

# The JOURNEY

The Monthly Newsletter of the Unitarian Universalist Church of Fort Lauderdale

**February 2017**  
**Volume 59, Number 2**

## In This Issue

President's Message.....	2
Rev. Susan's Space.....	3
Religious Education News.....	4
Directory.....	9
Calendar.....	11
Sunday Services.....	Back Cover

**March 2017 Issue**  
**Deadline**

**Sunday, February 12, 2017**

Submit articles to:

**submission@uucfl.org**

### Editors

Valerie Heller

Gary Ladka

New visitors receive **The Journey**  
upon request.

To continue receiving our newsletter,  
please call the office.

Enjoy and Print **The Journey** in Full Color  
at [www.uucfl.org](http://www.uucfl.org)

A Center for  
Liberal Religious Thought  
and Social Action in  
Fort Lauderdale

**Unitarian  
Universalist**  
Church of Ft. Lauderdale

3970 NW 21st Avenue  
Oakland Park, Florida 33309  
954-484-6734  
[www.uucfl.org](http://www.uucfl.org)

**facebook** | join our group +

\*Established in 1958\*



**UUCFL Visioning Event**  
**"Compassionate Conversation"**  
with Rev. Phil Schulman  
**Saturday February 4 at 3:00pm or**  
**Monday February 6 at 7:00pm**  
See Rev Susan's Article on Page 3

**BOLD Justice**  
**Sunday February 5 at 12:45pm**  
Be BOLD and Go To Page 6



**Second Friday Vespers Service**  
**Friday February 10 at 7:00pm**  
Vanessa Gilyard Presents  
Service Info on Page 5

**UU Southeast Cluster Event**  
**Dialogue: Racism**  
at UU Fellowship of Boca Raton

**Saturday February 11 at 10:00am**  
**and Sunday February 12 at 1:00pm**  
Information on Page 8

**Dialogue: Racism**



**Labyrinth Café Presents**  
**Jennings and Keller and Friction Farm**  
**Saturday February 11 at 7:30pm**  
Concert Info Page 6

**UUCFL All Church Sock-Hop**  
**Saturday February 18 at 7:00pm**  
Hop Over to Page 5

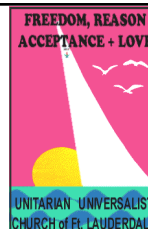


## OFFICIAL NOTICE

Our annual budget meeting will occur on Sunday, February 19th at 12:45pm. Leading up to this meeting will be two budget workshops, on Feb. 5th and 12th also at 12:45pm. All members are encouraged to attend a workshop and the meeting. At the February 19 meeting, in addition to the budget, we will be voting on a merger between our church and the Unitarian Fellowship of South Florida (More information on Page 2)

Unitarian Universalist Church of Ft Lauderdale  
Mission Statement:

To come together as a caring community and sanctuary  
for seekers of spiritual growth, truth, and meaning.



## President's Message



*"I love disagreements. I love the democratic process.  
If I'm in a room where everybody agrees, I start to nod off."* -- Gina McCarthy

There's an old UU joke about congregational democracy in action that goes something like this: Once upon a time, the minister in one of the older New England UU churches was arguing with the church Board. The minister wanted to take a particular course of action, but the Board was dead set against it.

Finally, in exasperation, the minister said, "Look, it isn't just me who wants it this way. This is what God wants!" The skeptical board members were unconvinced so the minister began praying for a sign from God. Immediately, a lightning bolt struck the room and incinerated all the chairs except for the one the minister sat in. No one was harmed. Certain now that his wishes would be followed, the minister said, "Well?" The Board president answered, "You still lose the vote, 9 to 2."

On the 19th of this month, you and I have the opportunity to live our fifth principle (the right of conscience and the use of the democratic process within our congregations and in society at large). We will have two congregational votes: one on our 2017 budget, and one on approving the merger of the UU Fellowship of Hollywood into our church community. As has always been our tradition, members direct how we spend our money, and any decision that affects our community as a whole.

Your Board has been working hard on creating an accurate and realistic budget for you to adopt. If you wish to know more about the budget, there will be two information sessions in the weeks prior to our vote. Make a point to attend one! Also, by now you have heard about the merger with the UU Fellowship. Have questions? Ask! Any Board Member or I am available to tell you more about how this is a win-win proposal for everyone involved. Most importantly, be at the congregational meeting on February 19th at 12:45PM and make your voice heard.

