our Facebook page for details!

We will once again be offering a Season Pass for \$150 per person, which entitles you entrance to all 9 concerts, a beautifully-designed Labyrinth Cafe T-shirt and premium, reserved seating.

Have a great rest-of-the-summer. Can't wait for you to join us once again for song and camaraderie. See you soon and, in the meantime:

#### SAVE THE DATE! UPCOMING 2018-19 LABYRINTH CAFÉ SEASON

Saturday, August 11, 2018 -Sing-Along  
 Saturday, September 8, 2018  
 Saturday, October 13, 2018  
 Saturday, November 10, 2018  
 Saturday, December 8, 2018

Saturday, January 12, 2019  
 Saturday, February 9, 2019  
 Saturday, March 9, 2019  
 Saturday, April 13, 2019  
 Saturday, May 11, 2019

***Susan Moss***

[www.labyrinthcafe.com](http://www.labyrinthcafe.com)  
[www.facebook.com/labyrinth.cafe.concerts](https://www.facebook.com/labyrinth.cafe.concerts)  
[www.browardfolkclub.com](http://www.browardfolkclub.com)  
[www.gotfolk.com](http://www.gotfolk.com)





## Directory of Staff, Board, Committee Chairs, & Affiliates

### STAFF

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Marie Turner emtuvel@yahoo.com-----954-850-4889

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#### UU Service Committee

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#### Second Monday Every Month:

6:30pm - All Committee Meeting Night

8:00pm - Board Meeting

Unitarian   
 Universalist  
 Church of Ft. Lauderdale

3970 NW 21st Avenue

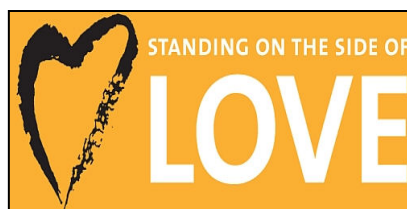
Minister: Rev. Susan M. Smith

Office 954-484-6734

Minister 318-550-8462

E-mail: uucfl@aol.com

Website: www.uucfl.org



### Building Usage Scheduling

With all of the activities going on in the building, especially with all of the exciting new things coming along, it will be very important to keep a close look at the calendar to make sure we have room for all events and renters that we



have, and to have scheduling conflicts kept to a minimum. Please email me at dgriswold2001@hotmail.com with any inquiries or to schedule an event at the church. Thank you.

**Dave Griswold**

### Expand Your UU Horizons

Learn more and how you can become more involved beyond our walls

**UU Association** - [uua.org](http://uua.org)

**UU Southern Region** - [uua.org/southern](http://uua.org/southern)

**UU Southeast Cluster** -

[facebook.com/UUFloridaSoutheastCluster](https://facebook.com/UUFloridaSoutheastCluster)

### Remember the Hungry People Around Us

Please continue to fill the Food Baskets at the church with non-perishables for the LifeNet for Families |Cooperative Feeding Program.

Learn more about the CFP and other ways you can help.

Visit [www.lifenet4families.org](http://www.lifenet4families.org) or call (954) 792-2328



*Youth is in a grand flush, like the hot days of ending summer; and pleasant dreams thrall your spirit, like the smoky atmosphere that bathes the landscape of an August day.*

~ Donald G. Mitchell

Unitarian  
Universalist  
Church of Ft. Lauderdale

### Supports:



IN THIS CONGREGATION, WE BELIEVE:

**LOVE IS LOVE**

**BLACK LIVES MATTER**

**CLIMATE CHANGE IS REAL**

**NO HUMAN BEING IS ILLEGAL**

**WOMEN'S RIGHTS ARE HUMAN RIGHTS**



**ALL GENDERS ARE WHOLE, HOLY, & GOOD**

### August Birthdays

|                      |                          |
|----------------------|--------------------------|
| SUSAN MOSS 8/5       | VICTORIA ABBOTT 8/23     |
| LORE BERNIER 8/7     | MICHAEL RAY 8/23         |
| ROBERT SMITH 8/9     | SANDY LANGE 8/24         |
| SUSAN MCALPIN 8/11   | GAIL MORRISON 8/24       |
| DOUG FRIEND 8/16     | NANCY TRUSZ-VARRASO 8/24 |
| RICHARD DEVRIES 8/20 | MOLLY LESNICK 8/29       |



