

The JOURNEY

The Monthly Newsletter of the Unitarian Universalist Church of Fort Lauderdale

APRIL 2011
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May 2011 Issue Deadline

Sunday April 10, 2011

Submit articles to:
submission@uucfl.org

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Liberal Religious Thought
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Fort Lauderdale

**Unitarian
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Church of Ft. Lauderdale

3970 NW 21st Avenue
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Established in 1958

New Enrichment Opportunity Sleep, Dreams and Self-Hypnosis Workshop

Three Part Series Begins Tuesday April 5 - 7:00pm
Follow your dreams to page 5



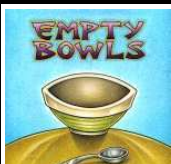
Labyrinth Café Concerts

presents

Rod MacDonald/Joe Crookston

Saturday, April 9 - 7:30 pm

Page 6 has more



Filling Empty Bowls Dinner

Thursday, April 14 - 5:00pm - 8:00pm

For details visit page 7

Beltaine Celebration

Saturday, April 23 - 12:00pm

See CUUPS article page 6



Bingo Fundraiser Every Wednesday Night

Doors at 6pm/Calling at 7pm

Play Help Win

Interactive Seminars

continue

2nd and 4th Sundays

See article on page 7



**Building the World
We Dream About**



Annual Congregational Election Meeting

Sunday, May 15 - 12:45pm

See page 2 for Nominating Committee's
Report on Candidates for the
Board of Trustees and next year's
Nominating Committee



Prez Says..

Thanks to the 24 members who participated in our March 20 session that was requested by the congregation at the January budget meeting. We did not have a quorum, as required by our bylaws, to convene a meeting, on March 20. However, those who were present heard a report from Jeff Hutt on the recent "Beyond the Budget" sessions and recommended that the congregation reduce expenditures by \$9760 for the current year (2011). The reduction in expenditures consists of:

- A reduction in the minister's salary package (that reflects reduced insurance costs)
- Unpaid summer leave for the Director of Religious Education and
- A reduction in dues payments.

The reduction in staff compensation has been done at the initiation of and in consultation with the affected staff members (Rev. Gail Tapscott and Susan Friend). The reduction in payment of dues is similar to what we did last year—and makes a partial payment of the "fair share" dues to the UUA.

With these reductions in expenses, we anticipate using approximately \$10,000 less from the Bill Rusch funds than were designated at the congregational meeting in January. At the March 20 session, I also reported that we are expecting to receive a bequest from the Jenny Hyde estate in the near future. I think that the generosity of Bill Rusch and Jennie Hyde reflects confidence by our departed members that we are doing something right in terms of our ministry.

I should emphasize that the support expressed by a clear majority at this session is a recommendation from a significant segment of the congregation to the Board of Trustees. Since there was no quorum, the recommendation does not carry the weight of a motion passed with a quorum (35%) of our members.

Ken Beier



Nominating Committee Announces Election Slate

The nominating committee has completed its work and is pleased to announce its nominations to be voted upon by the congregation at the annual meeting on May 15.

Board of Trustees – for a term of two years

Bill Schoolman
Jeffrey Hutt

Officers –

For a term of one year -
Past president: Ken Beier
President: Colette Saucier
President-elect: Myra Symons
Vice-president: (to fill vacancy*): Judy Knopp

For a term of two years -
Secretary: Alexis Blasenheim

Nominating Committee – to serve in 2012 -

Christian Herrera
Judy King
Nicole Shulman

The following are remaining in their present posts. In each case one year remains in their unexpired term. No vote is necessary as to them:

Treasurer – Douglas Paul
Trustees - Thomas Karneth, Jerry Waltz

*Vacancy in this position will exist if Colette Saucier is elected president.

How fortunate we are at UUCFL to have willing members of our congregation to serve in positions of leadership. Nominating Committee for 2011:

Taylor Mattis, Chair
Vernon Allen, Betty Highton, Steve Lange,
Susan Moss, Annette Vafa

Church Calendars



How this works is that there is a calendar on the office door and another on our website. Online we include offsite programs that are of general interest to our membership. Click on any item and see further details about that event. If you are planning a program on the church property, do speak to Sandy W about reserving space. Then check both calendars to confirm your information is complete. Some events even get their own webpage. Publicity really does help attendance, and none of our Mind-Readers know as much as you as to why anyone would want to attend your event.