A wise person once said, "Arguing with a Unitarian Universalist is like mud wrestling a pig. Pretty soon you realize the pig likes it." We like to argue, but we like it even more when we speak with one voice...and we need your voice to do that! I always welcome calls to talk about what's on your mind. I can be reached at (954) 296-0089.

**Jim Giblin**



## Our Expanding UU Family - Combining Energies

Dear Members of the UUCFL,

On November 27<sup>th</sup>, 2016, the Unitarian Fellowship of South Florida voted to merge with UUCFL. This decision was made by the small 12-person membership of the Fellowship.

The Fellowship was formed in November of 1961 by Dr. John J. Latini, originally named the North Dade Unitarian Universalist Fellowship which met in North Miami Beach. After a few name changes, we moved to Hollywood and settled on the name Unitarian Fellowship of South Florida in 1973.

The Fellowship has been lay-led since 1999, when the former Minister, Rev. Rel Davis, resigned and relocated with the Peace Corps. Our services have been primarily eclectic in nature with a strong dose of philosophical and earth-based spirituality. Regular classes of Yoga, Drumming & Eclectic Mind Shoppe have been meeting throughout the month.

Starting in January, the Eclectic Mind Shoppe will begin meeting at 1 PM on Sundays in the UUCFL Multi-Purpose room. Yoga and Drumming should begin meeting at the church once the Fellowship building has been sold. Over the past four months, we have been working with Rev. Susan, Pres. Jim Giblin and the Board to bridge the merger with UUCFL. In February, the UUCFL will vote on acceptance of the merger.

Much of the reason this decision has been made is that many of the Fellowship members regularly attend CUUPS on Thursdays. My husband Marty and I took over leadership of this group in June of 2014. After much consideration we decided that it was best to pool our resources and focus on supporting one church vs. splitting our time between the two.

We are looking forward to becoming part of the UUCFL family and getting to know everyone on a more personal level. The Fellowship will be going on hiatus for January and most of our members will be attending UUCFL services to help with getting to know each other.

It's been a long wild ride for some of us, being a small island unto ourselves for the past 17 years.

We are overdue for some serious change. To quote Andy Warhol, "They always say time changes things, but you actually have to change them yourself."

**Love and Butterfly Kisses! Edie McAnulty, President of The Unitarian Fellowship of South Florida**



## Rev. Susan's Space

A very diverse group of nineteen members and friends gathered at two meetings in January to seek a set of shared values upon which we can build the new vision and strategic plan for UUCFL. Every small group was represented along with every committee and the board. There were newcomers and people with almost two decades of membership, native Floridians and immigrants from other countries, young and older, differently-abled persons and athletes, and every religious persuasion. The conversations were deep. The reflection was sensitive and visionary.



In the end, a consensus was built around four shared values: Compassion, Connectedness, Conscientious Choice and Transcendence. We explored sympathy, empathy and love to reach "Compassion." We spoke of "Connectedness" to one another, to all others, to nature, to that which is greater than us, to our past and to our future. We shared experiences of the point of decision between the road less traveled and our joy at discovering that life is full of unimagined options. We tempered that sense of unlimited "Choice" with the responsibility encouraged by the better angels of "Conscience." We evoked moments of awe and wonder and the certainty of something larger than ourselves to acknowledge the experience of "Transcendence" which seems to be universal. I was certainly struck by how these four values encapsulate so much of the verbosity contained in our UUA Principles and Purposes.

These are a rich foundation upon which to build a new vision and a strategic plan, but what do we mean when we speak these grand words? That is the question. This spring, we will be doing lots of exercises – in person and through social media – to more clearly understand what these high values mean to us in our current situation. Truthfully, this is the lifelong work of the religious community – to explore the intersection between their deepest values, the gathered community and the world that surrounds us. We sing songs, perform rituals, celebrate holidays, write covenants and discuss teaching stories and sacred texts to learn more about the essence and application of the values we hold most dear.

I hope you will contribute where you can in our gathering understanding of what Compassion, Connectedness, Conscientious Choice and Transcendence mean to us here and now.

We will need writers, artists, dreamers and creators to help us interpret all of our talk into bumper stickers, tote bags and sacred artifacts, but it is the journey that will be the greatest reward.

Our next UUCFL Visioning Event is "Compassionate Conversation" with Rev. Phil Schulman.

Please plan to attend either on Saturday February 4 at 3:00pm or Monday February 6 at 7:00pm.

Blessings,

*Rev. Susan*

## Unitarian Universalist Association Creates 'Declaration of Conscience'



At this extraordinary time in our nation's history, we are called to affirm our profound commitment to the fundamental principles of justice, equity and compassion, to truth and core values of American society.