If you would like to see your birthday announced here and in the cUUrrious cUUrrier email newsletter, please contact the office to make sure we have your updated information in the computer

| Sun                                                                                                                                                                                     | Mon                                                                                                                              | Tue                                                                                                                                                        | Wed                                                                                                          | Thu                                               | Fri                                                                                                                                | Sat                                                                                                          |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|---------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|
| <div>  <h1>August Calendar</h1> </div>                                                               |                                                                                                                                  |                                                                                                                                                            |                                                                                                              |                                                   |                                                                                                                                    |                                                                                                              |
|                                                                                                        |                                                                                                                                  |                                                                                                                                                            |                                                                                                              |                                                   |                                                                                                                                    |                                                                                                              |
| <b>5</b><br>Every Sunday :<br>11:00 AM-<br>Church Service<br>and Children's<br>Religious<br>Education                                                                                   | <b>6</b><br>•7:30pm - Yoga with<br>Victoria (See Page 7)                                                                         | <b>7</b><br>Visit our on line<br>calendar for<br>late-breaking events<br><a href="http://www.uucfl.org">www.uucfl.org</a><br>and click "Coming Activities" | <b>8</b><br>•1:00pm - Daytimers'<br>Group                                                                    | <b>9</b><br>•7:00pm Mens Group<br>•7:30 pm CUUPS  | <b>10</b><br>•12:00pm - UU Social<br>Clan Fara Cassadaga<br>Spiritualist Camp Trip<br>Until Sunday, August 12<br>(See Front Cover) | <b>11</b><br>•8:00am - Building and<br>Grounds Workday<br>•7:30pm - Labyrinth Café<br>Singalong (See Page 8) |
| <b>12</b><br>•Journey Article<br>Submission Deadline<br>•9:30am - Loaves & Fishes<br>•11:00am - Sunday Service<br>•1:00pm - Eclectic Mindshoppe<br>Spiritual Philosophy<br>(See Page 6) | <b>13</b><br>•6:30pm - All Committee<br>Meeting Night<br>•7:30pm - Yoga with<br>Victoria (See Page 7)<br>•8:00pm - Board Meeting | <b>14</b>                                                                                                                                                  | <b>15</b><br>1:00pm - Daytimers'<br>Group                                                                    | <b>16</b><br>•7:00pm Mens Group<br>•7:30 pm CUUPS | <b>17</b>                                                                                                                          | <b>18</b>                                                                                                    |
| <b>19</b><br>•9:30am - Loaves & Fishes<br>•11:00am - Sunday Service<br>•1:00pm - Eclectic Mindshoppe<br>Interfaith Planners<br>(See Page 6)                                             | <b>20</b><br>•7:30pm - Yoga with<br>Victoria (See Page 7)                                                                        | <b>21</b>                                                                                                                                                  | <b>22</b><br>•1:00pm - Daytimers'<br>Group<br>•7:00pm - UU Social<br>Clan Fara Planning<br>(See Front Cover) | <b>23</b><br>•7:00pm Mens Group<br>•7:30 pm CUUPS | <b>24</b>                                                                                                                          | <b>25</b>                                                                                                    |
| <b>26</b><br>•9:30am - Loaves & Fishes<br>•11:00am - Sunday Service<br>•1:00pm - Eclectic Mindshoppe<br>Casual Contemplation<br>(See Page 6)                                            | <b>27</b><br>•7:30pm - Yoga with<br>Victoria (See Page 7)                                                                        | <b>28</b>                                                                                                                                                  | <b>29</b><br>•1:00pm - Daytimers'<br>Group                                                                   | <b>30</b><br>•7:00pm Mens Group<br>•7:30 pm CUUPS | <b>31</b>                                                                                                                          | Religious<br>Education<br>Events<br>See special<br>calendar on<br>the RE page 4                              |

# Unitarian Universalist

Church of Ft. Lauderdale



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Sundays at 11 am: Service & Children's  
Religious Education

## The JOURNEY



Sunday Morning Services at 11 am

AUGUST 2018

**August 5 – "The Hitchhiker's Guide to Truth & Meaning" by the Rev. Susan M. Smith.**

The Fourth UU Principle ("The free and responsible search for truth and meaning") is our focus in August. We'll look at 3 great journey books as we delve into that long, long search. We begin with Douglas Adams' series of sci-fi spoofs wherein we learn that the most important spiritual advice is "Don't Panic!" and discover that all of life is an experiment.

**August 12 – "Truth & Meaning Are Not in Kansas Anymore" by the Rev. Susan M. Smith.**

Continuing the Long Search through journey books, we'll turn to L. Frank Baum's story of Dorothy Gail of Kansas and her journey through Oz. It teaches us that we may bring with us exactly what we seek and that wizards are not all they seem.

**August 19 – "This I Believe" by the Sunday Service Committee.**

What are your long-held beliefs? Or have you gained completely new insights? Our service is based on the radio program of the same name - Judy King, Robert Smith and Rev. Opal Murray will share their ruminations, north stars or guiding principles.

**August 26 – "The Two Towers of Truth and Meaning" by the Rev. Susan M. Smith.**

To conclude our exploration of the Long Search, we turn to J.R.R. Tolkien's epic tale of the Fellowship of the Ring and their journey through Middle Earth as pawns, actors, and tools in the grand battle between Good and Evil.



# August

