The JOURNEY

The Monthly Newsletter of the Unitarian Universalist Church of Fort Lauderdale

October 2013 Volume 54, Number 9

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Deadline
Sunday October 13, 2013
Submit articles to:
submission@uucfl.org

Editor Gary Ladka

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> A Center for Liberal Religious Thought and Social Action in Fort Lauderdale



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Established in 1958



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From Your Board President Elect

I am sitting in for Victor this month as he was out of town. It has been a real pleasure to work on the board this term so far with Victor at the helm and so many forward thinking members, and I am really excited about where we are heading. This time of year always sparks new beginnings for us as a congregation and it is good for us to take a moment to reflect on how much the church means to us and to recommit to giving back to the church as much as it gives to us. I say this not just as your President Elect, but also as a newlywed as I recommit in other areas of my life as well. I was married here in the church and am also married to the church, and Stacy understands.



One of the things I am most enthusiastic about is the new brightness and new technology coming to our Religious Education wing as we remodel and repurpose some of our classrooms. Classrooms 5 & 7 have multi color walls and the RE bathrooms and nursery are all freshly painted for the new year and new carpeting is being installed. We also have moved our Director of Religious Education, Susan, to Room 6 which is now set up as her office with a space for small interactive group classes. We also have a state of the art Smart TV being installed so that our RE teachers can present materials via computer, a document camera to project 2D and 3D objects as well as video streaming over the internet. Our children are very important to us and as young UU minds are developing, we want to give them every opportunity to be exposed to ideas from sources all over the world as they form their own spiritual path. This will also expand the way Adult RE can be shaped in the future. Look for some of this technology to be coming to the sanctuary soon as well as we work to bring new energy efficient LED lighting in replacing some of the older lighting. We are looking in the near future to add video to enhance the services with plans to stream our services over the internet for further reach to more members and friends of UUCFL.

Rev. Gail is starting a brand new class series on Religious Maturity that will be of benefit to the spirit. It is a great way for us all to get to know each other on a deeper level and share and to learn from one another. Many constructive things are also happening in our church's social justice endeavors. Find yourself reaching out to those causes that are so close to the heart of our church and Unitarian Universalism. Coming in November our UU-WE (Wisdom and Enlightenment) program begins. See Rev. Opal Murray's article further on in The Journey to find out more about UU-WE - a program that will have appeal both with our church members and the public. We also know how to have fun at UUCFL. Get togethers small and large, planned and impromptu bring us closer together, so take part whenever you can. We have a Pumpkin Carving Party , a Labyrinth Café Concert, Dream Builders UU Cluster Program, Vespers Service, and the Witches Ball...and that is just in this month!! One of our great events coming up is our "Strengthening the Tribe" Luncheon on Sunday October 20 following service. This is not to be missed and I would ask as many of our members and friends to attend as possible. On this special occasion we will all get to share our hopes and dreams for our church together as we embark on a brand new church program year. Bring your positive ideas and energies to contribute to our UUCFL tribe and recommit yourself to this place we all love and help us make our church stronger than ever for the future. Your time, treasure, and talent are what make this all possible. I look forward to all that is in front of us.

Gary Ladka

New Member Orientation Classes Offered

Thinking of becoming an official member of the church or just want to know more Welcome about us? We are delighted to welcome new members and friends to our family. Please join us for a class so that we can get to know each other better. The classes will take place on Sunday October 13 and October 27 at 12:45pm (choose one or attend both if you like). Rev. Gail and members of the



Welcoming/Membership Committee will be here to share with you information on becoming a member and some of the great benefits as well as some of the history of the church and Unitarian Universalism. We also love to hear the story of your journey that brought you to UUCFL and your hopes and dreams of our shared future together in the congregation. Our New Members will be officially welcomed on November 3. Please contact Rev. Gail at 954-288-4245 or Rev.gailtapscott@aol.com or Debbie Rivera at 954-815-9230 or justduckiedeb@gmail.com

Rev. Gail and the Welcoming/Membership Committee

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Rev. Gail's Space What is a Sabbatical, Etc.

It has come to my attention that some of our shorter term members are a little confused about a few things regarding my role, duties, compensation and most of all the definition of a sabbatical, a privilege that does not come with many jobs anymore. In this column and a short accompanying article, I will attempt to address some possible questions.

