

# The JOURNEY

The Monthly Newsletter of the Unitarian Universalist Church of Fort Lauderdale

January 2018  
Volume 60, Number 1

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## February 2018 Issue Deadline

Sunday, January 14, 2018  
Submit articles to:  
[submission@uucfl.org](mailto:submission@uucfl.org)

## Editors

Valerie Bressler  
Gary Ladka

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upon request.

To continue receiving our newsletter,  
please call the office.

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A Center for  
Liberal Religious Thought  
and Social Action in  
Fort Lauderdale

Unitarian   
Universalist  
Church of Ft. Lauderdale

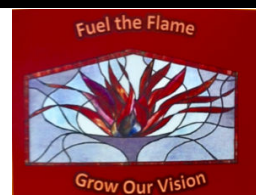
3970 NW 21st Avenue  
Oakland Park, Florida 33309  
954-484-6734  
[www.uucfl.org](http://www.uucfl.org)

**facebook** | join our group +

\*Established in 1958\*

## Fuel the Flame

We ask all members to Please Turn in Pledge Cards.  
If You Have Not Received One, Please See Rev. Susan  
or our Treasurer Nelson at Church.  
We are Looking Forward to Having a Wonderful 2018



**Labyrinth Café Concert**  
Saturday January 6 at 7:30pm  
(Special First Saturday Date)  
Heather Pierson Acoustic Trio  
Concert Info Page 6

## Vespers Service

Friday January 12 at 7:00pm  
Rev. Opal Murray Presents  
Service Info on Page 5



**Building and Grounds Work Day**  
Saturday January 13 at 8:00am  
Work Your Way to Page 7

**Social Justice - All Teams Meeting**  
Wednesday January 24 at 6:30pm  
See Rev Susan's Article Page 3

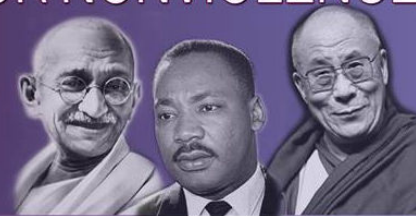


GANDHI-KING-GYATSO

**SEASON FOR NONVIOLENCE**

January 30 - April 4

"Turning the Global Tide"



Official  
Notice

**Congregational Budget Meeting**  
Sunday February 25 at 1:00pm

Unitarian Universalist Church of Ft Lauderdale  
Mission Statement:

To come together as a caring community and sanctuary  
for seekers of spiritual growth, truth, and meaning.



## President's Message

*"Adventure isn't hanging on a rope off the side of a mountain. Adventure is an attitude that we must apply to the day to day obstacles in life." – John Amatt*



We are in the midst of the joyous season of many holidays and traditions. By the time this is in print and being read we will all have begun a new adventure called 2018. 2017 has been a lengthy and draining year for most of us. However, as I love to say, "Nevertheless, she/we persisted." My motto has always been to never give up. My mother used to say, "If at first you don't succeed, try, try again." To be more accurate and concise, she didn't just say it; she drilled a hole in my head and poured those words in with force and acumen every chance she got. In high school that was reinforced by my very favorite teacher, Mrs. English, my Advanced Placement English and Literature guru, whose favorite word was "sticktoitiveness." This is a word you cannot forget even if you try with all your might, as one might on those dark days when you think your personal sun will never shine again.

So, as we leave this time of many traditions and celebrations, let us embrace a forceful and unrelenting mantra of not letting ourselves stop being who we all are. This is our own adventure that we embark on every year individually and collectively. We look inward to assess our desire for changes and new accomplishments. We look outward to assemble allies and friends who are on their own adventures, but join us in ours also. I would implore everyone to not leave your sacred selves behind in the season of joy but to embrace that and bring it with you into the New Year. Our new adventure not only needs to embrace and include our sacred selves but also our industrious giving selves. As we have started some new traditions in the governance of the organizational structure of the church, such as the All Committee Night, we are trying to make substantial and workable changes in how we function as an organization. For this community to survive I must start to see different faces with varying talents showing up for committees and volunteering for various tasks that need to take place around the church. We have made some major advances with our budget, but although we have come from a land far, far, away, we have not yet arrived at our destination. Currently, our destination is called hope, and not Hope, Arkansas either. Advances need to continue in the same manner, and bodies and minds are needed to maintain and make these changes substantive and more permanent in the structure of our community. In case you are wondering how the needs translate into real life, Saturday Workday, choir, Religious Education and Friendship and Fellowship Committees are great examples of places to begin getting involved if you are unsure of where to start. Behold and embrace your own sacredness and bring it with you into your new and glorious adventure. Be well, welcome to your new adventure, and make your sacredness count.

