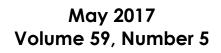
# The JOURNEY

The Monthly Newsletter of the Unitarian Universalist Church of Fort Lauderdale



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June/July 2017 Combined Issue Deadline Sunday, May 14, 2017 Submit articles to: submission@uucfl.org

> **Editors** Valerie Bressler Gary Ladka

New visitors receive **The Journey** upon request. To continue receiving our newsletter, please call the office.

Enjoy and Print **The Journey** in Full Color at www.uucfl.org

> A Center for Liberal Religious Thought and Social Action in Fort Lauderdale



3970 NW 21st Avenue Oakland Park, Florida 33309 954-484-6734 www.uucfl.org



\*Established in 1958\*



### MAY 2017

### THE JOURNEY

### **President's Message**



May is a transition month at the UUCFL. We say "thank you" to leaders who have served, we welcome new leaders, and we take the time to once again vote on various proposals presented by your Board.

Some people believe that "transition" and "change" are the same thing. Walter Bridges, author of Transitions: Making Sense of Life's Changes, states that we confuse change and transition by thinking of them as interchangeable words. They are not. He writes, "Change is your move to a new city or your shift to a new job. It is the birth of your new baby or the death of your father. It is the switch from the old health plan at work to the new one, or the replacement of your manager by a new one or it is the acquisition that your company just made. ... Change is situational. Transition, on the other hand, is psychological."

Our congregation has experienced significant change since I became your president. We have said goodbye to a long-time minister and welcomed a new one. We have refreshed, replaced and repaired various parts of our building and grounds and made then more attractive. We have welcomed a congregation from Hollywood into our fold. We have seen our membership grow 20%, and are joyful for the new faces and potential that now abounds here.

The transition we are experiencing is ongoing, and in some ways magical.

We are becoming something bigger and better than we were before. This process takes time, and energy. Remember to take care of yourselves, and those around you. Change can happen in an instant. Transition can take months, or even years. As Rev. Fred Hammond says, "Life's transitions, be they found in nature with the seasons, or under the sea with the tides, or in the daily living of our lives is a natural process of the universe which even the stars above follow this rhythm of expansion and contraction. So may our transitions lead us to new and great beginnings..."

Thank you for the opportunity to be your president. I always welcome calls to talk about what's on your mind. I can be reached at (954) 296-0089.

#### Jim Giblin

#### Unitarian Universalist Church of Ft. Lauderdale 2017 Slate of Board of Trustees Members for Election – May 21, 2017

Past President – Jim Giblin, for a one year term. President Sandy Lange, for a one year term President Elect – Marty McAnulty, for a one year term Secretary – Steve Holtz, for a two year term ending in 2019 Trustee – Betty Brantley, for a two year term ending in 2019

Other Changes in the Board



Treasurer – Nelson Lamis will take over the position of Treasurer from Donna Gutierrez to fill out the term for 1 year. The position will be up for nomination again in 2018 for a full two year term. Trustee – Donna Gutierrez will take over the position of trustee from Nelson Lamis to fill out the term for 1 year. The position will be up for nomination again in 2018 for a full two year term. Join us for our Annual Congregational Election Meeting and participate in our democracy. Also see front cover for other issues that will be voted on at that meeting.

#### MDCKINGJAY

#### **New YA Group Forming!**

The new Young Adult Group Mocking Jays is in the organizing stages. The group will be focused on fun, fellowship, support and service! All interested parties contact me at mgaffud06@gmail.com.

Ria Gaffud - Mocking Jays Young Adult Group

### MAY 2017

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### Rev. Susan's Space

As I said in my column last month, we will be gathering on May 20 from 9 am to noon to envision the future of UUCFL so that we can construct a new 5-year plan during the summer. There are lots of ways for you to be part of this visioning process and the excitement and energy of this time in the history of our church. Here are a few

• Bring a picture, poem, saying that represents

"Transcendence" (aka Wonder, Mystery, Awe, The Holy) and add it to the values sheet in the sanctuary so that we can widen our vision of what calls us and strengthens us.



• On our web of "Connectedness" values sheet in the sanctuary, write on a sticky note a person, group, organization, natural element or anything else to which we should be connected in our life as a congregation.

- If you have had more thoughts or missed the service where we discussed the traits and actions of a church with "Compassion," add your ideas to that values sheet.
- Write briefly of a moment of "Conscientious Choice" either from our past or yours personally or one that you foresee coming and add them to that values sheet.
- Post any of these things on our UUCFL-Blog Facebook page.