In the face of looming threats to immigrants, Muslims, people of color, and the LGBTQ community and the rise of hate speech, harassment and hate crimes, we affirm our belief in the inherent worth and dignity of every person.

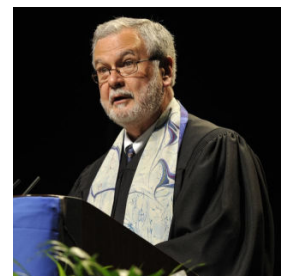
In opposition to any steps to undermine the right of every citizen to vote or to turn back advances in access to health care and reproductive rights, we affirm our commitment to justice and compassion in human relations.

And against actions to weaken or eliminate initiatives to address the threat of climate change - actions that would threaten not only our country but the entire planet - we affirm our unyielding commitment to protect the interdependent web of all existence.

We will oppose any and all unjust government actions to deport, register, discriminate, or despoil.

As people of conscience, we declare our commitment to translate our values into action as we stand on the side of love with the most vulnerable among us.

We welcome and invite all to join in this commitment for justice. The time is now. Please visit [UUA.org](http://UUA.org) to read and sign the Declaration.



*Rev. Peter Morales - UUA President*



**Director of Religious Education (DRE) - Susan Dirgins-Friend**  
**Phone (954) 424-1910**  
**Email [tiredmomofbob@aol.com](mailto:tiredmomofbob@aol.com)**



We have had beautiful weather, and since winter is Florida gardening time, our RE kids, along with my ever-helpful and lovely daughter Savannah, planted our little garden out in the playground. They put in cherry tomatoes and zucchini, as well as some lovely bright yellow marigolds. They also put in some draught resistant (hopefully) succulents in the little planters for out in front of the church. Families are crazy busy these days, and planting a garden, watching the little flowers turn into tiny tomatoes and zucchini, is not something most have time for. That is one reason we garden at church with our children. It is important for them to stick their hands into the soil, see the worms squirm as they dig, carefully put the tiny plants into the holes, water carefully and then watch the progress as things grow, ripen, get eaten by our resident bugs and our friends the raccoons, and if things go well, even by the kids!! We also garden as a way of presenting our 7th Principle, caring for our earth of which we are all a part. We try to be organic and show the kids that food is something that comes from the earth, and that because we all want to have good food to eat, it is especially important to take care of our home. We also want our kids to realize that it takes work to make food grow, so hopefully they will consider the farmer and be grateful for her or his contribution to our society. That sounds a bit cerebral, but, if you talk to children who have spent time growing things, whether it was wildly successful or not, they have a good idea that fresh fruits and vegetables come from the ground, and that food does not just come out of a package or box. So, as you hang around church in the next couple of months, take a walk into the back and see what the kids have done and let them know you care too. Our planet is amazing, and we all are blessed by its abundance.

Love and blessings,  
***DRE Susan***



### February Children's Calendar

Sunday February 5, 11AM  
 Super Sunday!!

Sunday February 12, 11AM  
 Love, Love, Love

Sunday February 19, 11AM  
 Presidential Lesson

Sunday February 26, 11AM  
 Sunday Fun Day!!

**Lifenet 4 Families/Cooperative Feeding Program**

Lifenet4Families  
Cooperative Feeding Program

Thank you to all the folks who are bringing items for the food pantry. We are looking for some volunteers who can take the collected food to the Cooperative Feeding Program facility. It is located at 1 NW 33rd Terrace, in Lauderdale, on the corner of Broward Blvd. and 33rd Terrace. The collection needs to be taken about once a month, sometimes more often if there is an especially large collection. The pantry is

open to accept the food Monday- Friday 10-3, and Saturday 10-11. This is a great volunteer opportunity for someone who does not have a lot of time; just pick up the food on Sunday after church, and take it by sometime during the week when it is convenient.

We will no longer be participating with River of Grass on the second Saturday in the food pantry as there has not been interest from our members in this activity. If you are interested in volunteering you can contact Lifenet yourself directly. If you can help with the delivery of the food to Lifenet, please contact me.

DRE Susan (954) 424-1910 tiredmomofbob@aol.com

**Susan Friend**

**And Now, An Announcement on Announcements**

Please bring your Sunday announcements to the pulpit prior to the start of service. Also please be reminded to respect our Joys and Concerns time as one for personal sharing and not announcements or political statements.



**The Editors**

**Second Friday Vespers Service**

Love, Love Love is in the Air! Valentine's Day is around the corner on Friday February 12. The Vespers Service will rejoice the spirit of love with Vanessa Gilyard in the Multipurpose Room.