In Unitarian Universalist churches we operate under a style of church governance called congregationalist polity. What this means in terms of the minister is that each congregation gets to call its own minister. The minister operates under an ongoing contract that sets down some basic parameters of what is expected of them. Only the whole congregation can hire a settled minister and only the whole congregation can dismiss a settled minister. The normal work week for a minister is considered to be 48 hours. This is usually understood to operate in terms of 4 hour units rather than the standard workday. For example preparing for and leading an evening class might be a unit. The Sunday morning activities might be one unit and sometimes it can stretch to two units. In reality there may be weeks with a lot of church activities and some community functions where the minister might put in more like 70 hours and then other weeks when it might be more like 40 hours. Fall and Spring tend to be high intensity times. Technically, ministers have only one official day off each week



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with another day devoted largely to preparing for the Sunday Service. Sermon reading, preparation and related tasks to provide the Sunday Service generally take up to 20 hours a week. Some subjects require more research time than others. Other services may need more time on dealing with music options or coordinating other participants. On average about 14 hours a week is spent just on phone calls, emails and Facebook that involve interacting with congregants. Other tasks are church meetings, community meetings, writing for The Journey, pastoral care and counseling, speaking at outside events and a range of miscellaneous tasks that can even include shopping for supplies or food for church events. I also handle our rentals and other clerical tasks since we no longer have a Church Administrator.

The time I took off in the summer consisted of some vacation time and some study leave time. If you assume that I don't get the normal two day weekend, putting the lost 44 days a years gets you to something close to the amount of time I tend to take off all at once in the summer. Study leave time is to do big picture reading, thinking and planning for the upcoming year or portions of the year. I need to read in a broad and far ranging way and also expose myself to movies, plays and other cultural and social events to stay up on things and introduce you to new things. The parts of my summer that consisted of taking the class on The Gnostic Gospels and attending the Drama festival including lectures and discussions was Study leave. The part where I hung out with friends or ran around Boston was regular vacation.

Sabbatical leave is common for ministers, professors and some corporate and non-profit executives. It is understood that such jobs can incur a high level of physical, emotional and intellectual burnout.

Since these jobs also require a high level of creativity and energy, they often include sabbaticals. My contract with UUCFL includes a provision that allows me one month of sabbatical time for every year served. I was a little delayed in taking my first one, so having served here for 14 years, I have earned another 6 month sabbatical. The board has asked me to take that through 2014 in increments of 2 to 3 months rather than all at once. I am happy to comply and it looks like my first piece will be Jan. 23- April 6 or so. As someone put it, to some extent ministers are paid to be and remain interesting people. It is hard to do that without having new experiences. I will be working with the Sunday Service Committee to schedule exciting UU and non UU ministers and other speakers for you. I will arrange for ministers on call for pastoral or rite of passage emergencies. Volunteers will be trained to cover my clerical duties. Jim Giblin did an awesome job of that this summer. I will always be accessible by cell phone and emails and you can access my public Facebook page if you wish to keep up with me. In a separate article, I will explain how I am compensated.

Blessings, Rev. Gail

Ministerial Compensation

The way that ministers are paid and receive job benefits like insurance and expenses has long been a source of considerable confusion to lay people. What appears in the Church budget line items as minister compensation is not what most people think of as salary, it something called the Total Cost of Ministry.

Included within the TCOM are: salary, parsonage allowance (this is separate because many churches still supply the minister with a free home), all insurances (health, life, disability and dental), contributions to the UUA Retirement plan and professional expenses (this is for books, CDs, clergy clothing like stoles and robes, professional society memberships, business travel and study leave travel, subscriptions for professional publications, sometimes food and other materials for church related entertainment events and other small miscellaneous items). The parsonage allowance is not subject to federal income taxes but ministers do pay into social security and Medicare on both the salary and parsonage allowance. By now you may be totally confused but the main thing to keep in mind is that the only parts of this equation that fit into what you normally think of as your salary are the salary combined with the parsonage allowance. In my case that comes out to around \$40,000 a year which I think we can all agree is not exactly an executive level salary. It is a about in the range of someone about 10 years into a public school teaching career. My TCOM is officially \$74,000. I have been essentially donating a large portion of that back to the church since I qualified for Medicare which drove my insurance costs down considerably. Two years ago I cut back to 4/5s time and we cut my TCOM back to \$64,000. This past year my housing or parsonage expenses had increased considerably and the congregation voted to add \$3,000 back and put me back to full time. So this past year my TCOM has been at \$67,000. If you want more detail, you can call or email me and I will be happy to try to answer any questions.