*"Practice listening to your intuition, your inner voice; ask questions; be curious; see what you see; hear what you hear; and then act upon what you know to be true. These intuitive powers were given to your soul at birth."*

— Clarissa Pinkola Estés, *Women Who Run With the Wolves: Myths and Stories of the Wild Woman Archetype*

**Sandy Lange**

### Get your Raffle Tickets while they're Hot!

In January we are raffling off a Cuisinart Convection Bread Machine \$100+ value - New in the box!

See Marty McAnulty on Sunday or at CUUPS  
to purchase \$5.00 chances.  
100% of \$\$\$ raised goes to the Church!



## ***Rev. Susan's Space***

The Board and I are excited about two new gatherings we're hosting in the new year – one for social justice/action and the other for our diverse small groups. During my tenure here, we have had no leader for our social justice work. This doesn't mean that we don't do a lot of good works and have some impact in our community. We participate in Broward County's interfaith community organizing program BOLD Justice and send food to LifeNet4Families. We provided toys for 25 children through ChildNet. We've had petition drives and voter registrations. We host numerous organizations working on issues of race, immigration, climate change, and other causes.



Unfortunately, this work is usually done by a very few of us. Even though we clearly stated in our visioning work that we want to have an impact in certain areas, we lack a vehicle to make this happen. The Committee on Ministry has proposed that we develop four Social Action Teams based on the concerns that you all expressed during the visioning, as follows:

- Green Team (Environmental Impact, Climate Change, UUA Green Sanctuary Self-Study)
- Welcoming Congregation (LGBTQ Ministries, Pride, Public presence)
- BOLD Justice (Community Organizing, Congregational Education on Initiatives)
- East Coast Academy Partnership (Tutoring; Weekend Backpack Snacks; School Supply Drive; Mentoring)

I strongly believe that every member of the congregation should find their place in these teams. We'll have our first monthly All Teams Meeting on Wednesday, Jan. 24 (4<sup>th</sup> Wednesday) at 6:30 pm. If you need a ride, please let me know. If this is a squeeze after work, by all means bring your brown bag. Teens are very welcome to participate in these teams as part of their faith development as UUs.

The second gathering is for ALL small groups within the congregation. This would be spirituality groups like CUUPS and Loaves and Fishes, affinity groups like UU Sisterhood and Men's Group, service groups like Broward Interfaith Planners, and any other "program" of the church in which individuals can participate. Not committees, groups. The ability of our congregation to serve more people depends almost entirely on the health and vitality of our small groups. The Board and the Committee on Ministry want to establish some standardized practices around information sharing, group culture, and mutual support. This (possibly yearly) meeting will be scheduled for February. We will also be holding a similar meeting for all groups that rent from the church to better connect with them and to get information out about what these groups are.

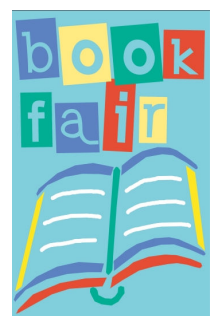
Deeds, not creeds! By their groups ye shall know them! Let's live more fully into the truth of these UU maxims in the coming year.

Blessings,

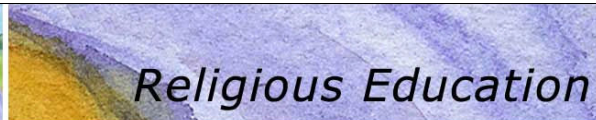
***Rev. Susan***

## **Books!!!**

We will experiment with having a UUA book table during January. The sale will be after services.





