

# The JOURNEY

The Monthly Newsletter of the Unitarian Universalist Church of Fort Lauderdale

**JANUARY 2010**  
**Volume 51, Number 1**

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**February 2010 Issue  
Deadline**

**Sunday January 10, 2010**

Submit articles to:  
[submission@uucfl.org](mailto:submission@uucfl.org)

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Liberal Religious Thought  
and Social Action in  
Fort Lauderdale

**Unitarian  
Universalist**  
Church of Ft. Lauderdale

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\*Established in 1958\*

## Budget Workshop and Meeting Our Chance to Plan 2010 Together

The budget workshop, on Sunday January 3, and the Congregational Budget Meeting on January 17 allow you, the members of UUCFL a chance to match our expenditures with your priorities for the coming year. Discussion on January 3 will help inform the board on providing budget options for the January 17 meeting. The congregational meeting requires a quorum for us to pass a budget, so please be there. Both sessions will start at 12:45 pm, after coffee hour.

*Ken Beier*



## Enrichment Programs Continue Every Sunday in January

**See Page 2**



## Labyrinth Café Concert Saturday, January 9 - 7:30 pm Lara Herscovitch and Cliff Eberhardt

*Page 6 has more*



## Faerie Elaine Silver Sunday Service Sunday, January 31 11:00am

*See Back Cover*

We will be further graced by Faerie Elaine following service as she facilitates a special class "The Passion Test" for our Sunday Enrichment Program  
*More info on Page 2 and 5*



## Have Fun with Us at Bingo Every Wednesday

Doors at 6:00pm/Calling at 7:00pm  
B-1 of the Winners who help us run the game, serve in the kitchen, set up, publicize the game or come and play.  
We're having fun and raising funds.  
Contact Gary Ladka at 954-650-3728

### Sunday Enrichment Series - Church Works

For much of the month of January, our after church offerings will focus on community maintenance issues. During the first three weeks of January we will be asked to eat our \$2 lunch, share some visiting time and then regather to take collective responsibility for keeping our beloved community operating and healthy in these very difficult and scary times. All these events will start at 12:45 p.m. unless noted and location will be determined later for each event. Mark your calendars. We need you there to express your opinions and offer your ideas.



**Jan 3- Budget Workshop** – Even if a spread sheet makes your eyes glaze over and causes you to feel a coma coming on, please join us anyway. You are a stakeholder in this operation if you are a voting member, a pledging friend and even if you just want to make sure the doors are still open in a year and in five years.

**Jan 10 – Calendar Update-** For such a small community, we have an amazing amount of events to schedule and coordinate. Last August we had our first community wide calendaring meeting in years. It was a bit chaotic but we ended up getting more activities scheduled ahead of time than we have in years. On this day we will update the calendar events we have already set and see what needs to be added, changed or taken off so we can all get our events in place.

**Jan- 17 – Annual Budget Meeting-** This is the meeting at which we will have more concrete motions made about how we will apportion our expenses and try to agree on a budget that we can all live with. These meetings require good will, flexibility and creativity which luckily are all qualities we have in abundance at UUCFL these days.

**Jan 24- Monthly Book Discussion (1:00pm)** with leader Melanie Taffel and friends.

**Jan 31- The Passion Test Workshop (1:00pm)**

International Recording and Touring Artist, Elaine Silver, recently became a Certified Passion Test Facilitator, in addition to her skills as a concert musician, workshop leader and lecturer. She is delighted share this life-altering process with us. See Page 5 for more information and cost.



**Rev. Gail and all of the above.**

*For last year's words belong to last year's language  
And next year's words await another voice....  
What we call the beginning is often the end  
And to make an end is to make a beginning.*

*~T.S. Eliot, "Little Gidding"*

### Prez Says

*Ah, but a man's reach should exceed his grasp, or what's a heaven for?*

Robert Browning (1812-1869)

I heard this quote at a memorial service in Denver for a UU friend in 2008 and over the past year, I have been reminded of this quote several times. Browning's message is subtle, but profound. Reach involves the stretching to what ought to be. Grasp means touching or seizing something—it is the concrete manifestation of our actions. I think this comparison—of reach and grasp—gives us a good perspective from which to view many aspects of our lives.

As we start the year 2010, we reassess our reach or what we want to accomplish in our personal lives for the coming year.