There will be poetry and respectable love songs from the 60s, 70s, 80s, 90s and 2000s which will celebrate the day for lovers along with food and refreshments.

Vespers is a service that combines readings, music and silence in a short (45 min) format, in a small, cozy space, with no announcements, and finishes with refreshments, such as sparkling water, wine and cheese.

Please come out to end your week or start your weekend with a lift!! Our Vespers services are led by a variety of congregational lay leaders and occasionally our own Rev Susan Smith and we always love to see our snowbird friends and other visitors.

Info or questions, DRE Susan  
tiredmomofbob@aol.com (954) 424-1910

**Susan Friend**

**Let It Be a Dance!! - All Church Sock Hop/Pot Luck - Saturday February 18 at 7:00pm**

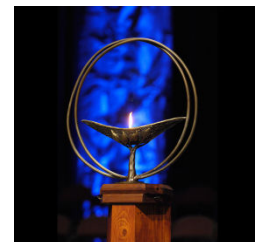
Party Time at UUCFL. We will put on our dancing shoes and break in the new floor in the sanctuary. There will be music of all styles provided by resident DJ Gary Ladka with some games and surprises. Suggested Donation is \$10 plus we ask that you bring a potluck dish. Under 18 are free with adult. Get ready for a great time with your family and your church family 7pm - 10pm. Be there or be square.

**UUCFL Party Team**

**The Seven Principles of Unitarian Universalists**

There are seven principles which Unitarian Universalist congregations affirm and promote:

- The inherent worth and dignity of every person;
- Justice, equity and compassion in human relations;
- Acceptance of one another and encouragement to spiritual growth in our congregations;
- A free and responsible search for truth and meaning;
- The right of conscience and the use of the democratic process within our congregations and in society at large;
- The goal of world community with peace, liberty, and justice for all;
- Respect for the interdependent web of all existence of which we are a part.



## Labyrinth Café Concerts Presents Jennings & Keller and Friction Farm

### Saturday February 10 at 7:30pm



Jennings & Keller is Laurie Jennings Oudin and Dana Keller, an acoustic duo based out of Miami, Florida. They bring a wealth of experience to their collaboration, from the Broadway musicals of New York to the honky-tonks of West Texas. Their music is called "Fusion Folk Americana" - a blend of many different elements that comes from their vast and wide-ranging musical backgrounds. Laurie Jennings Oudin is well-known as the former proprietress of The Main Street Cafe, which was viewed across the country as the premier acoustic music venue in Florida. A former Shakespearean actress, Laurie has been a singer and songwriter for many years. Since the cafe's close in June

2006, she has been devoting her time to her musical career with Dana Keller, a veteran pedal steel, dobro, and guitar player who has spent years performing on stage or in the studio with such luminaries as Vince Gill, Ricky Skaggs, Stevie Wonder, Larry Graham, Marvin Gaye, Dave Mason, Johnny Rodriguez and The Allen Brothers, to name a few. The synergy created from these two diverse talents is not easy to define, but will leave a lasting impression on all who listen.

Modern folk duo Friction Farm (guitarist/vocalist Aidan Quinn and bassist/vocalist Christine Stay) combines storytelling, social commentary and humor to create songs of everyday life, local heroes and quirky observations. Blending country, folk and pop into a seamless package, they bring a rare freshness and spontaneity to the stage. Their new CD "I Read Your Book" features songs each inspired by a different book. Friction Farm's previous recordings earned them a spot as Kerrville New Folk Finalists and Falcon Ridge Emerging Artists in 2011. From ballads to anthems, each song is filled with harmony and hope. Miami New Times describes them as "melodious and infectious folk nuggets that couple pretty harmonies with a contemplative simplicity."



Reservations requested but not required:

Contact Susan at OzWoman321@aol.com or 954- 478-8637

\$20 at the door, plus non-perishable item for our local Cooperative Feeding Program (canned meats, beans, fruits, vegetables, peanut butter, dried milk, pasta, rice, cereal, baby food and baby formula);

Advance Reservations: \$17, checks received in the UU church office no later than Wednesday before Saturday show (or call or e-mail Susan at the contact info above):

UU Church of Ft Lauderdale ATTN: Labyrinth Café 3970 NW 21st Ave. Ft. Lauderdale, FL 33309

Please consider purchasing our Season Pass which includes admission to all remaining shows, as well as premium reserved seating and a Labyrinth Cafe Tshirt (designed and printed by Virginia and Erik, Labyrinth Café volunteers). It's a wonderful way to support the UU church, our performers and the continuation of live, original music!

