

The JOURNEY

The Monthly Newsletter of the Unitarian Universalist Church of Fort Lauderdale

January 2016
Volume 57, Number 1

In This Issue

President's Message.....	2
Rev. Gail's Space.....	3
Religious Education News.....	4
Directory.....	9
Market Place.	10
Calendar.....	11
Sunday Services.....	Back Cover

February 2016 Issue
Deadline

Sunday, January 10, 2015

Submit articles to:
submission@uucfl.org

Editor

Valerie Heller

New visitors receive **The Journey**
upon request.

To continue receiving our newsletter,
please call the office.

Enjoy and Print **The Journey** in Full Color
at www.uucfl.org/newsletter

A Center for
Liberal Religious Thought
and Social Action in
Fort Lauderdale

**Unitarian
Universalist**
Church of Ft. Lauderdale

3970 NW 21st Avenue
Oakland Park, Florida 33309
954-484-6734
www.uucfl.org

facebook | join our
group +

Established in 1958



LifeNet4Families
Cooperative Feeding Program

LifeNet4Families Workday
Saturday, January 9 at 8:45am

Work your way to Page 4

Labyrinth Café Presents
Jennings & Keller
and
Flagship Romance
Saturday, January 9
at 7:30pm

See Page 6

Mark Your Calendars!
Budget Workshops
January 10 & 17
12:45pm

and

Annual Budget Meeting
Sunday, January 31
12:45pm

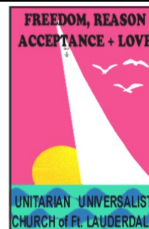
See Page 2

Music Committee Meeting
Sunday, January 24
12:45pm

See Page 8

Unitarian Universalist Church of Ft Lauderdale
Mission Statement:

To come together as a caring community and sanctuary
for seekers of spiritual growth, truth, and meaning.





President's Message

Happy New Year!

The big holiday season is past, and I hope you enjoyed whichever holidays you celebrated, whether all, some, or none (and just enjoyed some extra days off).

As the new year begins, we have some exciting and challenging times ahead for our congregation. There will be a farewell party for Reverend Gail before she leaves, and a new minister to welcome. We will have workshops for the congregation to work on our budget, and a meeting where we will vote on the budget, and possibly more votes on items from the long-range plan.

And your board of trustees will be working to make these things happen, from the large to the small, with help from all our members. Thank you for all your continued support and

commitment to our community from year to year.

Dave Griswold

Yearly budget meeting scheduled for January 31, 2016

Please make sure to attend this important yearly meeting so we can discuss and vote on our budget for 2016. We will also have a proposed change to our bylaws, reducing the size of our board from 10 to 7, with the following retained positions:

President
President Elect
Past President
Treasurer
Secretary
Board Trustee
Board Trustee.

In preparation for this important meeting, there will be two budget workshops on January 10th and 17th after service. Please plan to attend at least one of these workshops to give your input on the budget proposals before voting at the meeting. Please note that there will be no discussion at the meeting but only a vote on which budget to accept.

Rev. Gail's Space

THE TWO-FACE GOD



In the world of Roman mythology the God Janus had two faces in most statutes and pictures and was understood to be the God of Transitions, Gateways, Arches and Changes. Sometimes Janus is depicted as four-faced rather than two-faced, indicating that sometimes things don't easily fall into the clear categories of past and future. William Faulkner always said the past isn't over, it isn't even past. Despite the Buddhist and New Age ideas of the importance of living in the present, we all know that memories of the past and anticipation and/or anxiety about the future are a huge part of what makes us who we are. The problem is when we live too much in our memories of the past or our hopes for the future to be fully able to be engaged with, and enjoy, the present.

I would hate to have my memories erased, even my unpleasant ones as was depicted in a movie of a few years ago called "The Eternal Sunshine of the Spotless Mind," in which a character played by Jim Carrey tried to erase all his recollections of a love affair that ended badly. At the end of the movie he realized that these sad memories were vital to his sense of identity.

One of the things I love about the holiday season and the fresh new year that follow is that it gives me a chance to both reevaluate the past and plan for the future. You might say that, well, the past can't be changed, but while the precise events can't be changed, our perspective on these events can shift over the years.

Likewise, our resolutions or plans for the future are subject to the change of both our own lack of will and the ever-shifting tides of circumstances, but having a map of the future, albeit a flexible one, is always a good idea.