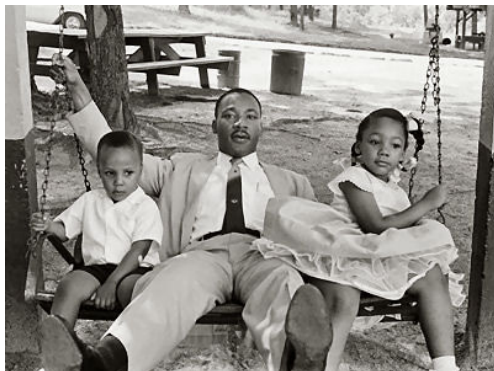


Director of Religious Education (DRE) - Susan Dirgins-Friend  
 Phone (954) 424-1910  
 Email tiredmomofbob@aol.com



Happy New Year! I hope that everyone had a good holiday - spending time with family and friends and enjoying our beautiful winter weather. Now we are back in the saddle with a full slate of activities for the coming month. We will be celebrating Dr. Martin Luther King, Jr. and his life and work with an Intergenerational service on January 14 at 11AM led by Rev. Opal Murray and which will feature music, videos, a speaker, and participation by our children with their thoughts on what Dr. King might be doing today if he were still with us. The rest of the month will be spent in preparing for a service in February which will celebrate Chinese New Year (which happens to be the Year of the Dog, my year ;) ). We will learn about Chinese culture, how Chinese New Year is celebrated, and how it is alike and different from our January 1 New Year. We welcome any and all who would like to help with this activity, especially helping us create our own Lion Dance costume. We will also start the Season of Nonviolence at the end of January, and we will be discussing and learning how to be a nonviolent person in a sometimes violent world.

Love and blessings,  
**DRE Susan**



### January Children's RE Calendar

Sunday January 7, 11AM  
 Prep for Dr. King Service

Sunday January 21, 11AM  
 Prep for Chinese  
 New Year Service

Sunday January 14, 11AM  
 Dr. King Service  
 Children Participate in  
 Intergenerational Service

Sunday January 28, 11AM  
 Prep for Chinese  
 New Year Service  
 Season of Nonviolence

Monday January 15  
 MLK Day  
 Seek out a family Service  
 Project to honor Dr. King

Peace and NON  
 violence for the  
 children of the world !



### Drum Circle

Full Moon Drum Circle will take place on January 4 – 7:30pm at the Church. Meet us at the large firepit, using the hallway by the bathrooms to go outside.



Bring a chair or blanket & your percussion.  
Love Donation.

Contact me for more information  
debe24@hotmail.com

*Debe Fisher*

### Loaves and Fishes Study Group

Loaves and Fishes (our chapter of the UU Christian Fellowship) will meet on the 2nd and 4th Sundays at 9:30am in the multi-purpose room. All are welcome and invited.

For more information  
contact me at  
cathywaltz@bellsouth.net.

*Cathy Waltz*



### Vespers Service Friday January 12 at 7:00pm



'It is true we are called to create a better world. But we are first of all called to a more immediate and exalted task – that of creating our own lives.' – Thomas Merton.

Rev. Opal Murray will draw from Zen Master Thich Nhat Hanh's *The Art of Living* to offer tips so that we may manifest Merton's exalted task.

Musical selections range from Jimmy Smith to Tupac. Hope to see you.

Vespers at UUCFL is a themed one-hour meditative service that includes stories, poetry, prose, music and/or periods of silence. It is led by congregants on the second Fridays beginning at 7:00 p.m. Each month the service will be led by two members – a Facilitator and a Presenter and occasionally our own Rev. Susan Smith.

Do you have a topic you would like to share? Yes? Then choose one of the dates below, contact Rev. Opal Murray – opalom18@gmail.com or 770.265.6242 and voila! You are doing Second Friday Vespers. Let's meet in this circle as we link inspiring sounds with life-affirming silence.