Kip, Webspinner

Rev. Gail's Space

What Really Makes a Church a Community

As we continue what seems like the never ending struggle of a church that never seems to have enough money to accomplish all its laudable goals, we are surely all having much the same struggle in our individual lives. The last few years in South Florida have been hard for most individuals and for many businesses and institutions. Almost all the Unitarian Universalists churches in the area have apparently dwindling memberships and are down in financial donations. However, attendance at both Sunday Services and other activities is often steady or even up a bit. This can only lead me to conclude that people need community and spiritual and intellectual inspiration as much as ever but really feel unable to make the monetary and sometimes the time commitments needed to really sustain the communities that can help meet those needs. Our church has been more fortunate than many because we have been saved as it were year after by extremely generous bequests left directly to the church by members who were once inspired and sustained by the community and now have completed their life journey. Some folks are appalled that some of this money is being used for operating expenses. There are some perfectly well intentioned folks among us who would perhaps think it would be better to let our community become a Fellowship with little or no professional staff than spend any of this money for day to day operations. Indeed a few churches on Florida and other places have taken that route. As the person who knew virtually all of our benefactors of the last six years or so and the person who often sat at their bedsides or at their homes as they were spending their last days alive and coherent I can attest that each and every one of them knew that they could choose between leaving their money to our Endowment Foundation or leaving it directly to the church. Over and over people made the choice to leave it directly to the church knowing that it would ensure that the community survived intact with some staffing to continue to minister to the spiritual, emotional and intellectual growth of future wondering religious liberals.



Now having said that let me say that I believe deeply in churches having Endowment funds and I think our Endowment has done a great service to our church and the larger community with its grants large and small over the years to specific projects and specific charities. However, the actual purpose of an Endowment Fund is to be a rainy day fund for a church that runs into difficulties sustaining its services to members and the wider world. In the unlikely event that a church can't keep operating and refuses to use its Endowment money to revitalize itself, money left in that fund reverts to the Unitarian Universalist Association. So there could conceivably be a scenario in which a church closes its door and has a million or even two million in an Endowment fund. While we don't have nearly that kind of money in any of our funds, it is important for all our voting members to understand the implications of being unwilling to use capital funds to keep a community alive. I know no one wants our movement to not be here for future generations. I recommend putting both the church itself and the Endowment fund in your will and as a beneficiary for your life insurance or retirement funds. A gift of even \$5,000 could help pay a staff salary for a year. I invite you to become a committed UU like Carl Zingale, Ruth Waskey, Bill Rush, Shala Ranjbaran, Rey and Jennie Hyde who keep on giving long after their physical presence is no longer visible. Also none of these people tried to control the community from beyond the grave by putting any stipulations on how their money should be spent. This is just my personal view and I welcome folks with a different perspective to write their own article for the Journey.

In faith that we will endure,

Rev. Gail



Director of Religious Education (DRE) - Susan Dirgins-Friend
Phone (954) 424-1910
Email tiredmomofbob@aol.com



For some folks, it is the time of Lent. Believers and non, many of us commit ourselves to giving up something between the time of Ash Wednesday and Easter Sunday. When I was a child, as all Catholics did, we gave up eating meat during Lent. We already gave up meat on Fridays all year long. As a non fish lover, Fridays were bad enough, but a whole month of fish was a lot to bear. We ate a lot of spaghetti, tuna, and fish sticks. As a vegetarian, during Lent now I usually give up eating all animal products and go vegan for a month. This year, I have had a hard time getting started. Lent is nearly over, and I keep trying to start my Lenten tradition. Things have been kind of stressful for my family lately. We have had several close relatives in and out of the hospital, a good friend was in a terrible auto accident that left her with a traumatic brain injury, and my husband and I are so busy trying to work at our various jobs, that we barely recognize each other. I need the structure of my Lenten commitment more than ever, yet, it eludes me.