As we start the year 2010, we reflect on political accomplishments of the past year, and realize that our reach for a better system of health care in the U.S. or for more effective means of reducing greenhouse gasses, may exceed our grasp.

As we start the year 2010, we can reach for the goal of a more vital and growing UUCFL that will have a larger presence in Broward County

Do our results often fall short of our reach? Of course they do, but we still choose to reach for a better world, and improve it as we can.

You have the opportunity to help shape the future of our community at several events in January—a budget workshop on January 3, a calendar session on January 10 and our congregational budget meeting on January 17. In our budget discussions, and other forums, we can reach to respect the opinions of others and enact the financial plans and program plans that will help us fulfill the promise of our community.

**Ken Beier**



### Volunteers Extraordinaire

Once again this month, our members responded—this time to support the movement of Sunny Goldenberg's precious belongs to the RE wing, and putting them on display so that they could be shared with members of our community. Sunny's years of support for this community and our support for her at this time remind us of how we are enriched by helping others.



**Ken Beier**

## ***Rev. Gail's Space***

### **The UU Church That Lives In My Head**

I know intellectually that life is hard and imperfect but nonetheless there is a part of me that still yearns for an ideal world and an ideal church that I have seen little glimpses of from time to time. Of course, as the joke says if I really found this perfect church I would soon realize that I was much too imperfect a minister to serve it successfully. However, having said that, I thought that for this month, where we are focusing both in some sermons and in our Sunday afternoon activities on planning for our short and long term future, I might indulge in a few fantasies.



In the church that lives in my head we don't have too much money because that situation can actually cause a whole new set of problems. We have just enough money that we don't have to talk about it all the time. In my fantasy church every single member, friend and even some visitors pitch in each and every Sunday to greet, give out hymnals, help with sound, coffee set up or clean up, moving furniture and what ever else needs doing. Every time anyone gets up to introduce an activity, an event, a class or a social justice project, they will quickly have enough people sign up to ensure the success of that event. I would like to see more church activities other than Sunday where we regularly have at least half our membership in attendance. I would like to see the church have more people of all ages who really hang out together and get to know each other beyond superficial cocktail party type chat. I would like to see both the financial burden and the volunteering of time burden be more equally distributed. I would like to see each person that spends time in our building understand that they are one of the owners with a stake in all the decisions we make.

I would like to see each and every person at UUCFL participate at least once a year in some type of class or enrichment activity that takes them to a whole different level on their personal and spiritual journey. I imagine a community where each person is involved in at least one charitable, justice oriented or political commitment each year and shares that involvement with the rest of us. I know that we are all busy, but you know the old saying if you need something done, ask a busy person.

I would like to see more moments like the day we just shared as I write this column. It is Dec. 20 as I write this and we just had a service that was well attended, people returning from far away, exciting guests who could be our new friends, great music from Dot, Charlie, Susan and the choir, and a nice lunch followed by an activity (the movie "Rethinking Afganistan") that brought in people from the community as well as attracting some of our own members. The movie was followed by provocative discussion and some actual suggestions for ways we can have an impact on policy.

I know I am asking for a lot but when I think about how much our community has evolved over the years I have been serving here, I think the sky really is the limit. We have become more friendly and open over the years. We have developed skilled new leadership and established better systems for making decisions. We have learned to disagree like adults and stay friends after we have had a difference of opinion. I predict great things for UUCFL in reality and not just in my fantasies. Blessings on the New Year and all of you.

In faith,

***Rev. Gail***

## RELIGIOUS EDUCATION (RE) NEWS

Director of Religious Education (DRE) - Susan Dirgins-Friend

Phone (954) 424-1910

Email [tiredmomofbob@aol.com](mailto:tiredmomofbob@aol.com)