*Rev. Opal Murray*

Here are our 2018 dates:

1/12; 2/9; 3/9; 4/13; 5/11; 6/8;  
7/13; 8/10; 9/14; 10/12; 11/9 and 12/14



Lifenet4Families  
Cooperative Feeding Program

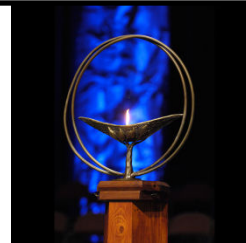
### Lifenet 4 Families/Cooperative Feeding Program

Thank you to all the folks who are taking home the reusable bags and filling them with much-needed food for the Lifenet 4 Families pantry. A big thanks to our UU Sisterhood for taking over this project and collecting and transporting the food to the pantry. Remember that if you want a chance to volunteer, you can work with our fellow UUs from River of Grass on the 2nd Saturday of every month at their scheduled workday in the pantry, from 9-11 AM, at 1 NW 33rd Terrace, Lauderdale FL 33311. If you would like to volunteer at another time you can contact Lifenet directly; their phone number is (954) 792-2328 and the website is lifenet4families.org

### The Seven Principles of Unitarian Universalists

There are seven principles which Unitarian Universalist congregations affirm and promote:

- The inherent worth and dignity of every person;
- Justice, equity and compassion in human relations;
- Acceptance of one another and encouragement to spiritual growth in our congregations;
- A free and responsible search for truth and meaning;
- The right of conscience and the use of the democratic process within our congregations and in society at large;
- The goal of world community with peace, liberty, and justice for all;
- Respect for the interdependent web of all existence of which we are a part.



**Labyrinth Café Presents Heather Pierson Acoustic Trio  
Saturday January 6 at 7:30pm (Special First Saturday Date)**



At first glance, Heather Pierson appears to be the girl next door – youthful, friendly, a little bit shy – but she is an award-winning pianist, multi-genre singer/songwriter, arranger, bandleader, and performer. From New Orleans-style jazz and blues to rousing Americana and poignant folk narratives, Heather's memorable live performances feature her virtuosity on piano, her bell-tone vocals, and her commanding yet playful stage presence while wielding a tenor banjo, melodica, or acoustic guitar. She performs both solo and with her acoustic trio, featuring Davy Sturtevant on strings/cornet and Shawn Nadeau on upright bass. Her music moves seamlessly and effortlessly from one style to the next, and a growing catalog of wildly divergent CD releases reflects her boundless creativity. [www.heatherpierson.com/](http://www.heatherpierson.com/)

"Reservations requested but not required: Contact Susan at [OzWoman321@aol.com](mailto:OzWoman321@aol.com) or 954-478-8637

\$20 at the door, plus non-perishable item for our local Cooperative Feeding Program (canned meats, beans, fruits, vegetables, peanut butter, dried milk, pasta, rice, cereal, baby food and baby formula); Advance Reservations: \$17, checks (made out to artist) received in the UU church office no later than Wednesday before Saturday show (or call or e-mail Susan at the contact info above). Mail advance payment checks to the church.

Thanks to all who purchased our Season Pass for \$150 per person, which includes admission to all 9 September-May shows, as well as premium reserved seating and a Labyrinth Cafe T-shirt (designed and printed by Virginia Anderson, Labyrinth Café volunteer). It's a wonderful way to support the UU church, our performers and the continuation of live, original music!

[ Because the September concert had to be cancelled due to Hurricane Irma, rather than giving a credit we are asking you to bring a friend to any concert on the schedule, on us... ☺

Visit [www.labyrinthcafe.com](http://www.labyrinthcafe.com) for further details and the artists' websites, and our Facebook page to give us a thumbs-up, which will then keep you informed of upcoming concerts:

Saturday, February 10, 2018 – Danny Schmidt and Carrie Elkin

Saturday, March 10, 2018 – Wabi Sabi (Dan Pelletier and George Wurzbach)

Saturday, April 14, 2018 – Nick Annis and Peter Mulvey

Saturday, May 12, 2018 – Lis and Lon Williamson and Amy Carol Webb

Can't wait for you all to join us once again for song and camaraderie!

***Susan Moss Coordinator - Labyrinth Cafe Concert Series***



**UUCFL Choir Now Rehearses Sunday Mornings - Join Us!**

Choir rehearsals will now take place every Sunday Morning at 9:30am prior to service. We hope this will accommodate more people's schedules. We need you! If you would like to join the choir, contact me at 954-536-5220 or [pianoyesmh@bellsouth.net](mailto:pianoyesmh@bellsouth.net). We would love to add your voice!