When someone calls me with yet another update from the hospital, I head right for the ice cream and cheese. Why is this? As we head further into spring and towards the celebrations of Passover and Easter, I am going to try to get myself together. By telling all of you, I hope to shame myself into it.

When you see me, ask me what I had for dinner the night before. I hope I can say, "Lentil Soup".

Love and Blessings,

Susan



Children's April Religious Education (RE) Calendar

Sunday April 3, 11AM
 Regular RE
 Kids Start in Class

Sunday April 10, 11AM
 Regular RE
 Kids Start in Church

Sunday April 17, 11AM
 Passover and Palm Sunday
 Kids Start in Class

Sunday April 24, 11AM
 Easter Sunday
 Kids Start in Church
12:45 Annual Egg Hunt after Church

Remember, Easter Sunday is April 24, and we will have our annual Egg Hunt after church. The kids love this tradition. We are always happy to accept donations of new plastic eggs and **non-chocolate** (chocolate melts outside in the heat) **individually wrapped** candy to put in the eggs. Please bring it in by Sunday April 17.

Cooperative Feeding Information

Our date for Cooperative Feeding workday this month is Saturday April 2. Meet at the church at 8AM for carpooling, or meet us at the CFP at 8:45.

We have a lot of fun, and help local families get much needed food.

Please consider joining us. Live your faith.



COOPERATIVE FEEDING PROGRAM

Put the upcoming **Postal Food Drive** on your calendar too, **May 14, 9AM** until we finish (or you poop out!) This is the day that folks leave food at their mailbox, the carriers pick it up and bring it back to the post offices, and volunteers separate, box up and stack the pallets full of the thousands of pounds of donated food. CFP is a very large beneficiary of this drive, and much help is needed. Let's turn out a good group from UUCFL this year. It is doing good while having big fun, and you even get a T-Shirt!!!!

Questions/Info Susan (954) 424-1910
 tiredmomofbob@aol.com
 Do Good Work, Live Your Faith

What's Your Board of Trustees Up To?



Your Board met on March 14th to conduct church business and help build the common good!

Many of you enjoyed the return of our \$2.00 lunch! We hope to keep this going but still need volunteers to help out. This means you!! We are working on a new, healthier and more varied menu for coffee hour that we know you'll enjoy! Stay tuned!

Our Empty Bowls Dinner, originated by Rev. Gail to benefit the Cooperative Feeding Program, is scheduled for April 14th. Please support this worthwhile activity. You will enjoy a congenial evening, a bowl of homemade soup with Panera bread and you can keep your hand-crafted soup bowl, all for \$10.00. We need volunteer soup-makers and servers. Contact Colette Saucier. See you there!

We want to make a special effort to welcome our Sunday guests to our church home. Coffee hour is a perfect opportunity! Please take a few minutes to say hello to newcomers and make them feel connected to something special. You can eavesdrop at any table on the patio during coffee hour and hear stimulating conversations around you. We owe it to our church community to help guests feel comfortable so they will want to come back. And, please, don't forget to bring refreshments to share.

We have several new workshops coming up, so please listen to Sunday morning announcements -- and read your Journey!!

The best way to get connected in our community is to participate in programs or volunteer at special activities! Some of my best church friends were in various discussion groups or workshops I've participated in. So, take it from me, the camaraderie and fellowship in our church community just can't be beat. Join In!! You will be glad you did.

Our goal is always to provide a safe and inspirational place where we can live our spiritual journeys. See you in church!

Judy Knopp, Your Secretary

Music Notes

Once again the legacy left by David Fisher's Memorial Music Fund provided the lovely flute solos by Laura Sue, the Silver Nightingale on March 6 and Rich Hancock playing clarinet solos on March 20. We are so grateful for David's forethought in establishing this special fund to enrich the music for UUCFL.



Our choir provided "Danny Boy" a capella on March 13. We are thankful for these talented voices and their dedication in coming to our Tuesday rehearsals. This takes real commitment from these busy members. On March 20, they sang with the Boca Fellowship choir the same program that we heard in February. Bill Cox favored us with one of his piano solos on March 27 to enhance Gail's service on the diversity of faiths represented in the UUCFL congregation. Aren't we interesting people!