Please visit [www.labyrinthcafe.com](http://www.labyrinthcafe.com) for further details and the artists' websites, and our Facebook page to give us a thumbs-up, which will then keep you informed of upcoming concerts. Can't wait for you all to join us once again for song and camaraderie!

***Susan Moss Coordinator - Labyrinth Cafe Concert Series***

## BOLD Justice Upcoming Events

Hello, my name is Marie Turner. I am very happy to be a part of BOLD Justice, the community organizing network of congregations which includes UUCFL. I hope through my excitement about the need to do justice in our community I may help to inspire everyone to feel the same.



We will be having a Justice Network meeting for everyone who wants to learn more about this work at UUCFL on Sunday, February 5th after services at 1 pm in the Sanctuary.

There will be a wonderful lunch served that day by our amazing chef Rick (and his equally amazing partner Nelson).

We will hear testimonials from other excited Justice Network members, watch film clips that reflect the issues we are working on (youth justice, mental illness, elder care) and share information with you about how your participation helps get the issues to the forefront. All are welcome to attend.

We'll also be having a Justice Network Movie Night/Pizza Party at UUCFL on March 25. Other upcoming Justice Network events include the BOLD Justice Rally Feb. 28 where we receive reports from our research taskforces and the Nehemiah Action Mar. 27 where we gather in numbers to promote our agenda with local and state elected and hired officials.

Please join us and be a part of something bigger than yourself.

***Marie Turner - BOLD Justice***

### Coming CUUPS Events

In February, we have to Sabbats. We must make do with our Thursday Evening Study Groups. Yes, this month does include Valentine's Day. Do you need help with a Love Spell? How about a Banishing? Ask your nearest Witchiepoo in her pink pointed hat. We don't come out just on Halloween.

February 2: "Making Mini Travel Altars" by Birch. You really can get all of your magickal stuff through airport security.

February 9: "Magick of Multiples" by Kiki Attonito. Kiki will share with us how the practice of being a polyamorist can enrich lives magically. She will teach us body movement exercises that can help you be more loving to yourself, friends, and lovers.

February 16: "Tarot on the Tree of Life." Topic: Divination Through Association: We are all wondering just what the future holds.

February 23: "Introduction to Chaos Magick" by Moonday. Do you think your life is in disarray? Maybe not!

Bring healthy snacks to share. \$2 donation.

*--Kip, Resident Pagan  
With Blessings, Edie & Marty McNulty - CUUPS Facilitators  
TheMoonPath Chapter of CUUPS*



### Stay For Eclectic Mind Shoppe at UUCFL on Sundays After Service



Every Sunday we hold various classes that are collectively known as the Eclectic Mind Shoppe. Each month we choose a different topic & a different leader. These topics are chosen at the Team Spirit meetings. All workshops will be held at 1:00pm in the Multi-Purpose Room. There is a \$5 suggested donation.

*Eclectic Mind Shoppe*

### Sivananda Yoga Classes Offered - Mondays at UUCFL

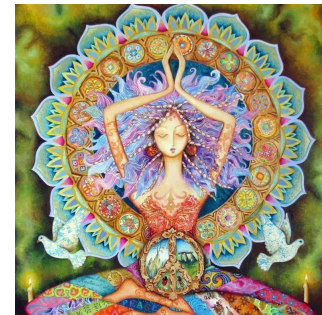
We are offering a Sivananda All-Levels Yoga Class on Monday nights from 6:30pm to 8:30pm in the Multi-Purpose Room.

This class is a form of Hatha Yoga, which will include breath work, asanas, relaxation and guided meditation. This is gentle class and can be modified to accommodate all levels of fitness.

Please bring a yoga mat or large towel and water.

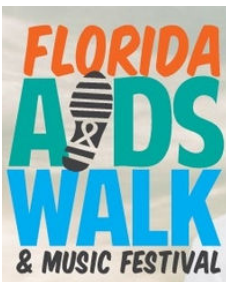
Suggested donation \$10 per class but all are welcome!

For more information please contact me at 561-767-5713 or victoria.abbott23@gmail.com



*Victoria Abbott - Certified Instructor*

### Save the Date HIV/AIDS 5K Walk and Concert - Sunday March 19



HIV/AIDS has been a part of our world for well over thirty years and the HIV crisis is far from over, especially in Florida. Your support has never been more vital to the cause than it is today. Join us on March 19<sup>th</sup> for a 5K walk followed by a concert with DNCE. Find out more about which team you can join or forming your own team by going to [FloridaAIDSWalk.org](http://www.floridaaidswalk.org). We look forward to seeing you there!