***Mark Henschel - Music Director***



**cUUrious cUUrrier and Journey Newsletters–**

If you are not receiving our weekly email newsletter, the cUUrious cUUrrier or a mailed copy of The Journey newsletter visit our website at [www.uucfl.org](http://www.uucfl.org) and click on "Subscribe" to sign up

**Name Tags –**

If you have not yet received a name tag lanyard, please sign up in church on Sundays. You have a choice of designs between a picture of the church and a chalice. Please wear your name tags each Sunday so our veterans and our newer members and visitors recognize each other better.





### Coming CUUPS Events

**CUUPS Study Group takes place every Thursday at 7:30pm at the Church.  
\$2 Suggested donation. Bring healthy snacks to share.**

January 4 - Topic: CUUPS Hosts Full Moon Drumming – Do not enter sanctuary this night, there is a Baptist Revival. Use the hallway by the bathroom to go outside. Meet us at the fire pit.

January 11 –Topic: "Claw Recommissioning" - this is our group ergregor/thought form (bad-ass cat) that protects our sacred grounds.

January 18 –Topic: Hailing from the Great North, a.k.a. Boca, Samantha & Weston Adams – Role Playing to Enhance Your Magick - "The practice of roleplay, pretending to be someone or something other than yourself, is not dissimilar from magic. It opens the mind with Imagination and Visualization, both of which are important for any working, whether it's tarot, energy work or spellwork."

January 25 –Topic: Non-theistic Paganism with Wren - we don't need no stinking gods (Pink Floyd reference).

***Edie & Marty McAnulty - CUUPS Facilitators - The MoonPath Chapter of CUUPS***



### Stay For Eclectic Mind Shoppe at UUCFL on Sundays After Service - 1:00pm

**Eclectic Mind Shoppe takes place every Sunday at 1:00pm at the Church.  
\$5 Suggested Donation**

January 7 - Chanting for Higher Consciousness with Edie McAnulty

January 14 - Spiritual Philosophy with Sarah Paulus – Discussing Albert Camus

January 21 - Wicca 101 with Otsana

January 28 - Fiber Magick 101 with Alba Kaufman – Introduction to energy work

***Eclectic Mind Shoppe***



### Building and Grounds News



Building and Grounds Workdays continue the second Saturday of each month (January 13) starting at 8:00am and going to about noon.

Join us any time during that span to lend a hand in giving our church home some love. There are projects to be done inside and outside for all abilities.

## Thank You!!!

Much thanks are given to Janine Griffiths for designing and creating our beautiful new Peace Pole Garden! We also thank our faithful daily waterers who have helped it flourish: Janine Griffiths again, Ria Gaffud, Sarah Paulus, Jenetta Baxter, Susan Friend, and Valerie Bressler. There are many more months of watering ahead and more volunteers are welcome. Please contact Janine at [dragnfli@bellsouth.net](mailto:dragnfli@bellsouth.net).

***Building and Grounds***



Photo by UUCFL Staff Reporter  
Valerie Bressler

### Broward UU Social Group Clan Fara Plans Trip To STA Viking Festival



#### STA FLORIDA VIKING FESTIVAL

Join us January 12 through the 14 for a fun-filled outing to the Scandinavian Trade Association (STA) Viking Festival at Tampa Bay Brewing Company (Westchase Brewery & Restaurant). The festival itself is on the 13th and will be a day full of family fun and games. Enjoy watching & playing some traditional Viking games with activities for kids while learning about historic craftsmanship and professions from skilled artisans. See warrior arts via weapons demonstrations and live combat provided by Dragon's Head Productions & Swamp Vikings. We will be staying at the La Quinta.

Please contact me for more information 561-767-5713 or victoria.abbott23@gmail.com.

**Victoria Abbott**

### Broward Interfaith Planners Meet Third Sunday of Each Month at 1:00pm

The purpose of this group is Crocheting Plarn Sleeping Mats for the Homeless.  
(You do not have to know how to crochet to participate)

What is plarn? Plarn is simply short for plastic yarn made from everyday plastic bags. It's not a typo. We have folks to do the crocheting, but we also need people to actually make the plarn strips. You can use any kind of plastic bag, even from your dry cleaners. If you have thicker plastic bags, cut smaller strips.



Craft for Humanity –  
Crochet a Plarn Sleeping Mat for the Homeless.  
That is creativity with a mission. It helps the homeless as well as helping the environment by keeping hundreds of plastic bags out of landfills by repurposing them.