Looking forward to April, the choir will sing on April 10 and on Easter, April 24 when the Alleluias will dominate the celebration. Special soloists for this month will include Bob Vandivort on saxophone with Brad Keller on piano for the April 3 service and Elaine Silver with her sweet voice which is familiar to CUUPS members on April 17. Her CD's have been used in earlier services. Jerry Waltz will sing "Fool on the Hill" at the April 3 service.

May is the final month for choir presentations for this church season. May 8 and 29 we will hear the choir and our special instrumentalists will be Jeremy Miller, violinist on May 1 and Robert Moore, cellist on May 15. Both of these fine artists are familiar to us from past solos and some of you may remember the String Trio concerts we had in former years which included these talented musicians. We are very pleased to have them play for us once again.

After the end of May choir members will be on summer break until next fall. Please let them know if their music has pleased you this year. A "thank you" is always welcome!

Dot Muise, Director of Music

Enrichment Opportunity - Sleep, Dreams and Self-Hypnosis Workshop

In this workshop led by Victor Garlock, Ph.D., participants will learn about the stages of sleep and how they relate to dreaming. Participants will also gain a basic knowledge of hypnosis. We will then explore effective ways of understanding dreams and learn and practice self-hypnosis to improve dream recall and to work with dreams effectively. There will also be time for dream sharing.

We will meet on Tues. 4/5/11 from 7-9 p.m., Tues. 4/12 and Tues. 4/26 from 7-8:30 p.m. in the multi-purpose room. Please plan to attend all three sessions. Members of the general public are welcome.

Victor will be conducting the workshop free of charge but will be asking participants to make a \$25 donation to the church if they are able.

Advance registration is required. For more information and to register, call Victor at: (954) 563-8892.





**Labyrinth Cafe Concert Series
presents
Rod MacDonald/Joe Crookston
April 9 - 7:30 pm**



A major figure in the 80's folk renaissance of Greenwich Village, Rod MacDonald is a prolific communicator well known for his passionate interest in the events that shape our world's societies. As distinctive an entertainer as he is a songwriter, his engaging delivery, musical versatility, timeless ballads and modern folk songs place

him in the elite of singer-songwriters performing in North America today. Influenced by songwriters Phil Ochs, Richard Farina and Bob Dylan, and his own background in journalism and law, Rod is not afraid to get political, take chances and ask tough questions. Approaching the genre differently from most contemporary singer-songwriters, his "protest" songs are non-judgmental narratives that rather invite his audiences to draw their own conclusions.

"It seems Joe Crookston can hardly set a foot wrong these days. Several of his songs have made it into the finals of some of the more prestigious national songwriting competitions; John Lennon, Mountain Stage, Great American Song Contest. The audience at the 2007 Falcon Ridge Folk Festival named him one of the Top 3 "Most Wanted" Emerging Artists. This honor landed him a spot on the 2008 Falcon Ridge Preview Tour... Joe Crookston's star is rising. Versatile songwriting, excellent musicianship and a charismatic stage presence should earn him a permanent place on the national folk scene". ~ "Top-12-Do-It-Yourself Recording"-- Performing Songwriter Magazine



Reservations requested but not required:
Contact Susan at OzWoman321@aol.com or 954-478-8637

\$15 at the door, plus non-perishable item for our local Cooperative Feeding Program (canned meats, beans, fruits, vegetables, peanut butter, dried milk, pasta, rice, cereal, baby food and baby formula); advance reservations: \$12, checks (made out to artist) received in the UU church office (address above, ATTN: Labyrinth Cafe) no later than Wednesday before Saturday show...

Please visit www.labyrinthcafe.com for further details and the artists' websites, as well as our MySpace page for song samples (coming soon)... and our new Facebook page to give us a thumbs-up, which will then keep you informed of upcoming concerts... :-)

Susan Moss—Labyrinth Café Concerts

Next Month's Labyrinth Café Concert

May 14, 2011 – Marie Nofsinger/Annie Wenzway

Ready to ArticU-Ulate!