• If you need nursery care to be part of the May 20 Visioning Event, contact me or Susan Friend so we can plan.

• Think about this question: "What do you want Unitarian Universalism to be in South Florida fifty years from now?" If you cannot attend the Visioning Event, please send me an email or letter which I will share with those who are working on our plan.

• Keep doing what you are doing – attend worship or the small group that supports you in the congregation, continue with whatever service you offer to our community, post online, read the newsletter and announcement sheet to stay informed.

• Start doing one new thing – try a group that you haven't visited before, sit somewhere different in the sanctuary, come early or stay late, sing loudly, walk the labyrinth, help with coffee hour or attend a committee meeting.

• Speak to someone you don't know – even if you have to say that I asked you to do it in this column.

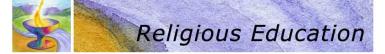
• Explore some part of the larger UU world – read the UU World in print or online, visit the Church of the Larger Fellowship (a virtual congregation for remote UUs), attend the South Florida UU Cluster Event on Social Justice that we are hosting May 6.

With these small gestures we build our church, enrich our lives and plant the seeds to make the world a better place.

Blessings, *Rev. Susan* 

### MAY 2017

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Director of Religious Education (DRE) - Susan Dirgins-Friend Phone (954) 424-1910 Email tiredmomofbob@aol.com



Well, I have to say that our Easter weekend at UUCFL was pretty great. On Saturday night, the youth group from Old Ship UU Church in Hingham, Massachusetts, with their DRE Beverly Tricco, youth leader Sarah Hurley, and " just a dad Michael" rolled in at about 10 p.m. to spend the night at our church on their way to Immokolee to do a social justice week. Our two teens Cat and Tyler enjoyed meeting and hanging with the mixed age group, and we all enjoyed an early Easter morning breakfast and fellowship back in the RE wing. Our Easter service was next on the docket, and it was really wonderful. I thought that Rev Susan gave the story of Jesus a pretty great telling, and there was lots of music to go along. I really love how our congregation is starting to sing with gusto, led by our choir director, Mark, and Rev Susan. I think we can all agree that our new music director Mark is doing a great job, providing very exciting and uplifting piano music to accompany our services. The kids were in for all of church, so they were more than ready for the traditional Easter egg hunt right after service. Big thanks go out to Michael Coburn for his help in stuffing plastic eggs, and getting all the eggs hidden out on our giant property. Thanks to our teens and quest teens for teaming up with the smaller kids to help them hunt eggs. Thank you to our congregants for bringing in the stuffed eggs for the hunt. We were treated to a wonderful lunch by Nelson and Rick, and the potato salad was to die for, mmmmmm. After lunch, I encouraged our guests to take a side trip to the Everglades before they went off to the west coast, so they went on their way. I really enjoyed speaking with another DRE and finding how much we had in common. They loved our church, grounds, our labyrinth, and we heard much about their church, built in, wait, 1681!! It was a crazy busy weekend for most of us, but full of joy, new friendships, and love. I am so blessed to be part of this congregation, and I want to thank Rev Susan, Mark, Rick and Nelson, Michael, the choir, the cleanup crew, the parents, our quests, and our entire congregation for a wonderful Easter Sunday! Love and blessings,

DRE Susan



### May Children's Calendar

Sunday May 7, 11 a.m. Mother's Day Prep

Sunday May 14, 11 a.m. Mother's Day

Sunday May 21, 11 a.m. Ramadan Lesson

Sunday, May 28, 11 a.m. Children will attend Intergeneration Flower Communion Service (Bring a Flower)

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#### Lifenet 4 Families/Cooperative Feeding Program



Cooperative Feeding Program

Thank you to all the folks who are bringing items for the food pantry. We are looking for some volunteers who can take the collected food to the Cooperative Feeding Program facility. It is located at 1 NW 33rd Terrace, in Lauderhill, on the corner of Broward Blvd. and 33rd Terrace. The collection needs to be taken about once a month, sometimes more often if there is an especially large collection.

The pantry is open to accept the food Monday- Friday 10-3, and Saturday 10-11. This is a great volunteer opportunity for someone who does not have a lot of time; just pick up the food on Sunday after church, and take it by sometime during the week when it is convenient.