<http://www.floridaaidswalk.org>.

Email me for more information at [ebonni@theideainc.com](mailto:ebonni@theideainc.com).

*Ebonni Bryant*

### Floors and More Improvements

How about those new floors?!! UUCFL sanctuary and hallways have a whole new look of "Saddle Brown" polished concrete. These floors will endure much better than the rugs ever did and will see a great improvement in the look and functionality of the church. The congregation also voted on languages to be contained on the new Peace Pole that will be coming to the entry loop outside to be one of the first things people see as they enter the church.

We are also preparing for new front doors and other internal door replacements. A few outdoor improvements are coming around the backyard and playground. Also new audio/visual upgrades will soon add new possibilities to church services and other activities. We look forward to all of the improvements coming our way and we are sure you will too.



*Doug Friend and Gary Ladka—Building and Grounds*

### Dialogue: Racism

Flagrant racism dominated the news during 2016, from the higher rate of black people being killed by police to the heightened awareness of racism in our institutions and structures... think Colin Kaepernick bringing awareness of racism in the national anthem and the political campaigns promoting separatism and hatred. If you want to learn more about the roots of racism and some possibilities for healing the resultant wounds it creates, please plan to attend the workshop hosted by Healing Justice of The Unitarian Universalist Fellowship of Boca Raton (UUFBR).

Workshop Title: **Dialogue: Racism**

Presenters: Cherry Steinwender and Lucy McLaughlin from the Houston-based Center for the Healing of Racism. To learn more about this organization and these outstanding presenters go to [www.centerhealingracism.org](http://www.centerhealingracism.org)

Topics include: ·History of racism and how it continues to flourish

- Unaware racism
- White privilege
- Stereotypes
- Cultural racism
- Internalized racism
- Institutional racism
- Putting knowledge into action

## Dialogue: Racism

Time: Saturday, February 11, 2017 (10:00 AM to 5:00 PM) and Sunday, February 12 (1:00 PM to 5:00 PM).  
Place: Unitarian Universalist Fellowship of Boca Raton (UUFBR),  
2601 St. Andrews Boulevard, Boca Raton, FL 33434.

Cost: \$25 for lunch (Saturday) and refreshments (both days).

To register: Call 561-482-2001 Monday-Thursday 9 AM to 1 PM before January 29, 2017. Registration limited to the first 50 people to sign up.

Funding for the workshop is provided by the UUFBR Endowment Committee.  
Flyer online at <http://uufloida.org/Dialogue-Racism2017.pdf>