A group of six members and friends of the church joined Victor Garlock and Larry Wilkner to participate in the UUA-developed class



"Articulating Your U-U Faith" during February and early March. Over a series of four nights, participants learned surprising details about Unitarian-Universalist history, engaged in lively discussion about the difficulties of forging a community of freethinking individuals and shared their personal path to their particular brand of U-U Faith. The class was informative, fun and highly interactive.

Attendees now have the knowledge, the rhetorical skills and the passion to explain our liberal faith to family members, church visitors or curious acquaintances.

Larry Wilkner

You Oughta Be in Pictures

You may have noticed the addition of an electronic picture frame in the lobby over the fountain (my gift to the church). We are looking for smiling faces to fill it. If you have pictures from church events and would like to have them added to the slide show, please email them to me at garylodka@mindspring.com.



We have lots of fun here at UUCFL and this will allow us to relive all of our great memories and show everyone who visits that they can become part of the big picture too.

Gary Ladka

CUUPS Update

"Oh, do not tell the Priest of our art, For he will call it sin, But we shall be in the woods all night, conjuring Summer in! Come join us for our Beltaine Festival Saturday April 23rd.

There will be workshops, vendors, ceremony and a May Pole.

Our Pagans have been hard at work. They repainted four of our classrooms and used non-church money for the supplies. They will also be beautifying our grounds by remulching our Butterfly Garden and some of the other landscaping.

Thursday 7:30 pm Study Group continues with a different program each week.





Building the World We Dream About

Building the World We Dream About (BtWWDA)
Sunday Afternoon
workshops continue in April

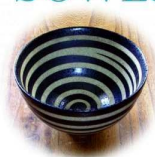
Our BtWWDA workshops will be available on second and fourth Sundays after service. Come and be a part of this enriching and important faith journey for UUs.

This Tapestry of Faith curriculum has tremendous transformative potential. BtWWDA will better equip our congregation for the work of dismantling all forms of oppression in our world. We will become more effective in a multicultural world. But we do need to invest time and effort to achieve our potential. There's a vast and deep well of experiences at UUCFL to be tapped. Your voice is important. Don't miss out on this opportunity for growth and development for our congregation.

From the Building the World We Dream About Task Force

Filling Empty Bowls Fundraiser 2011

EMPTY
BOWLS



Save the Date! Filling Empty Bowls Dinner is coming on Thursday, April 14 from 5:00pm - 8:00pm. This is a fundraiser that started at UUCFL and has expanded to the greater interfaith Community.

This event is a major fundraiser for the Cooperative Feeding Program. The Cooperative Feeding Program is involved in education and advocacy issues. Their focus is on quality of life for children, the ill, and the elderly. Preventing homelessness is a primary concern of theirs.

So, join us on April 14th and enjoy a bowl of homemade soup and Panera's bread.

Included with your \$10 donation will be your soup bowl.

Colette Saucier

How to Become a Pillar

First Get yourself known by volunteering... An excellent place to start is Coffee hour, you can become an instant hero by helping out with bingo, find your niche and stay with it for a while, then find another. If you don't know what to do ask a pillar. Pay your pledge automatically so we get it even when you are out of town. Find a committee and work hard on it. Document your successes by making sure the board knows what you are up to.

Assume goodwill of the other church members.

Make friends with new members, meet them outside of church to get to know them better, introduce them to others so they will have connections and stay in the church.

Pledge/Pay your pledge and finally get others to pledge

Go to Buildings and Grounds work day so you own the church. There is a job for you.

Go to congregational meetings and vote

Someone will ask you to lead / say yes...

When you get mad at us.... Stay, when you are happy with us... Stay

Giving rides to the minister is an excellent way to improve your Pillar rating.

Go to Vespers.

Take RE classes.

Come to church on Sunday.

Myra C. Symons



NURTURE Your Spirit.
Help HEAL Our World.
 **Unitarian Universalists** UUA.org



Florida District UUA Upcoming Events

I want to encourage you to participate in two upcoming UU events--the annual Florida District meeting in Orlando on April 8-10 and a Stewardship Workshop at UUCFL on Saturday, May 28. Details follow and I encourage you to forward this message to other members of our congregation.