DRE Susan (954) 424-1910 tiredmomofbob@aol.com

Susan Friend

#### **Second Friday Vespers Service**



Community Potluck – Friday May 12 Bring a dish, bring a drink, bring a reading, bring a song, bring some music, bring a story, bring yourself.

Come, meditate. Come to the Community Potluck Vespers Friday May 12 at 7:00 p.m.

For 45 minutes, share your words, your music, your song with periods of silence sprinkled in.

Come and exhale your week or inhale the birth of your weekend.

Can't make it this month? Not a problem. Pencil us in for June 9 when musician Alfredo Tamburrino leads this blessed time.

Here are the other 2017 dates: 7/14; 8/11; 9/8; 10/13; 11/10; and 12/8.

Do you have a topic you would like to share? Yes? Then choose one of the above dates, contact me – opalom18@gmail.com or 770.265.6242 and voila! We are doing Second Friday Vespers.

Rev. Opal Murray

#### The SE UU Cluster's JUSTICE SATURDAY 2017 Saturday, May 6, 9:45 am to 3:45 pm

• How can we reclaim our democracy in a period of Republican and corporate control of virtually all levels of government?

- How can the Indivisible movement strengthen congregations supporting the Declaration of Conscience?
- How do we end racism? How do we democratize and transform oppressive systems?

Speakers:

Timothy Canova, Chair, Progress for All Kindra Muntz, President, UU Justice Florida Betty Brantley, Black Lives Matter Alliance Broward



Unitarian Universalist Church of Ft. Lauderdale, 3970 NW 21 Avenue, Oakland Park, FL 33309 www.uucfl.org \$20 per person advance by mail in registration. Please mail check, payable to SE UU Cluster, to Kathy Jens-Rochow, 1420 SW 13 St., Ft. Lauderdale, FL 33312-3322 Registration includes Lunch and Continental Breakfast PayPal registration http://uuflorida.org/justice/

UU Florida Southeast Cluster

### The Seven Principles of Unitarian Universalists

There are seven principles which Unitarian Universalist congregations affirm and promote:

- The inherent worth and dignity of every person;
- Justice, equity and compassion in human relations;
- Acceptance of one another and encouragement to spiritual growth in our congregations;
- A free and responsible search for truth and meaning;
- The right of conscience and the use of the democratic process within our congregations and in society at large;
- The goal of world community with peace, liberty, and justice for all;
- Respect for the interdependent web of all existence of which we are a part.



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#### Labyrinth Café Concerts Presents Amy Carol Webb and Flagship Romance Saturday May 13 at 7:30pm



Amy Carol Webb defined is "beloved song weaver." She is passionate, powerful, and poignant. She's the girl next door and no ordinary woman. Born and reared in Oklahoma, Amy traces her heritage back to Native Americans through her Great-Grandmothers who settled Oklahoma when it was still a Territory. Amy's music reflects the same pioneering spirit, tenacity, integrity and never-quit grit. She is "beauty and vulnerability, genuine, sympathetic and electrifying." (Gables Gazette) Her joy is infectious, her courage inspiring, her songs gifts of

literate, humorous, often profound poems of one woman's remarkable journey from precious child, to woman to mother... to "Songweaver". Amy was ordained as a Unitarian Universalist minister in 2011 and is currently Consulting Minister to the River of Grass Unitarian Universalist Congregation in Davie, Florida. Amy says: "I believe that both ministry and music are, at depth, a continuing conversation among



our authentic, imperfect selves as we spiral toward what really matters most in our lives - that we may be transformed and transform our world." amycarolwebb.com



Flagship Romance consists of newlywed singers and songwriters Shawn Fisher and Jordyn Jackson. To describe their sound, they have coined the term "Harmonic Alternative Folk." Anchored by Fisher's unique & intense guitar playing, Flagship Romance compositions are centered around and feature the couple's unclassifiable vocal blend. "Their songs & vocals have a simmering intensity... I also suspect Fisher used to play in rock bands, as he tended to attack his guitar with an unbridled ferociousness." - Mayer Danzig // Twangville. flagshipromance.com

Reservations requested but not required:

Contact Susan at OzWoman321@aol.com or 954- 478-8637

\$20 at the door, plus non-perishable item for our local Cooperative Feeding Program

(canned meats, beans, fruits, vegetables, peanut butter, dried milk, pasta, rice, cereal, baby food and baby formula);

Advance Reservations: \$17, checks received in the UU church office no later than

Wednesday before Saturday show (or call or e-mail Susan at the contact info above):

UU Church of Ft Lauderdale ATTN: Labyrinth Café 3970 NW 21st Ave. Ft. Lauderdale, FL 33309

Please visit www.labyrinthcafe.com for further details and the artists' websites, and our Facebook page to give us a thumbs-up, which will then keep you informed of upcoming concerts next season.