While the creative process may feel good to us, it can also be useful to others.  
Open to all ages; kids must have an adult.  
This month's planning gathering will be Sunday January 21.

Hope to see you there. Visit [uucfl.org/plarning](http://uucfl.org/plarning) to see an instructional video.  
Contact me for more information at [karlba2@hotmail.com](mailto:karlba2@hotmail.com) 954-756-5932

**Alba Kauffman**



### Rummage Sale Coming to a Church Near You

We will be having our Annual Rummage Sale on Feb. 17th.

Please keep this fundraiser in mind as you clean out your closets and such over the next few months.

Donated items will be collected on the evening of Feb. 16th.

More details to come in the January newsletter!





## Directory of Staff, Board, Committee Chairs & Affiliates

### STAFF

- **Minister**  
Rev. Susan M. Smith susan.smith.uu@gmail.com---318-550-8462
- **Director of Religious Education**  
Susan Dirgins-Friend tiredmomofbob@aol.com---954-424-1910
- **Music/Choir Director**  
Mark Henschel pianoyesmh@bellsouth.net-----954-536-5220

### BOARD OF TRUSTEES

- **President**  
Sandy Lange sandy@milleniumclinic.com-----954-401-5675
- **Past President**  
Jim Giblin jgiblin24@aol.com-----954-296-0089
- **President Elect**  
Marty McAnulty mpminfla@gmail.com -----954-559-2816
- **Treasurer**  
Nelson Lamis nelsonlamis@aol.com-----305-742-9524
- **Secretary**  
Steve Holtz stevehbx@msn.com-----561-441-0646

### Trustees

- Betty Brantley betty618@bellsouth.net-----954-536-5754
- Donna Gutierrez ogoodgrl@gmail.com-----971-267-9165

### CHURCH TASK COORDINATORS

#### Building & Grounds

- Doug Friend dfriendperc@aol.com-----954-424-1910
- Gary Ladka garylodka@gmail.com-----954-650-3728
- Marty McAnulty mpminfla@gmail.com -----954-559-2816

#### Endowment

- Doug Friend dfriendperc@aol.com-----954-424-1910

#### Stewardship

- Contact Board Liaison
- Nelson Lamis nelsonlamis@aol.com-----305-742-9524

#### Ministry

- Annette Vafa annette2008@comcast.net-----954-923-7144

#### Communications

##### Online Calendar

- Kip Barkley kipbarkley@aol.com-----954-784-8307

##### Printed Newsletter – The JOURNEY

- Valerie Bressler tapwitch@gmail.com-----954-663-3859
- Gary Ladka garylodka@gmail.com-----954-650-3728

##### Webmaster/Email Newsletter

- Gary Ladka garylodka@gmail.com-----954-650-3728

##### Caring Committee

##### Building Usage

- Dave Griswold dgriswold2001@hotmail.com-----786-389-9575

##### Sunday Services

- Opal Murray opalom1@gmail.com-----770-265-6242

##### Welcoming/Membership

- Contact Board Liaison
- Donna Gutierrez ogoodgrl@gmail.com-----971-267-9165

##### Nominating

- Jerry Waltz waltzj@bellsouth.net-----954-527-5275

##### Religious Education

- Michael Coburn michael@coburn.org-----305-409-7340

### SOCIAL AND MINISTRY GROUPS

#### Community Outreach

##### Social Justice/BOLD Justice

- Betty Brantley betty618@bellsouth.net-----954-536-5754
- Marie Turner emtuvel@yahoo.com-----954-850-4889