Ken Beier

Florida District Annual Assembly, April 8-10, 2011

First Unitarian Church of Orlando

Stewardship Workshop, May 28, 2011

10 am - 2 pm at the UU Church of Ft. Lauderdale

This features our Florida District Executive, Kenn Hurto. Kenn is always a remarkable presence and this gives us an opportunity to take our Stewardship efforts to a new level.

Please put this event on your calendar!

Visit www.floridadistrict.org for more details on these and other events and news

Help Our Partners in Japan

As the news from Japan worsens, I send my heartfelt sympathies to all those struggling to cope with this terrible disaster.

As the Unitarian Universalist Association (UUA) president, I traveled to Japan last August to meet with our religious partners there.

The warm hospitality offered to my wife, Phyllis, and me left us with a beautiful and lasting impression of their country and culture. My heart goes out to the people of Japan for what they are enduring now.

As soon as the UUA received word of the tragedies of Friday, March 11, we reached out to our religious partners in Japan: Rissho Kosei-kai, Tsubaki Grand Shrine, the Konko Church of Izu, the Tokyo Dojin Church, and the Japan Chapter of the International Association for Religious Freedom. We have worked in close partnership with these outstanding organizations for many decades, and have been in contact with them since Friday. I can only imagine the overwhelming sadness and fear they are experiencing, even as they try to determine their next steps.

To this end, the UUA/Unitarian Universalist Service Committee (UUSC) Japan Relief Fund has been established to support the recovery efforts of our religious partners in Japan, as they consider the specific efforts to take to support the work of recovery. I encourage anyone wishing to contribute to this crucial effort to read more about the UUA/UUSC Japan Relief Fund [here](#).

For several months, the Rev. Eric Cherry, the UUA's Director of International Resources, has had a trip to Japan scheduled for later this month. The situation on the ground is still extremely volatile, but as I write this, Eric intends to make the trip if at all possible. If he is able to make the journey, he will convey my sincere condolences and profound hope for swift recovery on behalf of the entire Unitarian Universalist Association.

We at the UUA will hold the country of Japan in our hearts, as we work to support them in their time of great need.

Sincerely,

Rev. Peter Morales - President, Unitarian Universalist Association

Office Notes April 2011

As always, the Church is a busy place. The Mockingbirds are singing their hearts out, in our beautiful gardens. Hawks and Herons pass through.

Bravo: The Rummage Sale was great. Walter Karnatz volunteered some Master Plumber talent last month.

We are fortunate to be on his 'good side.' March 8th was election day and we opened our Church to 3 Precincts: Equipment deliveries, secure set up of voting machines, many voters and poll workers took advantage of our hospitality, facilities and resources. Our fire safety equipment has passed inspection. Refresh your memory about the location of extinguishers. Keeping our facility calendar and updating the info to other calendar keepers is a full time job. Thanks to all of you who help by offering the vital information and event schedules in time to record the same. It makes the job possible. Thanks for keeping our community and Church safe. Thanks for turning off stoves, locking doors and putting out fires.

Have a Happy Springtime. Let me know if I can help.

Sandy in the UUCFL office



Directory of Staff, Board, Committee Chairs & Affiliates

STAFF

• Minister

Rev. Gail Tapscott.....954-288-4245

• Office Administrator

Sandra Walker.....954-484-6734

• Director of Religious Education

Susan Dirgins-Friend.....954-424-1910

• Music Director

Dorothy Muise.....954-731-8790

• Choir Director

Susan Dirgins-Friend.....954-424-1910

BOARD OF TRUSTEES

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•Secretary

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Myra Symons.....954-616-7050