Love folk and acoustic music? Enjoy the spirit of community? Appreciate a good chocolate cake?... :-) The Labyrinth Café is looking for a few good volunteers! We are a second-Saturday-of-the-month, September-through-May concert series, needing help with taking money at the gate, merchandise sales, refreshment table, etc. Doesn't have to be \*every\* month, but dependability and enthusiasm are a plus. If interested, please e-mail Susan Moss at ozwoman321@aol.com

#### Susan Moss Coordinator - Labyrinth Cafe Concert Series



#### **Broward UU Social Group - 2 Events This Month**

This Group is for UUs who would like to do group activities with Kindred Spirits. Events will include dinners, brunches, fairs, festivals, museums, concerts, camping trips, weekend adventures and field trips etc.

This month we will hold an Ice Cream Social on Wednesday, May 10th, at 7:30pm in the Multi-Purpose room. Please RSVP by Friday May 5th; attendees to bring some thing

e: ice cream, toppings, bananas, whip cream etc, and we plan to have vegan options.

Later in the month we have a Group Outing Planned to Florida City / Everglade Adventure. We will meet at Church Friday May 26th at 6 pm, Return Sunday, May 28, Late Afternoon. What is included:

Two nights Shared Room at Fairway Inn Florida City http://www.fairwayinnfl.com/ Breakfast both mornings Admission to Everglades National Park https://www.nps.gov/ever/index.htm

Admission to Schnebly's Redwood Winery and Brewery Tour with optional wine or beer tasting for an additional \$12 at time of travel https://www.schneblywinery.com/

Admission to the Everglades Outpost Refuge http://www.evergladesoutpost.org/

Admission to Coral Castle http://coralcastle.com/

You will be responsible for your lunches and dinners and beverages. We will chose moderately priced restaurants.

Please contact us to register by April 30th. Cost Per Person \$115 due by May 15th.

Discounts/gas reimbursement if you volunteer to drive. Minimum of (4) Four People, Maximum (20) twenty.

For either event please contact Victoria Abbott at 561-767-5713 email victoria.abbott23@gmail.com or Steve Holtz at 561-441-0646 email stevehbx@msn.com UU Social Group

### MAY 2017

### THE JOURNEY

#### **Coming CUUPS Events**

CUUPS Study Group takes place every Thursday at 7:30pm at the Church. \$2 Suggested donation. Bring healthy snacks to share.

May 4 - Elemental Magick by Moonday– Learn how to harness the power of the Four Elements: Earth, Air, Fire, and Water for all your witchy needs."

May 11 - Mannun & Thelema join us to discuss the Gardnerian style of Witchcraft. They are a Gardnerian Queen & Magus based in the South Florida area who lead a coven called The Path of the Sacred Pentacle. Mannun & Thelema have both been practicing Wicca for 25 years, 17 of them in the Gardnerian Tradition.

May 18 - Kitchen Witchery: Finding and Feeding the Divine Within, with Gen, who is a solitary Blue Star Wicca practitioner and professional restaurant chef of 25 years.



May 25 - Dark Moon Faerie Ritual by dragonfli – Dark Moon.

Edie & Marty McAnulty - CUUPS Facilitators - The MoonPath Chapter of CUUPS

#### Stay For Eclectic Mind Shoppe at UUCFL on Sundays After Service - 1:00pm

Eclectic Mind Shoppe takes place every Sunday at 1:00pm at the Church. \$5 Suggested Donation



May 7 - Guided Meditation & Healing Circle

May 14 - Spiritual Philosophy - Sarah Paulus leads discussion about Thích Nhat Hạnh

May 21, 1:00 pm – Learn Wicca 101 with Otsana

May 28, 1:00pm – Spiritual Crafting with Alba Kauffman – Learn Macrame.

Eclectic Mind Shoppe

#### Yoga Classes Stretching to Mondays and Thursdays at UUCFL

#### Monday night 5:30pm to 6:30pm Chair Yoga / Disability Yoga.

This class is for people who might have limited mobility, seniors, and people with disabilities. The poses in this class will be either in a seated position or standing with assistance from a chair for balance. This class will include breath work, asanas, relaxation and guided meditation.