Thanks,

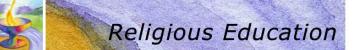
Rev. Gail



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Director of Religious Education (DRE) - Susan Dirgins-Friend Phone (954) 424-1910 Email tiredmomofbob@aol.com



Liberal faith communities, whether Unitarian Universalist, Congregational or any other, offer hope in our world today. These are places where all are welcomed, love is an abiding

principal, and the conditions of the world are addressed today, rather than hoping for something better in the afterlife. As Unitarian Universalist religious professionals, we try to present our congregations with a variety of music, activities and spiritual, social and personal ideas that will help each person on her/his faith journey. If we are doing our job, you should love some of what we do, be indifferent to some, and downright loathe some of what we present. We are a diverse community, so what resonates with one will leave others flat. It is your job to show up, love what you love, loathe what you loathe, give kudos, complain, smile, grimace, and keep on coming. It is not up to us to make you happy-we are here to challenge you, enlighten you, frighten you, delight you, but ultimately to direct you along your own spiritual yellow brick road. It is imperative that you let go of a selfish, individual vision of church. If our faith is to grow, our congregations must be places that offer more than a place to meet friends, organize social justice activities or host meditation groups. Human beings are spiritual by nature. When someone walks through the door of one of our fellowships, churches or congregations for the first time, they generally come for a reason. Either they are in a low place, or a high place; they seek answers and solace, or a place to express gratitude. They are looking for soul nourishment. If we are going to thrive and be here in the future, we need to be here for these folks, as well as for our old friends. We don't have answers, but we will help you look for them. We can't guarantee justice in the world, but we will keep on trying. We are here every Sunday-to rock your world, or rock your boat.

Love and Blessings

DRE Susan

October Children's Religious Education Schedule

Sunday October 6, 11am Regular RE

Sunday October 13, 11am Regular RE

Sunday October 20, 11am Regular RE

Sunday October 27, 11am Regular RE

Remember, children start every Sunday in church for the opening rituals.





Classroom Remodeling Nears Completion

Look for the Grand Re-Opening of the new and improved main RE Classrooms 5 & 7. It will be bright and colorful and will have state of the art audio visual equipment to expand our teachers' abilities to present material and curricula in all new and exciting ways. DRE Susan now has a better space to meet with parents and children and have classes held in a smaller setting as we use Room 6 in a whole new way. This will be a great year for our Children's Religious Education. Share in the energy!

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Fall Pumpkin Carving Party October 19, 6:30pm-10pm

Please put October 19th on your calendar so you don't



miss our annual Fall Pumpkin Carving Party. This is an intergenerational event that features pumpkin carving (bring a pumpkin to carve), fall crafts, pot luck food and fun fellowship. IF the weather is good, we will have a fire and s'mores. Don't miss this kickoff to the holiday season!! Info: DRE Susan (954) 424-1910 tiredmomofbob@aol.com

Exciting Adult R.E. Class to Look at Spiritual Maturity

Coming soon to UUCFL I will be offering a class designed to deepen our understanding of what a spiritually mature individual might look like and offering some practices to help all of us move in that direction. As resources for this class, I will be drawing on



three main resources <u>The Perennial Philosophy</u> by Aldous Huxley, <u>Essential Spirituality</u> by Roger Walsch and a UU curriculum called "What Moves Us?" I expect to be putting quite a bit of time into putting this together and I do hope there will be a decent number of people interested in attending.

I am trying to work the schedule for this around my being available to attend a couple of key BOLD Justice events so my plan is to run the class for eight Tuesdays starting Oct. 22 and ending on Dec. 10. The class will run from 7:00 p.m. to 9:00 p.m. and will be offered on a sliding scale. People tell me that we put more value into something we pay a lot for but I also want the class to be an option for anyone at the church who wants to attend. You know your own financial situation better than I do. If you are lucky enough to have a decent income these days I think \$80.00 or ten dollars per night is still way below market value. If you find this to be way out of your price range, I will arrange for a scholarship from the Pastor's fund for half the cost. All the money goes to the church for the Adult Religious Education line item. I especially encourage church leaders to come. You need to be spiritually mature and you also need to do something stimulating, relaxing and hopefully fun for yourselves. A more detailed flyer will be available in early October but save the dates and start saving your money.