--*Steve Jens-Rochow*

## Directory of Staff, Board, Committee Chairs & Affiliates

### **STAFF**

#### • Minister

Rev. Susan M. Smith.....318-550-8462

#### • Director of Religious Education

Susan Dirgins-Friend.....954-424-1910

#### • Music/Choir Director

Mark Henschel.....954-536-5220

### **BOARD OF TRUSTEES**

#### •President

Jim Giblin.....954-296-0089

#### Past President

Dave Griswold.....786-389-9575

#### •President Elect

Sandy Lange.....954-401-5675

#### •Treasurer

Donna Gutierrez.....971-267-9165

#### • Secretary

Colleen Coburn.....305-409-7340

### **Trustees**

Betty Brantley.....954-536-5754

Nelson Lamis.....305-742-9524

### **COMMITTEE CHAIRS**

#### **Building & Grounds**

Doug Friend.....954-424-1910

Gary Ladka.....954-650-3728

#### **Aesthetics**

Janet Logan

#### **Stewardship**

Kathy Ervolina.....813-312-3292

#### **Community Outreach**

##### **Social Justice**

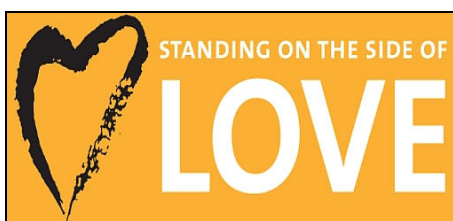
##### **BOLD Justice**

Betty Brantley.....954-536-5754

Marie Turner.....954-850-4889

##### **Cooperative Feeding Program**

Susan Dirgins-Friend.....954-424-1910



### **Online Calendar**

Kip Barkley.....954-784-8307

### **Printed Newsletter – The JOURNEY**

Valerie Heller.....954-663-3859

Gary Ladka.....954-650-3728

### **Webmaster/Email Newsletter**

Gary Ladka.....954-650-3728

### **Caring Committee**

Douglas Paul.....954-739-8879

### **Library**

Molly St. Cavish .....954-752-5717

### **Finance**

OPEN

### **Building Usage**

Dave Griswold.....786-389-9575

### **Labyrinth Café Concerts**

Susan Moss.....954-478-8637

### **Welcoming/Membership**

Jim Giblin.....954-296-0089

### **Ministry**

Claire Mostel.....786-512-5180

### **Nominating**

Jerry Waltz .....954-527-5275

### **Religious Education**

Michael Coburn.....305-409-7340

### **Sunday Services**

Opal Murray.....770-265-6242

### **Wisdom and Enlightenment Series**

Opal Murray.....770-265-6242

### **ASSOCIATE & AFFILIATE GROUPS**

#### • CUUPS

Edie and Marty McNulty.....954-294-4757

#### • Endowment

Doug Friend.....954-424-1910

#### • UU Service Committee

Michael Coburn.....305-409-7340



### Building Usage Scheduling

With all of the activities going on in the building, especially with all of the exciting new things coming along, it will be very important to keep a close look at the calendar to make sure we have room for all events and renters that we



have, and to have scheduling conflicts kept to a minimum. Please email me at [dgriswold2001@hotmail.com](mailto:dgriswold2001@hotmail.com) with any inquiries or to schedule an event at the church. Thank you.

**Dave Griswold**

Unitarian  
Universalist  
Church of Ft. Lauderdale

**BLACK LIVES MATTER**

END CORPORATE RULE. LEGALIZE DEMOCRACY.

**MOVE TO AMEND**

**BOLD Justice**  
{Broward Organized Leaders Doing Justice}

### Expand Your UU Horizons

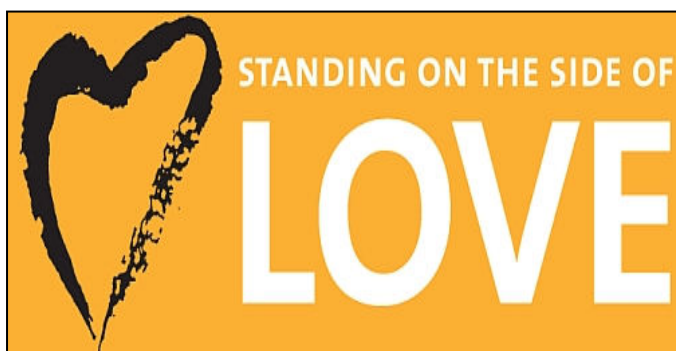
Learn more and how you can become more involved beyond our walls

**UU Association** - [uua.org](http://uua.org)

**UU Southern Region** - [seduua.org](http://seduua.org)

**UU Southeast Cluster** -

[facebook.com/UUFloridaSoutheastCluster](https://facebook.com/UUFloridaSoutheastCluster)



### Remember the Hungry People Around Us

Please continue to fill the Food Baskets at the church with non-perishables for the LifeNet for Families | Cooperative Feeding Program.

Learn more about the CFP and other ways you can help.

Visit [www.lifenet4families.org](http://www.lifenet4families.org)



### February Birthdays

CLAIRE MOSTEL 2/1  
VICTOR GARLOCK 2/12  
JUDY KING 2/12  
RALPH SLAVIN 2/14  
ERIC GRISWOLD 2/21  
JOSEPH DEANGELIS 2/23  
KARL KAUFFMAN 2/24  
PETER LANGE 2/25



Please Patronize and refer the above Friends and Members of the Church as they support the us with their advertising. Make sure you tell them you saw their ad in The Journey.

If you would like to see your birthday announced here and in the cUUrious cUUrier email newsletter, please contact the office to make sure we have your updated information in the computer