Noralee Traylor.....954-776-4226

Jerry Waltz.....954-527-5275

COMMITTEE CHAIRS

Building & Grounds

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Stewardship

Ken Beier.....954-537-3361

Community Outreach

Empty Bowls Project

Colette Saucier954-240-3759

Cooperative Feeding Program

Susan Dirgins-Friend.....954-424-1910

Coalition to End Homelessness

Nicole Shulman.....954-942-0394

South Florida Interfaith Worker Justice

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Webmaster

Kip Barkley.....954-784-8307

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Gary Ladka.....954-969-7221



Caring Committee

Molly Lesnick 954-587-9552

Library

Joe DeAngelis.....954-973-1337

Finance

Douglas Paul.....954-331-5025

Building Usage

Sandra Walker.....954-484-6734

Human Resources

Mara Newman.....954-849-3736

Green Sanctuary Committee

Jose Ponce.....954-324-6239

Labyrinth Café Concerts

Susan Moss954-433-2372

Membership

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Ministry

Vanessa Gilyard.....954-683-0498

Nominating

Susan Moss954-433-2372

Religious Education

Laura Lange.....954-584-2499

Social Auction

Jack and Dorothy Bellick.....954-360-9404

Sunday Services

Susan Moss954-433-2372

ASSOCIATE & AFFILIATE GROUPS

• CUUPS

Kip Barkley.....954-784-8307

• Endowment

Monica Pavlik.....954-530-5844

• Interweave

Dani Apter.....973-879-5656

• Southeast UU Cluster

David Armstrong.....954-730-7763

• UU Service Committee

Noralee Traylor.....954-776-4226

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Church of Ft. Lauderdale

The Market Place

80% of My Clients Experience Significant Changes or Results In Only Three Sessions

Vondette E. Brinson, CBP, PaRBP, MLDT, LMT

954-226-3612

***Allergies *Personal Growth**
***ADD/ADHD *Rehabilitation**
***Arthritis *Sports Performance/injuries**

BodyTalk
 www.BalancingbyN8.com BalancingbyN8@aol.com

Bingo
Every Wednesday Night
 Cash Prizes Fun and Excitement
 Full Kitchen Be a Winner Come and Play
7:00pm - Public Welcome

Doors at 6:00pm / Calling at 7:00pm

Have a great time helping to run the game, serve in the kitchen, set up, publicize the game, or come and play. This is an All Church Effort to Raise Money to keep our programs strong and maintain our church home. We Need Everyone to Participate. Contact Gary Ladka at 954-650-3728

H & R Block Fundraiser Continues



The H&R Block non-profit referral program, one of our most successful fundraising efforts, has been renewed for 2011.

H&R BLOCK Flyers for the program can be found on the UUCFL bulletin board and our program contact, Ken Wenzel, can be found at the H&R Block office in the Northridge shopping plaza at Commercial and Dixie. Ken can be reached at 954-772-8890.

ADVERTISE IN THE JOURNEY BUSINESS CARD SIZED AD

\$10.00 PER MONTH
\$100.00 PER YEAR

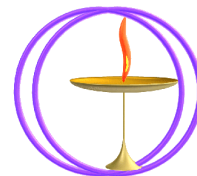
CALL 954-484-6734



The Seven Principles of Unitarian Universalists

There are seven principles which Unitarian Universalist congregations affirm and promote:

- The inherent worth and dignity of every person;
- Justice, equity and compassion in human relations;
- Acceptance of one another and encouragement to spiritual growth in our congregations;
- A free and responsible search for truth and meaning;
- The right of conscience and the use of the democratic process within our congregations and in society at large;
- The goal of world community with peace, liberty, and justice for all;
- Respect for the interdependent web of all existence of which we are a part.



April Birthdays

David Griswold 4/1
 Erika Rose Elardi 4/2
 Betty Brantley 4/3
 Mary Anne Robertson 4/4
 Larry Wilkner 4/21
 Robert Van Sickle 4/22



Caden Ryals-Lunenburg 4/23
 Dan Idzinga 4/26
 Lara Laign 4/27
 Mark Woodpecker 4/29
 Spike Friend 4/30

If you would like to see your birthday announced here and in the cUUrious cUUrier email newsletter, please contact Sandy in the office to make sure we have your updated information in the computer

Remember the Hungry People Around Us

Please continue to fill the Food Baskets at the church with non-perishables for the Cooperative Feeding Program. Learn more about the CFP and other ways you can help.