Rev. Gail

Music Notes

Isn't it great hearing the choir adding their voices to our Sunday services once again? I hope you enjoyed Susan Friend's presentation on September 29 introducing the varied talents of the musicians who contribute so richly to our worship both in choir and in solos between choir Sundays.



The choir sang the lively "Music Is Heart to Heart", rich harmonies in "Omnia Sol", and the challenging "Unwritten" with an electronic accompaniment. We heard Vernon Allen sing a solo accompanied by Jerry Waltz on guitar. Later, Susan Friend played bass with Jerry joining her. Charlie Prather, our favorite organist added classical sounds from the organ which he built several years ago. Dot repeated "First Arabesque" by Debussy which many of you heard at Gary and Stacy's wedding, but who listens to pre-wedding music anyway? This was played during the ceremony of the stones during cares and concerns.

With all this talent, how can our music program fail? If you have a skill to contribute with no compensation except our sincere thanks, please come forward and let us know. Can't sing? How about offering to be our music librarian? There are many ways in which you can help us continue our ambitious program.

The choir is scheduled to sing on October 13 and October 27. We will hear Randall Thompson's beautiful setting of the Robert Frost poem "The Road Not Taken". October 27 will be close to the Halloween festivities. There's no telling what the choir will present on that Sunday but I suggest you do not miss it.

Charlie has an extremely painful shoulder problem which will be rectified early in October. We will miss his organ playing while he recovers from surgery. He will be unable to play for at least 6 weeks. Along with our thanks for past contributions to our service music, we wish you a successful result from your operation and hurry back to your totally volunteer job!

Thank you to all who made special contributions to the offering for the David Fisher Memorial Music Fund for the fifth Sunday collection. Sustaining this fund means that we can present special soloists during the year. Contributions may be submitted to UUCFL noting that the funds are for the David Fisher Memorial Music Fund.

Dot Muise, Director of Music

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Come to Our 3rd Friday Vespers Services



Join us on October 18th at 7pm in the MPR for our 3rd Friday Vespers. This month will feature Eclectic Jazz, Poetry and Prose and will be presented by our own Tom Karneth. Vespers is our once a month service that is 45 minutes of readings, music and meditation in a quiet, candlelit setting. Come wind down your week, kick off your weekend, and afterward, enjoy wine, cheese and good conversation.

Info: DRE Susan (954) 424-1910 tiredmomofbob@aol.com

LifeNet 4 Families/Cooperative Feeding Update

Saturday October 5 is our next workday at the Cooperative Feeding Program. From 8:45 until 11:30 we will be in the pantry, filling shelves, making food boxes and stacking bread. Thanks to everyone for filling the narthex food baskets, especially Labyrinth Café and CUUPS(little competition going on, eh?). Thank you also to the UUCFL Board for allowing us to once again host the November and December LifeNet 4 Families Holiday Food Box Distribution. Our big circular driveway is just perfect for this. The dates are November 18-22, 25-27 and



December 16-20 and 23-24 from 10am until 2pm. Please plan on being part of this social service ministry.

Info: DRE Susan (954) 424-1910 tiredmomofbob@aol.com

Susan Friend

UU-WE is Coming! (UU - Wisdom and Enlightenment)

UU-WE Series: Expressions of Hope - Saturday November 2 at 7:00pm

Featured Guests:





Trash to Treasure, the Fort Lauderdale-based creative reuse center with the mission 'to locate clean, re-usable materials and redistribute these items as valuable educational and artistic resources'. www.trash2treasurefl.org





Bishop SF Makalani-MaHee, a veteran Minister/Artist and a transgender man who will give us a peak at his new one-man show and companion book "Bustin' Hell Wide Open" www.bishopmahee.com



Amy Wright Glenn, a chaplain, Doula and author of Birth, Breath and Death: Meditations on Motherhood, Chaplaincy, and Life as a Doula as she encourages us to live fully by embracing both the pain and joy of birth and death. www.facebook.com/AmyWrightGlenn