##### Cooperative Feeding Program -LifeNet4Families

- Molly St. Cavish mstcavish@yahoo.com-----954-752-5717

##### Labyrinth Café Concerts

- Susan Moss ozwoman321@aol.com-----954-478-8637

##### Loaves and Fishes - Christian Study Group

- Cathy Waltz cathywaltz@bellsouth.net-----954-527-5275

##### Mens Group

- Jerry Waltz waltzj@bellsouth.net-----954-527-5275

##### Sisterhood

- Nicole Shulman --franknnick@gmail.com-----954-942-0394

##### Broward Interfaith Planners

- Alba Kauffman --karlba2@hotmail.com-----954-756-5932

##### UUCFL Social Group

- Victoria Abbott victoria.abbott23@gmail.com-----561-767-5713

##### CUUPS (Covenant of Unitarian Universalist Pagans)

- Edie and Marty McAnulty ediemoonday@gmail.com---954-294-4757

##### UU Service Committee

- Michael Coburn michael@coburn.org.....305-409-7340

### Second Monday Every Month:

- 6:30pm - All Committee Meeting Night
- 8:00pm - Board Meeting

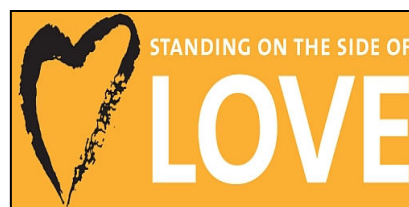
# Unitarian

# Universalist

## Church of Ft. Lauderdale

**3970 NW 21st Avenue**

**Minister:** Rev. Susan M. Smith  
**Office** 954-484-6734  
**Minister** 318-550-8462  
**E-mail:** uucfl@aol.com  
**Website:** www.uucfl.org



### Building Usage Scheduling

With all of the activities going on in the building, especially with all of the exciting new things coming along, it will be very important to keep a close look at the calendar to make sure we have room for all events and renters that we



have, and to have scheduling conflicts kept to a minimum. Please email me at dgriswold2001@hotmail.com with any inquiries or to schedule an event at the church. Thank you.

**Dave Griswold**

Unitarian  
Universalist  
Church of Ft. Lauderdale

**BLACK LIVES MATTER**

END CORPORATE RULE. LEGALIZE DEMOCRACY.  
**MOVE TO AMEND**

**BOLD Justice**  
{Broward Organized Leaders Doing Justice}

### Expand Your UU Horizons

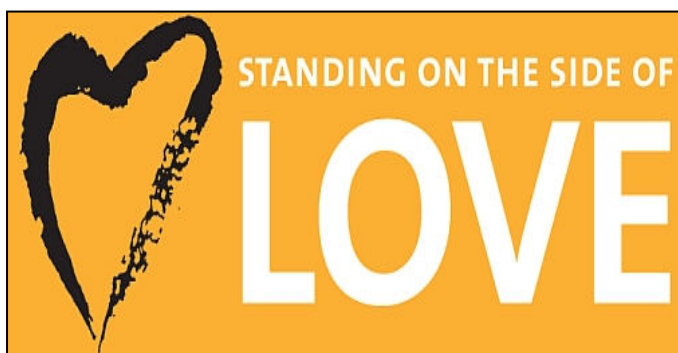
Learn more and how you can become more involved beyond our walls

**UU Association** - [uua.org](http://uua.org)

**UU Southern Region** - [uua.org/southern](http://uua.org/southern)

**UU Southeast Cluster** -

[facebook.com/UUFloridaSoutheastCluster](https://facebook.com/UUFloridaSoutheastCluster)



### Remember the Hungry People Around Us

Please continue to fill the Food Baskets at the church with non-perishables for the LifeNet for Families |Cooperative Feeding Program.

Learn more about the CFP and other ways you can help.

Visit [www.lifenet4families.org](http://www.lifenet4families.org) or call (954) 792-2328



*"Let our New Year's resolution be this: we will be there for one another as fellow members of humanity, in the finest sense of the word."*

**Goran Persson**

### January Birthdays

Philip Morse 1/1	Cooper Donelson 1/20
Kelly O'Riain 1/2	Debra Hurd 1/21
Patrick Wayne Sipes 1/2	Nicole Shulman 1/21
Jean Zorn 1/2	Debra Fisher 1/24
Valerie Bressler 1/7	Maria Gaffud 1/28
Dorothy Muise 1/9	Lisa Mohan 1/28
Cam Enright 1/10	Gary Ladka 1/30
David Hurd 1/11	Gloria Stein 1/30




If you would like to see your birthday announced here and in the cUUrious cUUrier email newsletter, please contact the office to make sure we have your updated information in the computer