Committee Meetings - Third Sundays of the Month—9:30am



Ah yes, a New Year. Did any of you make a resolution? My guess is that most of you did and that many of them involved health, diet, or exercise. These are all good ideas, and I hardly recommend them. Remember that if you can instill a new habit and keep at it for six months, it will stick (at least that is what they say—I never make it that long). I say it is time to make other kinds of resolutions too. Make a resolution to call a friend at least once a week, especially one you have not spoken to in a while. You will both enjoy the connection, conversation,



and update. Make a resolution to walk the dog, and let Fido sniff as much as he/she wants. They need that interaction and connection with the world. I know it can be annoying, but it lets you look at the sky and sniff the flowers. Make a resolution to actually listen to your kids when they start regaling you with another tale of what happened at school, soccer, or dance. I know that these tales can be convoluted, repetitive, and frankly (don't tell Savannah), boring. The end result though, is a kid who, as they age, will come to you with interesting stories, questions and comments on life that make you feel like you did a pretty good job as a parent. I know this too. Finally, make resolutions to let the little stuff go, volunteer more, and take more time for your spiritual life. The good feeling you will get will be as least as good as the one you get from running—and won't cause shin splints. On a personal note, much thanks to the Endowment Committee for the grant which will enable me to attend professional development classes this summer. I am so proud of this commitment to Religious Education at UUCFL.

*Susan*

### Living Our Faith

The next Cooperative Feeding work day is on January 2 from 8:45 until about 11:30. We meet at the church at 8AM to carpool or at the CFP at 8:45.

The need for volunteers now is critical, as every month more and more people are in need of food help. There are many hungry people in our community.

Please come out and volunteer; we do good work, we have fun, and we enjoy UU fellowship.

There is a sign up sheet in the back of the sanctuary, or you can call me or email me.

*Susan*



COOPERATIVE FEEDING PROGRAM

### Children's RE Calendar for January

Sunday January 3, 11AM  
Regular RE  
Kids Start in Class

Sunday January 10, 11AM  
Regular RE  
Kids Start in Class

**Sunday January 17, 9:30AM**  
**RE Committee Meeting**  
**All are Welcome**

Sunday January 17, 11AM  
MLK Lesson  
Kids Start in Class

Sunday January 24, 11AM  
Regular RE  
Kids Start in Class

Sunday January 31  
Regular RE  
Kids Start in Class



Look for the teen group once again selling fair trade chocolate and tea. This fundraiser will support both the teen Boston trip and the UUSC water project, which you will be hearing more about in the coming months. Stay tuned.



## Words from the Board

What's Your Board of Trustees working on?

**Bingo!** How long has it been since you've played Bingo?? Put Bingo on your calendar every Wednesday at 7:00 pm and find out how much fun it can be. We promise you good company, delicious snacks, and possibly more money in your pockets to take home than when you arrived! Bingo will start up again after the holidays on January 6, 2010. It's a sure fire financial boost for our church and so much more. If you can help out with set up, please arrive early. We need kitchen help and assistance moving tables and chairs. See you soon!



**Budget Meeting** Our Budget Meeting will be held January 17, 2010 immediately following service. It is critical that all members attend. We have important budget items to discuss and financial decisions for the New Year must be made.

Consider this your standing invitation to become more involved in your Church. Give us the benefit of your ideas for future events. We'd really love to hear from you!

**Judy Knopp, Your Secretary**

## Faerie Elaine Silver Tests Your Passion

International Recording and Touring Artist, Elaine Silver, recently became a Certified Passion Test Facilitator, in addition to her skills as a concert musician, workshop leader and lecturer. She is delighted share this life-altering process with individuals and groups.

Following Elaine's Sunday Service time with us on January 31, she will conduct "The Passion Test" - a 3 hour workshop as part of our Sunday Enrichment program beginning at 12:45pm.

The cost per person is \$30 in advance and \$35 at the door. Anyone who signs up and pays in advance before the workshop day is entitled to a FREE CD of Elaine's choice, which is a \$20 value.

The Passion Test workshop is a fun, practical, interactive and productive event. It teaches a simple and direct way of accessing our passions, and explains how harnessing our passions brings success and happiness.

- \* You will learn how to use The Passion Test to clarify the things that are most important to you.
- \* You will understand how to consistently choose in favor of your passions.
- \* Learn powerful tools to use when you run up against challenges and obstacles.
- \* It provides a lifelong strategy for aligning with your passions now and in the future.
- \* This simple yet powerful process helps to create new and stronger neural pathways and supports brain health.
- \* Bring a journal and pen.



"Crystal Sands of Siesta Key  
Beneath my feet are healing me  
Holy waters lapping at the shore  
I surrender now and evermore"  
From the song "Crystal Sands of Siesta Key"  
which appears on Elaine's "Blissfully  
Abundant" CD

## Music Notes

Here we are with a clean slate for 2010, and the projected plans look very interesting. The New Year begins with a solo sung by Alexis Blasenheim that will make you sit up and take notice. If you remember Alexis singing "Summertime" you will be sure to attend this Sunday's service.