Tickets: advance \$15.00 or \$20.00 at the door. If possible, please bring non-perishable item(s) for local Cooperative Feeding Program. We encourage all of our members and friends to bring as many people as possible to this event which is our launch of this brand new and vibrant series here at UUCFL. Call 954.251.0251 for reservations. Refreshments will be on sale

Like you, we believe we can create a just, prosperous and sustainable community. Thank you

Rev. Opal Murray - UU-WE (UU-Wisdom and Enlightenment)

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Labyrinth Cafe Concerts Presents Billy Jonas Trio Saturday, October 12 at 7:30pm



For more than two decades, Billy Jonas' creative and interactive performances have enchanted and inspired folks from all walks of life, young and old alike — touching hearts, souls, and minds worldwide. It's a "neo-tribal hootenanny" -- original "voice and percussion"-based songs with a generous dose of audience participation. The music mixes conventional instruments (guitar, bass, marimba) with homemade creations (using buckets and barrels, keys and cans, bells and body percussion). The big-tent festival quality of Billy's music facilitates connection and community while fostering inspiration and... most importantly... FUN.

The Unitarian Universalist Church of Ft. Lauderdale

Led by guitarist/vocalist/industrial re-percussionist Billy Jonas, the Billy Jonas Trio also features the supreme talents of:

•Ashley Farmer (vocals, percussion) – In turns soulful, sensual and humorous, Ashley adds an exciting vocal dimension to the Billy Jonas Trio.

•Sherman Hoover (vocals, bass, re-percussion) – With a varied background in classical, jazz and progressive rock, Sherman holds down the funky bottom for the band while adding innovative harmonies to the mix.

•The audience (vocals, percussion) – because everybody's in the band! www.billyjonas.com



Reservations requested but not required: Contact Susan at OzWoman321@aol.com or 954-478-8637

\$20 at the door, plus non-perishable item for our local Cooperative Feeding Program (canned meats, beans, fruits, vegetables, peanut butter, dried milk, pasta, rice, cereal, baby food and baby formula); advance reservations: \$17, checks (made out to Artist) received in the UU church office no later than Wednesday before Saturday show.

We're once again offering a season pass (\$150), which includes admission to all 9 September-May shows, as well as premium reserved seating and a Labyrinth Cafe T-shirt (designed and printed by Virginia and Erik, Labyrinth Cafe volunteers) - it's a wonderful way to support the UU church, our performers and the continuation of live, original music!

Please visit www.labyrinthcafe.com for further details and the artists' websites, and our Facebook page to give us a thumbs-up, which will then keep you informed of upcoming concerts - see you soon!

Susan Moss, Coordinator, Labyrinth Cafe Concert Series

Coming CUUPS Events



In September we had another successful Pagan Pride Day bring both people and money through our doors.

Saturday October 26, we celebrate our 16th Annual Witches Ball.

See www.moonpathcuups.org/wball.htm There will be music, food, diviners, costume

contest, communing with the dead, and ceremonies at both 10 pm and midnight. Do dress up, do act out, do have fun. \$15 at the door. The veil Between the Worlds will be auspiciously thin. We will be remembering the legends of Arthur, the Once and Future King. Join us for the fun.

Thursday 7:30 pm Study Groups continue. Topics will be on 10/3, The Victim Triangle; 10/10, TBA; 10/17, Legends of Zeus; 10/24, Planning our Witches Ball; 10/31, Some call it Halloween, we call it Samhain.

Do come out and play! *Kip, Resident Pagan*

UUCFL in the News

We are pleased at the press coverage that our Town Hall Meeting to End Mass Incarceration received. The South Florida Times



published an extensive article featuring quotes from some of our

guest panelists and Rev. Gail. It sheds further light on this important issue and will hopefully bring further awareness to the community about what is happening in our justice system, and showing them how UUCFL is doing our part to bring forth change. Congratulations to all who helped to put this program together. Visit www.sftimes.com to search for the article "Rights Restoration Pushed at Forum"

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Southeast UU Cluster 's Annual Meeting "Dream Builders" - Saturday October 19 in Palm Beach



Deepening connections between our congregations is the theme of this year's program. This experiential workshop Dream Builders is presented by the Rev. Kenn Hurto. It will develop inter congregational relationships by working together and deepening our faith by building covenantal relationships. Dream Builders will be from 9:45 am to 4 pm on October 19 in the First UU Congregation of the Palm Beaches. www.uunpb.org Registration is \$15 for the first person in a congregation with \$10 for additional people in the congregation.