Sun

Mon

Tue

Wed

Thu

Fri

Sat

**Unitarian  
Universalist**  
Church of Ft. Lauderdale

# February Calendar



Every Sunday : 11:00 AM- Church Service and Children's Religious Education		Visit our on line calendar for late-breaking events <a href="http://www.uucfl.org">www.uucfl.org</a> and click "Coming Activities"	Religious Education Events See special calendar on the RE page 4	1 •6:30pm - Choir Rehearsal	2 •7:00pm Mens Group •7:30 pm CUUPS	3	4 •3:00pm - UUCFL Visioning Event - "Compassionate Conversation" with Rev. Phil Schulman See Rev Susan Article Pg 3
<b>5</b> •9:30am- UU Sisterhood •11:00am - Sunday Service •12:45pm - Budget Workshop •1:00pm - Eclectic Mind Shoppe	<b>6</b> •6:30pm - Sivananda Yoga with Victoria •7:00pm - UUCFL Visioning Event - "Compassionate Conversation" with Rev. Phil Schulman See Rev Susan Article Pg 3	<b>7</b>		<b>8</b> •6:30pm - Choir Rehearsal	<b>9</b> •7:00pm Mens Group •7:30 pm CUUPS	<b>10</b> •7:00pm Second Friday Vespers Service (See page 5)	<b>11</b> •10:00am - Dialogue: Racism at UU Boca (See Page 8) •7:30pm Labyrinth Café Concert (See page 6)
<b>12</b> •Journey Article Submission Deadline •12:45pm - Budget Workshop •1:00am - Sunday Service •1:00pm - Eclectic Mind Shoppe •1:00pm - Dialogue: Racism at UU Boca (See Page 8)	<b>13</b> •6:30pm - Sivananda Yoga with Victoria •7:00pm - Board Meeting	<b>14</b> •7:00pm - Sunday Services Committee		<b>15</b>	<b>16</b> •7:00pm Mens Group •7:30 pm CUUPS	<b>17</b>	<b>18</b> •7:00pm - UUCFL All Church Sock Hop (See Page 5)
<b>19</b> •9:30am- UU Sisterhood •11:00am - Sunday Service •12:30pm - Fellowship Lunch Day •12:45pm - Annual Budget Mtg •1:00pm - Eclectic Mind Shoppe	<b>20</b> •6:30pm - Sivananda Yoga with Victoria	<b>21</b>		<b>22</b>	<b>23</b> •7:00pm Mens Group •7:30 pm CUUPS	<b>24</b>	<b>25</b>
<b>26</b> •11:00am - Sunday Service •1:00pm - Eclectic Mind Shoppe	<b>27</b> •6:30pm - Sivananda Yoga with Victoria	<b>28</b>					



GANDHI-KING-GYATSO

SEASON FOR NONVIOLENCE

"Carry the Vision"

January 30 - April 4



# Unitarian Universalist

Church of Ft. Lauderdale

3970 NW 21st Avenue  
Oakland Park, Florida 33309

Minister: Rev. Susan M. Smith

Office Phone: 954-484-6734

Minister Phone: 318-550-8462

E-mail: [uucfl@aol.com](mailto:uucfl@aol.com)

Website: [www.uucfl.org](http://www.uucfl.org)

Sundays Service & Children's  
at 11 am: Religious Education

## The JOURNEY



### Sunday Morning Services at 11 am

### FEBRUARY 2017

**Sunday, February 5 – "Now More Than Ever: Liberal Religion" by the Rev. Phil Schulman.** Rev. Schulman is a highly-trained facilitator of Compassionate Conversations using the principles of Nonviolent Communication. He will be leading Listening Circles on Saturday and Monday, but on Sunday, he'll share with us the compelling reasons why our Unitarian Universalist faith is so badly needed at this time. The Season for Nonviolence ([www.agnt.org](http://www.agnt.org)) continues focusing on our 2<sup>nd</sup> Principle: "Justice, equity, and compassion in human relations." Lunch will be served and a special program on our work with BOLD Justice will follow.

**Sunday, February 12 – "Peacemakers: Building a Just Foreign Policy" by Medea Benjamin.** Ms. Benjamin, co-founder of the women-led peace group CODEPINK, will speak about the US involvement in wars and violence overseas, from Syria and Iraq to Yemen and Afghanistan. She will talk about her new book on the toxic nature of the US ties with Saudi Arabia, how the weapons industry pushes sales to repressive regimes, and what we can do about it.

**Sunday, February 19 – "Peace in the Mind" by the Rev. Susan M. Smith.** As we observe the Season for Nonviolence during February and March and focus on our 2<sup>nd</sup> Principle, Rev. Smith will preach a 2-part series on the application of peacemaking techniques in our private lives and closest relationships. Much of our modern technological society has a negative effect on the functioning of our minds. How shall we gain control over what Buddhists call "Monkey Mind"? What mental attitudes lead the mind away from violence and towards peacemaking? Lunch will be served.

**Sunday, February 26 – "Peace in the Soul" by the Rev. Susan M. Smith.** March 1 is Ash Wednesday, beginning the Christian observance of Lent. Meditation, ritual, fasting, prayer and worship are all paths to the calm soul that we seek. There are other secular and even surprising ways that people have found to find an equilibrium in their souls that promotes peace in their lives.