The choir continues to contribute to our worship services every second Sunday. At the end of the month, there will be a Musical History of Social Justice by Rev. Dr. Eugene Navias conducted by Dr. Navias. It covers the history from 1776 to 1979. Some of the songs will be familiar, particularly those by Carolyn McDade which you have heard and sung before. Dr. Navias ties it all together with stories to tell how UUs have been involved in social justice development through the years.

Looking back at our Christmas services, we wish to thank the R.E. young people under the direction of Susan Friend for their holiday presentation on December 13. The dancing both performed and directed by Savannah Friend added to the atmosphere of this special Sunday treat. Dr. Charles Prather played holiday favorites at his pre-service organ recitals and added the solid bass to our hymns. Thank you to Alexis Blasenheim, Rebecca Blasenheim, and Mara Canlas who sang the trio of "O Holy Night" at the Christmas Eve service. What a treat it is to hear these familiar melodies sung so beautifully.

Once again Bill Cox favored us with a Chopin "Mazurka" for the prelude on December 27. We are so fortunate to have talented musicians who are willing to enhance our service music.

The choir will be working on the Tri-Choir songs along with our anthems. The first two offerings by the combined choirs will be on February 14 at Boca Raton Fellowship and February 21 at River of Grass. UUCFL will have to wait until March 28 for this exciting service. We thank David Fisher for establishing this traditional cooperation among the three choirs which has continued for the past several years.

We are so pleased to see David Armstrong recovering nicely from his surgery and David Fisher able to participate in more and more activity. Our thoughts are with Erik Anderson as he begins the recovery process from surgery and with Phoenix Cockerham who has been in the hospital with a vertigo problem.

**Dot Muise, Director of Music**

## Music Committee Plans 2010

Please join the UUCFL Music Committee to plan our music offerings for 2010.

Date: 1/10/2010 (Sun)

Time: 9:30am

Place: Library

We will explore incorporating more variety in our music selections and review plans for special music events such as the fall jazz concert and the possibility of screening a silent movie with organ accompaniment in the spring.

**Douglas Paul, UUCFL Music Committee**





### "Share Florida" Food Network Saves You Money

UUCFL is now part of the "Share Florida Food Network"

This monthly nonprofit service allows you to order a variety of items through our participation as a "Host Site" for pick up of ordered items. Deadline for January Orders is the 13th with pickup date on the 30th at 9:30am.

No membership required and anyone can participate. Visit [www.shareflorida.org](http://www.shareflorida.org) to find out about monthly packages and specials.

**Laura Lange and Susan Friend**

### Thanking UUCFL Santas for ChildNet Adopt-a-Wish

Basketballs, dolls, scooters and ride-on toys...tea sets, wallets, children's games and gift cards...mp3 players, remote control cars, footballs, crib toys, computer games, bikes and lots more gifts...all magically showed up at church for the children of ChildNet's Adopt-a-Wish program. We thank all of the generous UUCFL Santas for helping load up our sleigh and make children smile this holiday season.

**The Langes  
and the  
Ladkas-  
Santa's  
Helpers**



Geneva and Peter Lange help deliver smiles to children of ChildNet

### Nominating Committee Looking For A Few Good UU's...

The Nominating Committee met recently to start preparing the ticket for our election in May 2010.

There are several spots available:

#### Slate for Open Board Positions

Vice President (two-year term)  
Treasurer (two-year term)  
3 Trustees (two-year term)

#### Slate for Nominating Committee

Three members for the Nominating Committee

As Unitarian Universalists, we are privileged to be a part of a democratic society, yet carry responsibility to implement the Church's business. These open positions are a perfect opportunity to become more involved with your congregation.

If you are interested in any of these positions, please contact the Nominating Committee.

We are:

David Armstrong, Cam Enright, David Griswold, Monica Pavlik, Victor Garlock, and Bill Schoolman. Help us find the right niche for you to fill.