To register and for more information including a link to pay via PayPal visit www.uuflorida.org/dream.htm The Cluster will offer four \$75 scholarships to people that live over 200 miles away. Registration Scholarships available: please ask seuucluster@gmail.com.

Expand your UU and Facebook horizons by joining the new UU Southeast Cluster page to stay informed about activities of the Cluster which encompasses participating UU congregations from the Treasure Coast to the Virgin Islands

The UUA and 21st Century Technology at 24 Farnsworth

I've had many conversations with ministers, members of congregations, lay leaders, staff, and others about our upcoming move to Boston's Innovation District. Some say it's just a building. Why should we care? Some say the current buildings are our heritage, our roots. How could we possibly move?

The primary goal of your UUA staff is to serve you and our faith. A new facility opens a new world of possibilities we could only imagine before. Incorporating modern technology that has eluded us for years is now a priority and doable. For our day-to-day work, this is a must. For partnering with you for our future, there is simply no other alternative. In this monthly update, Mark Steinwinter, the UUA's director of information technology services, shares his thoughts on deepening our connections through improved technology.





In faith,

Rev. Peter Morales - President Unitarian Universalist Association

Technology at the Unitarian Universalist Association (UUA) is a means to three primary ends:

- ♦ Make it easy and affordable for people to connect with each other.
- Make resources available to congregations and constituents when and where they are needed.
- Amplify staff capacity to better serve our congregations and our movement.

The move to 24 Farnsworth Street has inspired a fresh look at the technology used by our staff, gives us an opportunity to improve how we serve congregations and Unitarian Universalists everywhere. Consider the phone system. Over 15 years old, it doesn't fulfill the needs for mobility and flexibility that are hallmarks of a modern workplace. When a lay leader wants to call me with a technology question, they should be able to reach me whether I'm at my desk, elsewhere in the building, or at General Assembly. And if they have the right technology, we can have a video chat that will deepen our connection. When visitors come to our new hub, they'll want to access the Internet with their mobile devices using wifi. Today, they have to deal with spotty and unreliable coverage in our three buildings. That often interferes with their ability to connect and interrupts our IT support personnel. At 24 Farnsworth St., we'll invest in an entirely new wireless network that will offer secure, red hot service everywhere, so visitors can expect to work online, usually with no involvement from the IT folks. Today, the UUA webcasts weekly worship and "All Staff" meetings from the chapel, intended primarily for off-site staff. Our IT staff spends hours every month running the cobbled-together technology that makes the webcasts possible. The lighting and sound are often sketchy, but it's better than nothing and we get by. But imagine a rich program of worship and presentations in our chapel, like an exciting workshop at GA or a TED talk. And imagine a seeker finding their way to us online and watching the live stream and tweeting to their friends what the "UUs are up to." These are a few of virtually unlimited possibilities that modern, affordable off-the-shelf technology makes available today. I pledge to oversee the upgrade of our telephone, audio/visual, wireless, and other technology systems with an eye toward bringing us into deeper engagement with one another and the world at large.

Sincerely,

Mark Steinwinter - UUA Director of Information Technology Services



Directory of Staff, Board, Committee Chairs & Affiliates

 Minister Rev. Gail Tapscott	STAFF
 Director of Religious Education Susan Dirgins-Friend	
Susan Dirgins-Friend	Rev. Gail Tapscott954-288-4245
 Music Director Dorothy Muise	• Director of Religious Education
Dorothy Muise	
 Choir Director Susan Dirgins-Friend	
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Benny Rivera	352-672-3828
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Mara Newman	954-849-3736
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Susan Moss	954-433-2372
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Debbie Rivera	954-815-9230
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Mara Newman	954-849-3736
Nominating	
Steve Lange	954-257-9262
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Laura Lange	954-584-2499
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Opal Murray	
Jim Giblin	
, -	

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• CUUPS Kip Barkley	954-784-8307
Endowment	
Doug Friend	954-424-1910
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/	



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October Birthdays

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If you would like to see your birthday announced here and in the cUUrious cUUrier email newsletter, please contact the office to make sure we have your updated information in the computer