#### Monday night 6:30pm to 8:30pm Traditional Sivananda Yoga Class

This is a form of Hatha Yoga, which will include breath work, asanas, relaxation and guided meditation. This is gentle class and can be modified to accommodate most levels of fitness.

**Thursday night 6:00pm to 7:00pm Yoga Express: Hatha Yoga Flow class.** The class will be a little faster paced and shorter than the traditional Sivananda Class. Most levels of fitness can be accommodated.

Please bring a yoga mat or large towel and water. Suggested donation \$10 per class but all are welcome! For more information please contact me at 561-767-5713 or victoria.abbott23@gmail.com.

Victoria Abbott - Certified Instructor

#### Loaves and Fishes Study Group Returns to UUCFL in May

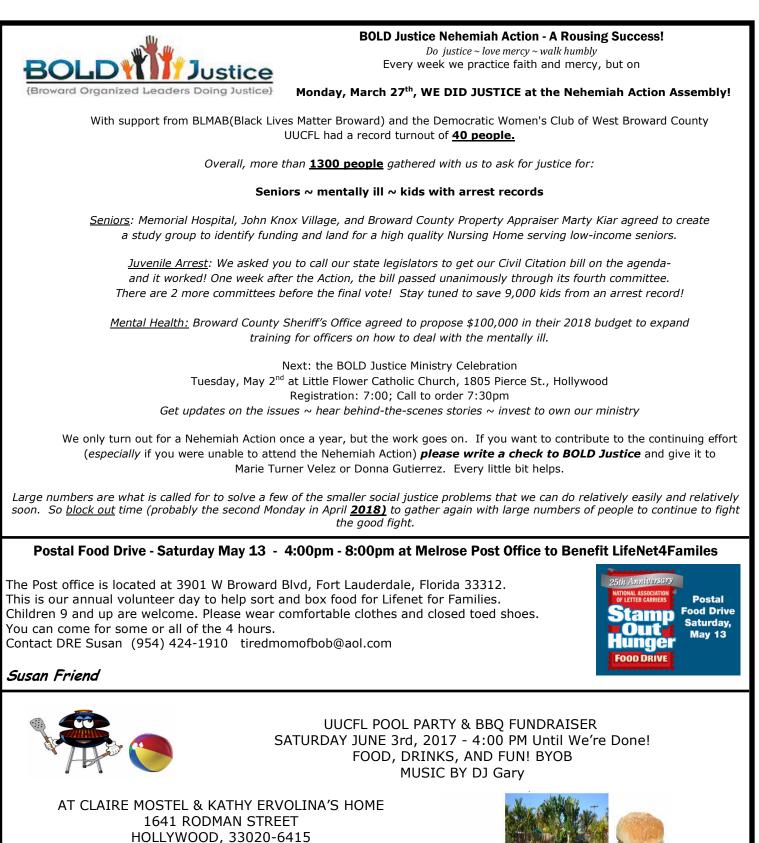


Loaves and Fishes (our chapter of the UU Christian Fellowship) is being revived starting on May 14. We will meet on the 2nd and 4th Sundays at 9:30am in the multi-purpose room. We will begin with a three-part series on environmentalism and the Bible led by Rev. Susan. All are welcome and invited. After our first three meetings we will have an opportunity to discuss how we would like to continue. For more information contact me at cathywaltz@bellsouth.net.

- - ----

Cathy Waltz





TICKETS: ADULTS - \$20 CHILDREN - Free

To RSVP, or with any questions, contact: Claire Mostel cmostel@gmail.com, (786) 512-5180