**Monica Pavlik - Nominating Committee Convener**



### Labyrinth Café Concert

**Saturday, January 9, 7:30 p.m.**  
**Lara Herscovitch and  
Cliff Eberhardt**

**Lara Herscovitch** was raised in New York and lives in Connecticut. She narrowly escaped law school, training instead as a macro social worker. She has worked in the US,



Latin America and Asia, on behalf of disadvantaged individuals – focusing on education, community development, human services, and the environment. Echoes of this work, including personal and global themes and questions of social justice and equity resonate throughout her music.



With soulful songwriting, hilarious stories of past lovers (who gave him enough material to last for years), and his stories of life on the road, an evening with Red House recording artist **Cliff Eberhardt** is a memorable one. His combination of humor, incredible songwriting, and

passion make his concerts must-see events. A driving force of the Greenwich Village New Folk movement and well known among his peers, Cliff's songs have been covered by the likes of Richie Havens, Buffy St. Marie, Erasure and the folk superstar band "Cry Cry Cry" (Dar Williams, Richard Shindell, Lucy Kaplansky).

Reservations requested but not required:

Contact Myra at [Myrafly@yahoo.com](mailto:Myrafly@yahoo.com) or Susan at [OzWoman321@aol.com](mailto:OzWoman321@aol.com) or 954-478-8637

\$15 at the door, plus non-perishable item for our local Cooperative Feeding Program (canned meats, beans, fruits, vegetables, peanut butter, dried milk, pasta, rice, cereal, baby food and baby formula); advance reservations: \$12, checks received in the UU church office no later than Wednesday before Saturday show.

We're once again offering a season pass which includes admission to all shows, as well as a Labyrinth Cafe T-shirt (designed and printed by Virginia and Erik, Labyrinth Cafe volunteers) and premium reserved seating. It's a wonderful way to support the UU church, our performers and the continuation of live, original music!

Please visit [www.labyrinthcafe.com](http://www.labyrinthcafe.com) for further details and the artists' websites, as well as [www.myspace.com/labyrinthcafe](http://www.myspace.com/labyrinthcafe) for song samples!

**Susan Moss - Labyrinth Café Concerts**

## CUUPS Update



Happy Gregorian New Year! We Celts had our new year Nov 1st.

Last year, CUUPS's gross income was \$5,200. We had expenses: torch fuel, candles, ribbons, rope, eye of newt, just the essentials plus decorations and all it takes to make a Witches Ball happen.

The net goes to the church. WE are all part of the same community.

Saturday, January 23rd at 7:00pm, we welcome the First Light of Spring with our Imbolc Ritual. White is the traditional color. In northern climates, the ewes are giving their first milk. In Florida, white is the color of tourists first wandering onto the beach. At Thursday 7:30 pm, Study Group resumes with topics light and dark.

*Kip, Resident Pagan*

## Upcoming Adult Religious Education Offerings



Lots of new adult religious education experiences will be coming in February. Transformative Tuesdays will be back starting Feb. 9 and running for 8 weeks. Both Rev. Gail and Jan Taddeo, our student minister will be offering exciting new classes at 4:00 p.m and 7:15 pm respectively. There will be more delicious soup from DRE Susan Friend and others and a new round of free meditation offerings. Susan will take a teaching break for this round and be back with another class in the near future. A brochure with details will be out in early January. Plan ahead to join us for the whole evening or any combination of activities.

Coming up on four first Sundays and expanding on the well attended Racial Justice Journey conversation will be four additional sessions on Exploring Race. Facilitated by Jan Taddeo, Student Minister there will be a series of self-contained discussions to explore different aspects of the concept of race in American culture. Conversations will focus on the following questions: How does race influence friendships, work environments, and other relationships? How do children learn and experience race? What has been the Unitarian, Universalist and UU relationship with race? What does the world we dream about look like? What needs to happen for that dream to be realized?

*Rev. Gail, DRE Susan and Jan Taddeo, Student Minister*

## Chair Yoga Returns on Tuesdays



For all you potential Yogis who don't want to get down on the mat, consider a 'Chair Yoga' hour with Lois.

By combining movement with breath, we create a feeling of calm and well-being. Starting January 5th, 2010 - Weekly on Tuesday from 10:30 to 11:30 at UUCFL in the Multi Purpose Room

## New Wednesday Yoga Classes with Valan Evers

Frazzled? Stressed out?