The world seems to be shifting rapidly; the religious landscape is a moving target these days and our own little community is in the midst of losing a lot of familiar faces and welcoming others. I will be transitioning out of UUCFL soon. You will go on to build an unknown future with a yet-to-be-revealed minister and I will go on to a new place and new life. Is it scary? Absolutely. Is it exciting? You bet it is. I am hoping that the Janus image can help us look back with appreciation and look forward with anticipation rather than apprehension.

Blessings for a glorious New Year for us all,

Rev. Gail

Please remember to turn in your 2016 pledge forms!
Forms may be submitted to Jim Giblin or Kathy Ervolina, or may be
mailed to the church office. Didn't receive a form yet? Please
contact office assistant Jeff Hutt at Admin@uucfl.org.



Director of Religious Education (DRE) - Susan Dirgins-Friend
 Phone (954) 424-1910
 Email tiredmomofbob@aol.com



Welcome to 2016, now go home (especially if you are one of those immigrant types, and we all know who I am talking about). I hope that as we move into the New Year, and if you have the bad luck to work with, live near, or be related to someone who thinks this way, you will be brave and disagree.

It is not easy, but as UUs we are called to take the harder road. Doing what is right is sometimes difficult, but we need to be our best selves as we move into 2016. If you have children, whether they are 4 or 40, it is important for them to see you being your best self. Even though your adult children challenge you at every turn, disagree with you and make you feel old and out of it, they still respect, love and listen to what you say and pay attention to what you do. If you have littles, you have even more sway. As things in our country turn more divisive and confrontational, be a voice of love and reason. As you know, I make no bones about having a preference for children. They are the light of our lives and our future. We have a group of super cute kids at our church, but they are not just cute. They think, they challenge me (I had to tell them this very day that I thought I knew more about religious history than they did, but, they kept on arguing their points) and they bring genuine curiosity and fun to my life and our congregation. They are also naturally open to new things, new people, and new ideas (children only learn to fear "the other" from the adults around them). So, remember, teach your children well, and let us move into our New Year with a commitment to try and change the world, even if it is only one cranky co-worker at a time.

Love and blessings,

DRE Susan

January Children's Religious Education Schedule

Sunday January 3, 11AM

Happy New Year

Sunday January 10, 11AM

Principle 3

Sunday January 17, 11 AM

**Martin Luther King Jr.
Lesson**

Sunday January 24, 11AM

Principle 3 continued

Sunday January 31

Principle 3 continued

Lifenet 4 Families/CFP Update

LifeNet4Families
Cooperative Feeding Program

Thank you to all the folks who keep filling the lobby baskets. We always need nonperishable foodstuffs, canned goods, pastas, rice, and, especially, canned protein, such as tuna, beans, meats, and peanut butter. A special thanks to our Labyrinth Cafe attendees for their generous contributions. Our second Saturday workday will be on Saturday January 9th, from 9-11am. Please come out and join our River of Grass friends to work in the pantry, and help feed the food insecure in Broward County. Have fun and help with the increased holiday donations.

Info or questions, DRE Susan
tiredmomofbob@aol.com (954) 424-1910

Committee News

We are pleased to report that our Building and Grounds committee has been revitalized with some new faces:

Gary Ladka, who will chair when his sentence on the Board as Past President has been completed
Jeff Hutt
Molly St.Cavish
Doug Friend (as needed and available)

Additionally, an entirely new committee has been created to address the finer points of our building and grounds' presentation. Keep an eye out for exciting new upgrades to our church home!

Aesthetics Committee:
Janet Logan, chair
Jeff Hutt
Molly St.Cavish
Doug Friend
Susan Moss

Music Notes

Not available at press time.