Sun	Mon	Tue	Wed	Thu	Fri	Sat	HE
Unitarian Universali Church of Ft. Laudera		Octobe	er Cale	endar			JOURNEY
Every Sunday : I I:00 AM- Church Service and Children's Religious Education	Religious Education Events See special calendar on the RE page 4	I	2 •6:45pm - Choir Rehearsal	3 •7:30 pm CUUPS	4	5 •8:45am - LifeNet4 Families Workday (See page 6)	
6 •9:30am - UU Sisterhood	7 •7:00pm - A Course in Miracles	8	9 •6:45pm - Choir Rehearsal	10 •7:30 pm CUUPS	11	I 2 • I:00pm - Rally Against Monsanto at Yellow Green Farmer's Market - Hollywood • 7:30 pm Labyrinth Café Concert (See page 7)	OCTOBER
J 3 •Journey Submission Deadline •12:45pm - New Member Orientation Class (see page 2)	4 •7:00pm - Board Meeting •7:00pm - A Course in Miracles	I 5 •6:45pm - BOLD Justice Community Problems Assembly at St Clements Church - Wilton Manors	l6 •6:45pm - Choir Rehearsal	17 •7:30 pm CUUPS	18 •7:00pm - Third Friday Vespers Service (see page 6)	 9:00am - Southeast UU Cluster Program and Meeting at First UU of Palm Beach (see page 8) •6:30pm - Pumpkin Carving Party - (See Page 5) 	2013
•20 •9:30am - UU Sisterhood •12:30pm - All Church "Strengthening the Tribe" Luncheon	•21 •7:00pm - Sunday Services Committee •7:00pm - A Course in Miracles	22 •7:00pm - Spiritual Maturity Class with Rev. Gail (see page 5)	23 •6:45pm - Choir Rehearsal	24 •7:30 pm CUUPS	25 •7:00pm –Social Justice Committee	26 •7:30pm - 16th Annual Witches Ball (see page 7)	
27 •12:45pm - New Member Orientation Class (see page 2)	28 •7:00pm - Welcoming/ Membership Committee •7:00pm - A Course in Miracles	29 •7:00pm - Spiritual Maturity Class with Rev. Gail (see page 5)	30 •6:45pm - Choir Rehearsal	3 I •7:30 pm CUUPS	breaking eve	ne calendar for late- nts www.uucfl.org oming Activities"	PAGE 11



3970 NW 21st Avenue Oakland Park, Florida 33309		
Minister:	Rev. Gail Tapscott	
Phone:	954-484-6734	
Minister Phone:	954-288-4245	
E-mail:	uucfl@aol.com	
Website:	www.uucfl.org	
Sundays at 11 am:	Service & Children's Religious Education	

The JOURNEY



Sunday Morning Services at 11 am

OCTOBER 2013

October 6 - Going Back to High School - Rev. Gail missed Water Sunday. To atone for that terrible transgression, she is going to share some surprising highlights of her 50th High School Reunion with you and ask you to reflect on reunions of various sorts in your life. Trips down memory lane can be full of surprising secrets and Revelations. Rev. Gail promises to tell all or at least most for the good of the order.

October 13 - Perennial Philosophy and Perennial Practices - Rev. Gail will look at some time honored paths to spiritual maturity along with an introduction to some practical exercises to move us along the path. This service will launch a class series designed to help us work together and individually on our paths to spiritual maturity. Aldous Huxley was an early proponent of what he called the perennial philosophy that underlies all religious systems.

October 20 - Strengthening the Tribe - Building on our Age of Aquarius Stewardship theme of last year, Rev. Gail and friends will look at what can add to the strength and solidarity of our community. We will ask ourselves how we can truly live out our values as we support our own growth and work to strengthen out connections with others in the UU tribe. We will also ask how those two steps position us to seek a more just world for all. A Sharing Our Visions luncheon will follow the service.

October 27 - Samhain and Dia De Los Muertos -UUCFL members Donna Guiterrez and Lore Bernier will lead us to a better understanding of the old approaches to this seasonal holiday that we now associate mainly with costume parties and children. Bring a memento of lost loved ones for the alter.

November 3 - Spiritual Styles from Hindu to UU -Rev. Gail will take us back to some previously visited ideas from a new angle to help us determine what spiritual style really suits us today. Sometimes we get stuck in one form of exploring the larger meanings in life and need to open to some new ideas.