### MAY 2017

### THE JOURNEY

### Directory of Staff, Board, Committee Chairs & Affiliates

STAFF	Labyrinth Café Concerts
	Susan Moss ozwoman321@aol.com954-478-8637
• Minister	U U U U U U U U U U U U U U U U U U U
Rev. Susan M. Smith susan.smith.uu@gmail.com318-550-8462	Loaves and Fishes - Christian Study Group
Director of Religious Education	Cathy Waltz cathywaltz@bellsouth.net954-527-5275
Susan Dirgins-Friend tiredmomofbob@aol.com954-424-1910	Welcoming/Membership
Music/Choir Director	Michael Slater mttjslater@aol.com860-712-5552
Mark Henschel pianoyesmh@bellsouth.net954-536-5220	Mens Group
	Gary Ladka ga ryladka@mindspring.com954-650-3728
BOARD OF TRUSTEES	
•President	Ministry
Jim Giblin jgiblin24@aol.com954-296-0089	Claire Mostel cmostel@gmail.com786-512-5180
Past President	Nominating
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Dave Griswold dgriswold2001@hotmail.com786-389-9575	
•President Elect	Religious Education
Sandy Lange sandy@milleniumclinic.com954-401-5675	Michael Coburn michael@coburn.org305-409-7340
•Treasurer	Nicole Shulmanfranknnick@gmail.com954-942-0394
Donna Gutierrez ogoodgrl@gmail.com971-267-9165	
• Secretary	Sunday Services
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Betty Brantley betty618@bellsouth.net954-536-5754	Victoria Abbott victoria.abbott23@gmail.com561-767-5713
Nelson Lamis nelsonlamis@aol.com305-742-9524	Steve Holtz stevehbx@msn.com561-441-0646
	-
	Yoga
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	Young Adults (Mockingjays)
Building & Grounds	Ria Gaffud mgaffud06@gmail.com
Doug Friend dfriendperc@aol.com954-424-1910	
Gary Ladka garyladka@mindspring.com954-650-3728	ASSOCIATE & AFFILIATE GROUPS
Aesthetics	CUUPS (Covenant of Unitarian Universalist Pagans)
Janet Logan	Edie and Marty McAnulty ediemoonday@gmail.com954-294-4757
Stewardship	Endowment
Kathy Ervolina kervolina@gmail.com813-312-3292	Doug Friend dfriendperc@aol.com954-424-1910
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Social Justice/BOLD Justice	Michael Coburn michael@coburn.org
Betty Brantley betty618@bellsouth.net954-536-5754	
Marie Turner emtuvel@yahoo.com954-850-4889	
Cooperative Feeding Program	
Susan Dirgins-Friend tiredmomofbob@aol.com954-424-1910	Unitarian <del>±</del>
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Gary Ladka garyladka@mindspring.com954-650-3728	
Webmaster/Email Newsletter	
Gary Ladka garyladka@mindspring.com954-650-3728	
Caring Committee	STANDING ON THE SIDE OF
Douglas Paul dpaulnyc@yahoo.com954-739-8879	Shanding on the side of
Library	
Molly St. Cavish mstcavish@yahoo.com954-752-5717	
Building Usage	
Dave Griswold dgriswold2001@hotmail.com786-389-9575	
	N <sup>*</sup>

### MAY 2017

### THE JOURNEY

#### **Building Usage Scheduling**

With all of the activities going on in the building, especially with all of the exciting new things coming along, it will be very important to keep a close look at the calendar to make sure we have room for all events and renters that we



have, and to have scheduling conflicts kept to a minimum. Please email me at dgriswold2001@hotmail.com with any inquiries or to schedule an event at the church. Thank you.

Dave Griswold

#### **Expand Your UU Horizons**

Learn more and how you can become

more involved beyond our walls

UU Association - uua.org

UU Southern Region - seduua.org

**UU Southeast Cluster** -

facebook.com/UUFloridaSoutheastCluster

#### Remember the Hungry People Around Us

Please continue to fill the Food Baskets at the church with nonperishables for the LifeNet for Families |Cooperative Feeding Program. Learn more about the CFP and



other ways you can help. Visit www.lifenet4families.org or call (954) 792-2328



"The world's favorite season is the spring. All things seem possible in May."

- Edwin Way Teale



If you would like to see your birthday announced here and in the cUUrious cUUrier email newsletter, please contact the office to make sure we have your updated information in the computer