**Labyrinth Café Concerts Presents
Jennings & Keller
And
Flagship Romance
Saturday, January 9 at 7:30pm**



Jennings & Keller is Laurie Jennings Oudin and Dana Keller, an acoustic duo based out of Miami, Florida. They bring a wealth of experience to their collaboration, from the Broadway musicals of New York to the honky-tonks of West Texas. Their music is called "Fusion Folk Americana" - a blend of many different elements that comes from their vast and wide-ranging musical backgrounds. Laurie Jennings Oudin is well-known as the former proprietress of The Main Street Cafe, which was viewed across the country as the premier acoustic music venue in Florida. A former Shakespearean actress, Laurie has been a singer and songwriter for many years. Since the cafe's close in June 2006, she has been devoting her time to her musical career

with Dana Keller, a veteran pedal steel, dobro, and guitar player who has spent years performing on stage or in the studio with such luminaries as Vince Gill, Ricky Skaggs, Stevie Wonder, Larry Graham, Marvin Gaye, Dave Mason, Johnny Rodriguez and The Allen Brothers, to name a few. The synergy created from these two diverse talents is not easy to define, but will leave a lasting impression on all who listen.

The story of **Flagship Romance** represents more than just an opportunity to hear two individually talented performers using their abilities to create something bigger than themselves. It is an invitation to witness an actual couple with a shared passion and chemistry, doing what they love with whom they love, with a desire to change the world one song at a time. Flagship Romance consists of real-life lovers, singers, and songwriters Shawn Fisher and Jordyn Jackson. To describe their sound, they have coined the term "Harmonic Alternative Folk." Anchored by Fisher's unique guitar playing, Flagship Romance compositions are centered around and feature the couple's unclassifiable vocal blend. In today's music market, where more and more avid listeners are clamoring for something honest and real, Flagship Romance plans to take that honesty, chemistry, and "real-ness" to new heights.



Reservations requested but not required:

Contact Susan at OzWoman321@aol.com or 954-478-8637

\$20 at the door; \$17 advance reservations (checks made out to the performer received in the UU church office no later than Wednesday before Saturday show)...

...plus non-perishable item for our local Cooperative Feeding Program (canned meats, beans, fruits, vegetables, peanut butter, dried milk, pasta, rice, cereal, baby food and baby formula).

Please visit www.labyrinthcafe.com for further details and the artists' websites, and our Facebook page to give us a thumbs-up, which will then keep you informed of upcoming concerts.

Vespers

We had a wonderful Holiday Vespers in December presented by Larry Wilkner. In January, our 2nd Friday Vespers will be on Friday, January 8, and will be presented by Ms. Cam Enright. Our Vespers service is short and contemplative, and features music, readings, poetry and a time for quiet reflection. We finish the evening with a time for fellowship, and our sharing of the wine and the cheese!!



Info or questions, DRE Susan Dirgins-Friend,
tiredmomofbob@aol.com (954) 424-1910

The Bellick family has graciously donated many books to our library, including some great new novels and important additions to our women's section. We are still accepting donations of children's books too.

Molly St. Cavish

TED Talks

TED Talks are short (18 minutes maximum) video talks by people in all areas of knowledge from social to science to art. These speakers are chosen by TED organizers as people who are passionate about the ability of ideas to change the world. We listen to three of these talks and then discuss the ideas. Light refreshments are served.

The TED group meets at church on the third Tuesday of each month at 2pm. We adjourn at 3:30.

Our next meeting is Jan. 19. All are welcome.

For details contact Molly St. Cavish at mstcavish@yahoo.com.

Coming CUUPS Events

On January 30 we celebrate the First Light of Spring and we call it Imbolc. This is a northern tradition, where this time of year it is much darker for much more of the day. Often there is a maiden with burning candles in her hair. We invite special guest High Priestess Sandra Cheryl Richardson.

Kip Barkley
Resident Pagan

MoonPathCUUPS.org

TheMoonPath Chapter of CUUPS



From UUCFL Sunday Services Committee

UUCFL Family, we hear you! At our November meeting, once again, we reviewed the manner in which Joys and Concerns is presented during services. We agreed that dissonance is created when an announcement is made about a need or an event only to be followed by news of a heart-rending loss of a beloved, or vice versa. We hope the following provides a flow that is smoother spiritually and intellectually. Starting January 10, 2016, after the Affirmation of Faith, we propose the following segment:

Community Space (presented in 4 separate parts)

- a) Welcoming of Visitors
- b) Announcements (by the moderator and members)
- c) Sharing Concerns
- d) Sharing Joys

As a result the moderator will start the services with only the Welcome because Announcements will be done later as noted above.

We look forward to this new experience during Sunday Services and hope to hear your thoughts.

Thank you for sharing your joys and concerns about Sunday Services.