# January Calendar



Unitarian  
Universalist  
Church of Ft. Lauderdale

<p><b>1</b></p> <p>Every Sunday : 11:00 AM- Church Service and Children's Religious Education</p>		<b>2</b>	<b>3</b>	<b>4</b> •7:00pm Mens Group •7:30 pm CUUPS	<b>5</b>	<b>6</b> •7:30pm - Labyrinth Café Concert (See Page 6)
<p><b>7</b></p> <p>•9:30am - Choir Practice •9:30am - Sisterhood •11:00am - Sunday Service •1:00pm - Eclectic Mind Shoppe</p>	<p><b>8</b></p> <p>•11:30am - Sisterhood •6:30pm - All Committee Meeting Night •8:00pm - Board Meeting</p>	<b>9</b>	<b>10</b>	<b>11</b> •7:00pm Mens Group •7:30 pm CUUPS	<b>12</b> •Broward UU Social Group Trip To STA Viking Festival (See Page 8) •7:00pm Vespers Service (See page 5)	<b>13</b> •8:00am - Building and Grounds Workday
<p><b>14</b></p> <p>Journey Article Submission Deadline •9:30am - Choir Practice •9:30am - Loaves &amp; Fishes •11:00am - Sunday Service •12:30pm - Lunch •12:30pm - Membership Info •1:00pm - Eclectic Mind Shoppe •1:00pm - Interfaith Planners</p>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b> •7:00pm Mens Group •7:30 pm CUUPS	<b>19</b>	<b>20</b>
<p><b>21</b></p> <p>•9:30am - Choir Practice •9:30am - Sisterhood •11:00am - Sunday Service •1:00pm - Eclectic Mind Shoppe •1:00pm - Interfaith Planners</p>	<p><b>22</b></p> <p>•11:30am - Sisterhood</p>	<b>23</b>	<b>24</b> •6:30pm - Social Justice - All Teams Meeting (See Page 3)	<b>25</b> •7:00pm Mens Group •7:30 pm CUUPS	<b>26</b>	<b>27</b>
<p><b>28</b></p> <p>•9:30am - Choir Practice •9:30am - Loaves &amp; Fishes •11:00am - Sunday Service •12:30pm - Lunch •1:00pm - Eclectic Mind Shoppe</p>	<b>29</b>	<b>30</b>	<b>31</b>	<p>Religious Education Events See special calendar on the RE page 4</p>	<p>Visit our on line calendar for late-breaking events <a href="http://www.uucfl.org">www.uucfl.org</a> and click "Coming Activities"</p>	



# Unitarian Universalist

Church of Ft. Lauderdale



3970 NW 21st Avenue  
Oakland Park, Florida 33309

Minister: Rev. Susan M. Smith

Office Phone: 954-484-6734

Minister Phone: 318-550-8462

E-mail: [uucfl@aol.com](mailto:uucfl@aol.com)

Website: [www.uucfl.org](http://www.uucfl.org)

Sundays  
at 11 am: Service & Children's  
Religious Education

## The JOURNEY



Sunday Morning Services at 11 am

JANUARY 2018

### ***January 7 – "Praying in Words" by the Rev. Susan M. Smith.***

In January, we focus on our 3<sup>rd</sup> UU Principle -- "Acceptance of one another and encouragement to spiritual growth in our congregations" -- by diving deeply into some aspect of theology. This year it will be prayer. Obviously, when we think of prayer, we think of words first.

### ***January 14 – "Happy Birthday to You" by the Rev. Opal Murray.***

This Inter-generational Service honors and celebrates the life of Rev. Dr. Martin Luther King, Jr. Be reminded of the words he spoke. Learn about the hymns that inspired him and hear the tributes made to him. Choir will sing. Lunch follows.

### ***Sunday, January 21 – "Praying in Silence" by the Rev. Susan M. Smith.***

Continuing to explore the theology of prayer, we will move from cataphatic (talking) prayer to apophatic (listening) prayer. Our special musical guest will be singer/songwriter Mama Gina ([www.mamaginamusic.com](http://www.mamaginamusic.com)).

### ***Sunday, January 28 – Season for Nonviolence Begins – "Praying in Action" by the Rev. Susan M. Smith.***

As we kick-off our observance of the Nobel Laureates' Season for Nonviolence, we will complete our exploration of prayer by learning about prayers of action from full-body aerobic prayer to acts of courage and service. Lunch follows.

HAPPY NEW YEAR

# 2018