**Yoga...It may be just the thing to center you, Calm you, Help you deal with stress...**

If nothing else: It makes you FEEL GOOD!!! This class is sometimes called "Yoga for Stiff Folks" and is designed with you in mind. Perfect for beginners – yet experienced yogis and yoginis will find asana variations to challenge.

Taught by long-time yogini and church member, Valan Evers. Some know her as Ash the Silent, a member of CUUPS, some by her Yogini name of Abhyasa.

She is a certified Yoga Instructor in classical Sri Naranda and Sivananda Hatha Yoga. She is also a registered member of the International Yoga Therapist Association. The class is every Wednesday at 6 PM in the Multi-purpose room.

A donation of \$5 is suggested. Please wear loose clothes and bring a mat or towel.

Come and Let Your Spirit FLY!!!





### UUA Trustee Tidbits

After the usual hectic holidays it is time to breathe a sigh of "newness" and hope your congregation will experience a blessed and productive 2010. This will be the second column devoted to the thoughts and words of Rev. Peter Morales, UUA President as expressed at the October Board of Trustees (BOT) meeting. Rev. Morales believes Unitarian Universalism should be far more than "the tiny, fringe religion it is today". Last month I wrote about growth and what must be done to accomplish this imperative.

Rev. Morales is passionate about social action and public witness efforts. He knows we have always been a faith who believes that true spirituality is fruitful in our acts of compassion and action to combat oppression and injustice. Although our prideful history indicates our being leaders in the struggle against slavery, rights for women, and the civil rights movement today we need to confront the great moral issues of our time: racism, human rights, immigration, economic justice, and preservation of life on our planet. In addition it is imperative that the forces of ignorance and fear that give rise to "militarism, nativism, and fundamentalism" be faced and resisted. Rev. Morales knows the foundation of "public exposure" built by Rev. Bill Sinkford is a foundation on which we must build.

Rev. Morales stated we must be relentless, passionate, and articulate as spokespeople for our religious values. This will include leading efforts to help our congregations be moral beacons in our communities. Congregants know what the pressing issues are in their communities. Therefore, there will be a reorganization of staff services to increase our UUA's "effectiveness in harnessing the compassion and commitment already present in our congregations". Our UUA will commit to the Green Sanctuary program, whose "administration it has just undertaken, and in other initiatives to be developed in consultation and cooperation with UU Ministry for Earth".

In order to create many more opportunities to put our faith into action Rev. Morales' administration will build on our UUA's historic continuing opportunity for partnership with the UU Service Committee. This new partnership has already responded together to the Gulf Coast disasters, in Asia, and during the genocide in Darfur. Rev. Morales believes there is much more we can do together.

I wish your congregation good health and good relationships in 2010. Please know I am available for conversation, and/or speaking at a Sunday service. I am usually a phone call (813-931-9727) or email (jlund@uua.org) away. Happy New Year one and all.

*Joan Lund, UUA Trustee - Florida District*

#### Office Notes January 2010

Greetings and good wishes from Sandy in the office.

I am amazed it is 2010.

I wish this wonderful UUCFL family a very happy and love filled New Year.

*Sandy*



#### Sunny Days

Over the last few months, Susan "Sunny" Goldenberg has generously donated many of her possessions and those of former congregant Shahla to the church.

These items have gone to enrich many lives, including mine. I'd like to share with you a short true story of one good deed leads to another. I gave Shahla's sewing machine to a friend in need who had it cleaned and repaired. When the wife of the repairman heard that my friend was donating Barbie dolls to Toys for Tots, she offered to make them little outfits on my friend's sewing machine.

So, thanks to Sunny's generosity, my friend has a sewing machine and needy children have custom-made clothes for their Christmas Barbies! Thanks so much, Sunny!

*Judy King*



## Directory of Staff, Board, Committee Chairs & Affiliates

### STAFF

• <b>Minister</b>	
Rev. Gail Tapscott.....	954-288-4245
• <b>Office Administrator</b>	
Sandra Walker.....	954-484-6734
• <b>Director of Religious Education</b>	
Susan Dirgins-Friend.....	954-424-1910
• <b>Music Director</b>	
Dorothy Muise.....	954-731-8790
• <b>Choir Director</b>	
David Fisher .....	954-567-2677

### BOARD OF TRUSTEES

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Mara Newman.....	954-492-1005
• <b>Secretary</b>	
Judy Knopp .....	954-563-8529
• <b>Treasurer</b>	
Bill Cox.....	954-730-7763