Rev. Opal Murray

UUCFL Music Committee Meeting

Please join us to review options and help plan for a vibrant musical future at UUCFL.

We will meet on Sunday, January 24 from 12:45 to 1:45pm in the Sanctuary.

Douglas Paul, UUCFL Music Committee

Directory of Staff, Board, Committee Chairs & Affiliates

STAFF

• Minister

Rev. Gail Tapscott.....954-288-4245

• Director of Religious Education

Susan Dirgins-Friend.....954-424-1910

• Music Director

Dorothy Muise.....954-731-8790

• Choir Director

Susan Dirgins-Friend.....954-424-1910

• Office Assistant

Jeff Hutt.....954-625-9697

Admin@uucfl.org

BOARD OF TRUSTEES

•President

Dave Griswold.....786-389-9575

•Past President

Gary Ladka.....954-650-3728

•President Elect

Jim Giblin.....954-296-0089

•Vice President

Valerie Heller.....954-663-3859

•Treasurer

Donna Gutierrez.....971-267-9165

• Secretary

Molly St. Cavish.....954-752-5717

Trustees

Kathy Ervolina.....813-312-3292

Bill Schoolman.....954-565-6358

Betty Brantley.....954-536-5754

Alexis Blasenheim.....732-841-0790

COMMITTEE CHAIRS

Building & Grounds

Gloria Stein954-578-9454

Stewardship

Victoria Abbott.....561-767-5713

Community Outreach

Social Justice Committee

Linda Gallun

BOLD Justice

Betty Brantley.....954-536-5754

Cooperative Feeding Program

Susan Dirgins-Friend.....954-424-1910

South Florida Interfaith Worker Justice

Rev. Gail Tapscott.....954-288-4245

Webmaster

Gary Ladka.....954-650-3728

Online Calendar

Kip Barkley.....954-829-2193

Printed Newsletter – The JOURNEY

Valerie Heller.....954-663-3859

Email Newsletter - The cUUrious cUUrier

Jeff Hutt.....954-625-9697

Caring Committee

Douglas Paul.....954-739-8879

Library

Molly St. Cavish.....954-752-5717

Finance

OPEN

Building Usage

Rev. Gail Tapscott.....954-288-4245

Labyrinth Café Concerts

Susan Moss.....954-478-8637

Welcoming/Membership

OPEN

Ministry

Ken Beier.....954-336-7412

Nominating

Jerry Waltz954-527-5275

Religious Education

Michael Coburn.....305-409-7340

Sunday Services

Opal Murray770-265-6242

Wisdom and Enlightenment Series

Opal Murray770-265-6242

Aesthetics

Janet Logan

ASSOCIATE & AFFILIATE GROUPS

• CUUPS

Marty & Edie McNulty.....954-559-2816

• Endowment

Doug Friend.....954-424-1910

• Interweave

OPEN

• UU Service Committee

OPEN



The Market Place

**Advertise in
THE JOURNEY
Business Card Sized Ad**

**\$10.00 per month
\$100.00 per year**

Call 954-484-6734

The program is easy and convenient. H&R Block will send the church \$20 for each new client you refer. The more new clients you refer, the more money the church can make!

So distribute the Referral form to your members and friends—even if they don't attend the church.

The program runs between January 1 and the IRS income tax filing deadline (usually April 15) of the current year.

Mention the Church to any H&R Block Agent when you refer someone to make sure UUCFL receives the credit

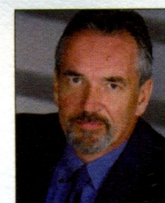


H&R BLOCK
Nonprofit
Referral
Program



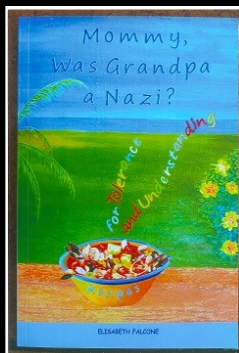
SRL Services, Inc.
Insurance Solutions

Stephen R. Lange
Licensed Independent Agent



(877) 270-7113
srlservicesinc.com
stevelange001@att.net

Life/Health/Annuities
Disability/Long Term Care
Medicare Supplemental Plans



Author Elisabeth Falcone collected true stories that show food connects

people of all cultures.

Recipes included.

Available at all booksellers or at

fla.osprey9@yahoo.com.