P/	AGE 11		MAY 20	17	THE JOUR	NEY
Sat		6 •9:45am - Southeast UU Cluster Justice Saturday 2017 (See page 5)	I3 •4:00pm - Postal Food Drive (See page 8) •7:30pm Labyrinth Café Concert (See page 6)	20 •9:00am - Visioning Event with Rev Susan (See article page 3)	27	Religious Education Events See special calendar on the RE page 4
Fri		ъ	I2 •7:00pm Second Friday Vespers Service - (See page 5)	61	26 Ramadan Begins •UU Social Group Florida City/ Everglades Adventure through 5/28 (See page 6)	Visit our on line calendar for late-breaking events www.uucfl.org and click "Coming Activities"
Thu	lar	4 •6:00pm Yoga Express with Victoria •7:00pm Mens Group •7:30 pm CUUPS	<ul> <li>I</li> <li>•6:00pm Yoga</li> <li>•6:00pm Yoga</li> <li>•7:00pm Mens Group</li> <li>•7:30 pm CUUPS</li> </ul>	18 •6:00pm Yoga Express with Victoria •7:00pm Mens Group •7:30 pm CUUPS	<b>25</b> •6:00pm Yoga Express with Victoria •7:00pm Mens Group •7:30 pm CUUPS	Visit our on for late-bre www.u and Coming
Wed	Calendar	<b>3</b> •6:30pm - Choir Rehearsal	10 •6:30pm - Choir Rehearsal •7:30pm - UU Social Group Ice Cream Social (See page 6)	17 •6:30pm - Choir Rehearsal	<b>24</b> •6:30pm - Choir Rehearsal	<b>3 I</b> •6:30pm - Choir Rehearsal
Tue	May (	7	6	16 •7:00pm - Sunday Services Committee	23	30
Mon		 •5:30pm - Chair Yoga with Victoria •6:30pm - Sivananda Yoga with Victoria	8 •12:00pm- UU Sisterhood •5:30pm - Chair Yoga with Victoria •6:30pm - Sivananda Yoga with Victoria •7:00pm - Board Meeting	I5 •5:30pm - Chair Yoga with Victoria •6:30pm - Sivananda Yoga with Victoria	<b>22</b> •1 2:00pm- UU Sisterhood •5:30pm - Chair Yoga with Victoria •6:30pm - Sivananda Yoga with Victoria	29 Memorial Day •5:30pm - Chair Yoga with Victoria •6:30pm - Sivananda Yoga with Victoria
Sun	Unitarian Universalist <sup>church of FL. Lauderdale</sup>	Every Sunday : 11:00 AM- Church Service and Children's Religious Education	7 •9:30am- UU Sisterhood •11:00am - Sunday Service •1:00pm - Eclectic Mind Shoppe	14 Mother's Day Journey Article Submission Deadline •9:30am - Loaves & Fishes •11:00am - Sunday Service •12:30pm - Fellowship Lunch Day •1:00pm - Eclectic Mind Shoppe	2   •9:30am- UU Sisterhood •11:00am - Sunday Service •12:30pm - Fellowship Lunch Day •12:45pm - Annual Congregational Election Meeting (See cover and page 2) •1:00pm - Eclectic Mind Shoppe	28 •9:30am - Loaves & Fishes •11:00am - Sunday Service •1:00pm - Eclectic Mind Shoppe



3970 NW 21st Avenue Oakland Park, Florida 33309				
Minister:	Rev. Susan M. Smith			
Office Phone:	954-484-6734			
Minister Phone:	318-550-8462			
E-mail:	uucfl@aol.com			
Website:	www.uucfl.org			
Sundays at 11 am:	Service & Children's Religious Education			

## The JOURNEY



### Sunday Morning Services at 11 am

### MAY 2017

#### **May 7 – "Wade in the Water" by the Rev. Susan M. Smith.** This month, we turn to our 5<sup>th</sup> Source: "Humanist teachings which counsel us to heed the guidance of reason and results of science, and warn us against idolatries of the mind and spirit". In preparation for our visioning work, we have looked at our shared values and our demographics. We cannot envision the future of our movement in South Florida without an honest examination of the effects of climate change on this area.

May 14, Mother's Day – "Motherhood" by Vanessa Gilyard. We will celebrate the many moods and aspects of motherhood by experiencing the music that reminds one daughter of the life she shared with her own mother. Lunch will be served.

#### May 21 – "Climate Change as Our Legacy" by the Rev. Susan M. Smith.

We are the ones who did not do what needed to be done, and now life will never be the same in any coastal city. Will we leave destruction or innovation as the water rises in our wake? Congregational elections and business meeting will follow. Lunch will be served.

May 28, Memorial Day – "Flower Communion Sunday" by the Rev. Susan M. Smith. Marking the last Sunday in the "regular" church year, we will celebrate this uniquely Unitarian Universalist ritual that reminds us of the uniqueness of each one of us. Everyone is asked to bring at least one flower and bouquets are welcome. Choir will sing.