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Betty Highton.....	954-484-6313
Douglas Paul.....	646-256-1421
Colette Saucier .....	954-240-3759
Myra Symons-Kazanci .....	954-779-2240
Melanie Taffel.....	954-298-9827

### COMMITTEE CHAIRS

<b>Building &amp; Grounds</b>	
Steve Lange.....	954-257-9262
<b>Stewardship (aka Canvass)</b>	
Myra Symons-Kazanci .....	954-779-2240
<b>Community Outreach</b>	
Empty Bowls Project	
Colette Saucier .....	954-240-3759
SHARE Florida Food Network	
Laura Lange.....	954-584-2499
Cooperative Feeding Program	
Rev. Gail Tapscott.....	954-288-4245
Coalition to End Homelessness	
Nicole Shulman.....	954-942-0394

### Webmaster

Kip Barkley.....	954-784-8307
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### Printed Newsletter – The JOURNEY and Email Newsletter - The cUUrrious cUUrrier

Gary Ladka.....	954-969-7221
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### Caring Committee

Molly Lesnick .....	954-587-9552
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### Library

Joe DeAngelis.....	954-973-1337
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### Finance

Douglas Paul.....	954-331-5025
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### Building Usage

Sandra Walker.....	954-484-6734
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### Human Resources

Mara Newman.....	954-492-1005
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### Labyrinth Café Concerts

Susan Moss .....	954-433-2372
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### Membership

Mary Bardis .....	954-298-9779
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### Ministry

Kathleen Rhoad.....	954-627-2665
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### Nominating

Monica Pavlik.....	954-530-5844
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### Religious Education

Laura Lange.....	954-584-2499
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### Sunday Services

Susan Moss .....	954-433-2372
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### Ways & Means

Virginia Anderson.....	954-975-4686
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### ASSOCIATE & AFFILIATE GROUPS

#### • CUUPS

Kip Barkley .....	954-784-8307
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#### • Endowment

Dot Muise .....	954-731-8790
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#### • Interweave

Douglas Paul.....	646-256-1421
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#### • Southeast UU Cluster

David Armstrong.....	954-730-7763
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#### • UU Service Committee

Noralee Traylor.....	954-776-4226
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Unitarian  
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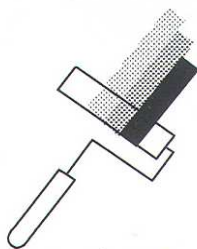
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### January Birthdays

Colette Saucier 1/4  
Valerie Heller 1/7  
Dorothy {Dot} Muise 1/9  
Cam Enright 1/10  
Alex Kurjiaka 1/18  
Zoe Kurjiaka 1/18  
Charles {Cooper} Donelson 1/20  
Nicole Shulman 1/21  
Lisa Mohan-Holstein 1/28  
Elaine Elle 1/29  
Gary Ladka 1/30  
Gloria Stein 1/30



*If you would like to see your birthday announced here and in the cUUrious cUUrier email newsletter, please contact Sandy in the office to make sure we have your updated information in the computer*

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### Remember the Hungry People Around Us

Please continue to fill  
the Food Baskets at the  
church with  
non-perishables for the  
Cooperative Feeding  
Program.



Learn more about the CFP and other  
ways you can help.