PRIME REALTY
SALES & RENTALS

1285 UNIVERSITY DRIVE
CORAL SPRINGS FL 33071

954-548-0218

ABELLICK@HOTMAIL.COM

ARTHUR BELLICK
REALTOR

Your Home Sold or Bought for you at the BEST Price

Remember the Hungry People Around Us

Please continue to fill the Food Baskets at the church with non-perishables for the LifeNet for Families Cooperative Feeding Program.

Learn more about the CFP and other ways you can help.

Visit www.feedbroward.org



Please Patronize and refer the above Friends and Members of the Church as they support the us with their advertising. Make sure you tell them you saw their ad in The Journey.

January Birthdays

Kelly O'Riain 1/2
Valerie Heller 1/7
Dot Muike 1/9
Cam Enright 1/10
Cooper Donelson 1/20
Nicole Shulman 1/21
Lisa Mohan 1/28
Gary Ladka 1/30
Gloria Stein 1/30

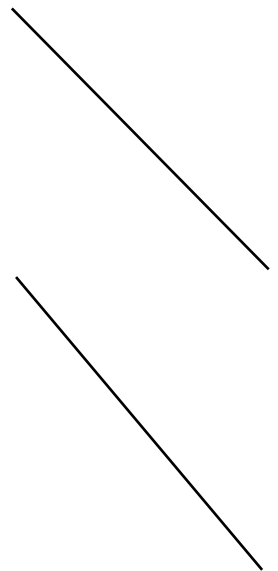


If you would like to see your birthday announced here and in the cUUrrious cUUrrier email newsletter, please contact the office to make sure we have your updated information in the computer

Your resigning editor apologizes for the lack of a calendar. The calendar which was to be provided by the office assistant was not provided by print time, and said resigning editor has been unwilling and unable to continue in a futile struggle with the demons which reside in Microsoft Publisher and maintain their headquarters in the dark and labyrinthine layers of the Journey calendar. In order to salvage what remains of personal sanity and ensure the safety of all innocent bystanders in the near vicinity of said editor (did I mention that said editor is resigning???), the calendar has been eliminated for this month.

I truly apologize for the inconvenience caused by dropping this ball; this large, really large, really really WICKED I-am-talking HUGE ball, but I am unable to continue to function as the publishing editor of the Journey, although I will happily (gleefully, actually) remain as copy editor as needed.

Valerie Heller



Unitarian Universalist

Church of Ft. Lauderdale

3970 NW 21st Avenue
Oakland Park, Florida 33309

Minister: Rev. Gail Tapscott

Phone: 954-484-6734

Minister Phone: 954-288-4245

E-mail: uucfl@aol.com

Website: www.uucfl.org

Sundays at 11 am: Service & Children's
Religious Education

The JOURNEY



Sunday Morning Services at 11 am

JANUARY 2016

January 3- Adventures in UU Land (Real and Virtual)- Rev. Gail Tapscott and friends will share stories, insights and information from the UU world beyond our own four walls. Travel is broadening and learning about what goes on in the diverse worlds of our rapidly changing movement and is needed in a time of dizzying change.

January 10- Mary Poppins and the House Next Door- As long time members know well, the figure of the most famous nanny of all looms large in Rev. Gail Tapscott's psyche and life. In the Mary Poppins books she is always coming and going. In looking at the last of the Mary Poppins books, Rev. Gail will share some totally new lessons from the great cosmic caretaker and teacher.

January 17- World Religions Day- Rev. Gail will focus on the special Unitarian Universalist perspective of how all the widely varied religious traditions can play a part in the worldview that each of us needs to create for themselves.

January 24- We were told stories of Homer's Odyssey; Moses going to the top of the mountain; Jesus living in the wilderness; Mohammed going to his cave; or Buddha leaving his palace—all stories about the outward journey and the fruits it bears. But what about the other journey—the journey within? Inspired by the book *The Buddha's Wife* (Surry & Shem), Rev. Opal Murray explores the unsung but beneficial practice of staying and the journey within.

January 31- UUCFL partners with CUUPS to celebrate the ancient festival of Imbolc. The Celts celebrated the earth's waking from the darkness and cold of winter by honoring the Goddess Brigid, the Goddess of fire and fertility. But this may not be new for you— you may already celebrate Imbolc's grandchild: Groundhog Day!