Visit www.feedbroward.org or call (954) 792-2328



Sun Mon Tue Wed Thu Fri Sat



April Calendar



Every Sunday : 11:00 AM- Church Service and Children's Religious Education		Religious Education Events See special calendar on the RE page 4	Visit our on line calendar for late-breaking events www.uucfl.org and click "Coming Activities"		1	2 •8:00am—Cooperative Feeding Program Work Day (See page 4)
3 •9:30am - UU Sisterhood •12:45pm - Council of Committee Chairs	4 •7:30pm - Peaceful Meditation	5 •7:00pm - Sleep, Dreams and Self-Hypnosis Workshop (see page 5) •7:00pm - Choir Rehearsal	6 •6:00pm - Bingo (calling at 7)	7 •7:30 pm CUUPS	8 Florida UUA District Assembly at First Unitarian Church of Orlando (through the 10th - see page 8)	9 •8:00am - Building & Grounds Workday •7:30pm - Labyrinth Cafe Concert (see page 6)
10 •Journey Submission Deadline •12:45pm - Building the World We Dream About (see page 7)	11 •7:00pm - Board Meeting	12 •7:00pm - Sleep, Dreams and Self-Hypnosis Workshop (see page 5) •7:00pm - Choir Rehearsal	13 •6:00pm - Bingo (calling at 7)	14 •5:00pm - Filling Empty Bowls Dinner (see page 7) •7:30 pm CUUPS	15	16
17 •9:30am - UU Sisterhood	18 Passover begins at sunset •7:30pm - Sunday Services Committee •7:30pm - Peaceful Meditation	19 •7:00pm - Choir Rehearsal	20 •6:00pm - Bingo (calling at 7)	21 •7:30 pm CUUPS	22 •6:00pm - Vespers Service	23 12:00 pm CUUPS Beltaine Celebration (see page 6)
24 Easter Sunday •12:45pm—Building the World We Dream About (see page 7)	25 •7:00pm - Membership Committee •7:30pm - Membership Drumming	26 •7:00pm - Sleep, Dreams and Self-Hypnosis Workshop (see page 5) •7:00pm - Choir Rehearsal	27 •6:00pm - Bingo (calling at 7)	28 •7:30 pm CUUPS	29	30

Unitarian Universalist

Church of Ft. Lauderdale

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Phone: 954-484-6734

Fax: 954-484-6778

E-mail: uucfl@aol.com

Website: www.uucfl.org

Sundays Service & Children's
at 11 am: Religious Education

Office Hours: Sundays 9:30am - 1:30pm Tuesdays 9:00pm - 2:00pm
Mondays 9:00am - 5:00pm Thursdays 9:00am - 5:00pm

The JOURNEY



Sunday Morning Services at 11 am

APRIL 2011

April 3 - April Fools All Year Round - The figure of the fool appears in many forms and April Fool's Day is only one of the many manifestations of the fool we can enjoy and embrace all year round. Rev. Gail has given several sermons on the fool image and this will be yet another window on that archetypal energy. There will be a lot special music today with some professional Jazz musicians and our own Jerry Waltz performing.

April 10 - Between Church and a Hard Place - This sermon was inspired by a book with this title that Rev. Gail became intrigued by. It describes the moral questions raised by an unchurched Dad as he struggles with how to instill good values in his kids without subjecting them to beliefs he finds intellectually untenable. He clearly did not find us. We will talk about how we can help more folks find us and stay with us. Our choir will be sharing some rousing music in keeping with all the exciting but often painful movements for change going on in our world today.

April 17 - A Green Economy with Spirit - Whether we are Pagans, Humanists, Buddhists, liberal Christians, questioning or confused, all Unitarian Universalists are earth centered and life centered. Today with the music of Elaine Silver, poetry and a sermon on how the economy, the environment and the spirit are all intimately interconnected we will explore the shimmering web of existence of which we are all a part. Our feathered friends Miles and Patience will make a guest appearance today and will be "going green."

April 24- Reinventing the Body, Resurrecting the Soul - On this late Easter day Rev. Gail will try to find something new and different to say about the relationship of our physical bodies and our soul or spirit. We don't have any plans to raise the dead but with our great choir singing various versions of the alleluia chorus we might walk on water or something equally unexpected.

May 1 - Poems That Can Set You Free -

This is not the annual poetry service. Rather it will be a reading of poems and commentary on them of several poems that have messages that can literally give you an entirely new perspective on how you choose to live. Rev. Gail is coordinating but many congregational readers will participate. We will enjoy Jeremy Miller on the violin.