Visit [www.feedbroward.org](http://www.feedbroward.org)  
or call (954) 792-2328

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 <h1>January Calendar</h1>					<b>1</b> <b>Happy New Year</b>	<b>2</b> •8:00am—Cooperative Feeding Program Workday (See page 7)
<b>3</b> •9:30am-UU Sisterhood •12:45pm — Sunday Enrichment Program Budget Workshop (see page 2)	<b>4</b> •7:30pm - Peaceful Meditation	<b>5</b> •10:30am - Chair Yoga with Lois •7:00pm—Choir Rehearsal	<b>6</b> •6:00pm - Bingo (calling at 7) •6:00pm — Yoga with Valen •7:00pm - Knitting Class with Melanie	<b>7</b> 7:30 pm CUUPS	<b>8</b> 7:30pm - Drum Circle	<b>9</b> •8:00am - Building & Grounds Workday •7:30pm Labyrinth Café (see page 6)
<b>10</b> •Journey Submission Deadline •9:30am Music Committee •12:45pm—Sunday Enrichment Program Calendar Update (see page 2)	<b>11</b> •7:00pm - Board Meeting	<b>12</b> •10:30am - Chair Yoga with Lois •7:00pm—Choir Rehearsal	<b>13</b> Share Florida Order Deadline •6:00pm - Bingo (calling at 7) •6:00pm — Yoga with Valen •7:00pm - Knitting Class with Melanie	<b>14</b> 7:30 pm CUUPS	<b>15</b>	<b>16</b>
<b>17</b> •9:30am-UU Sisterhood •9:30am—RE Committee •12:45pm—Sunday Enrichment Program Annual Budget Meeting (see page 2)	<b>18</b> •7:30pm—Sunday Services Committee •7:30pm—Peaceful Meditation	<b>19</b> •10:30am - Chair Yoga with Lois •7:00pm—Choir Rehearsal	<b>20</b> •6:00pm - Bingo (calling at 7) •6:00pm — Yoga with Valen •7:00pm - Knitting Class with Melanie	<b>21</b> 7:30 pm CUUPS	<b>22</b>	<b>23</b> 7:00pm—Imbolc Celebration
<b>24</b> •1:00pm—Sunday Enrichment Program Book Discussion (see page 2)	<b>25</b>	<b>26</b> •10:30am - Chair Yoga with Lois •7:00pm—Choir Rehearsal	<b>27</b> •6:00pm - Bingo (calling at 7) •6:00pm — Yoga with Valen •7:00pm - Knitting Class with Melanie	<b>28</b> 7:30 pm CUUPS	<b>29</b>	<b>30</b> •9:30am—Share Florida Food Pickup
<b>31</b> 1:00pm—Sunday Enrichment Program The Passion Test Workshop (see page 2)	Every Sunday : 11:00 AM- Church Service and Children's Religious Education	Visit our on line calendar for late-breaking events <a href="http://www.uucfl.org">www.uucfl.org</a> and click "Coming Activities"	Religious Education Events See special calendar on the RE page 4			

# Unitarian Universalist

Church of Ft. Lauderdale

3970 NW 21st Avenue  
Oakland Park, FL 33309

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Fax: 954-484-6778

E-mail: [uucfl@aol.com](mailto:uucfl@aol.com)

Website: [www.uucfl.org](http://www.uucfl.org)

Sundays Service & Children's  
at 11 am: Religious Education

## The JOURNEY



**Sunday Morning Services at 11 am**

**JANUARY 2010**

### **January 3- How Accepting? How Supportive?-**

In this first service of the new year, Rev. Gail will examine some of the underpinnings of Unitarian Universalists' self understanding and ask how well we are really doing at living up to some of our most cherished ideas.

### **January 10 – The Embodied and Purposeful**

**Church-** Drawing on two very different books about the life of religious communities and the reasons for their existence in the first place, Rev. Gail will attempt to light a fire under those of you who have so far been a bit passive about your involvement in our congregation. At the same time she will encourage some of you who may be overcommitted to explore a different aspect of service to the congregation than the areas you are most comfortable with currently.

### **January 17- Living in the World House: MLK Beyond Civil Rights-**

In the years before his tragic and untimely death Martin Luther King had begun thinking much more cosmically about the world and solutions to its many challenges. His concept of the World House could not be more up to date or timely. It may yet prove to be the concept that really gets us all to the top of that mountain.

### **January 24- Musical History of Social Justice**

by Rev. Dr. Eugene Navias. It covers the history from 1776 to 1979. Some of the songs will be familiar, particularly those by Carolyn McDade which you have heard and sung before. Dr. Navias ties it all together with stories to tell how UUs have been involved in social justice development through the years.

### **January 31- Manifesting Your Heart's Desires-**

Elaine Silver who has the voice of an angel and is often called Faerie Elaine will share songs and a message of optimism and creativity. Elaine will also be doing a workshop after service and lunch, which will be our Sunday Enrichment program for the day.

**February 7- Food And Faith-** Food as sacrament, as possessing sacred character or mysterious significance, or used as an oath or solemn pledge, is offered in most, if not all, the world's religions. Food plays a big part in the life of UUCFL. Student Minister, Jan Taddeo will ask the question "what does the Unitarian Universalist tradition teach us and how does it guide us in our relationship with food."

