

The JOURNEY

The Monthly Newsletter of the Unitarian Universalist Church of Fort Lauderdale

October 2015
Volume 56, Number 9

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November 2015 Issue Deadline

Sunday, October 11, 2015

Submit articles to:

submission@uucfl.org

Editor

Valerie Heller

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Liberal Religious Thought
and Social Action in
Fort Lauderdale

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Church of Ft. Lauderdale

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Established in 1958



LifeNet4Families
Cooperative Feeding Program

LifeNet4Families Workday
Saturday, October 10 at 8:45am

Work your way to Page 4

Labyrinth Café Presents
Sam Pacetti
CD Release Party
Saturday, October 10
at 7:30pm

Tune to Page 5



Social Justice Summit
Sunday, Oct. 11

See Page 2

THE WITCHES' BALL!
SATURDAY, OCTOBER 31
7:30PM

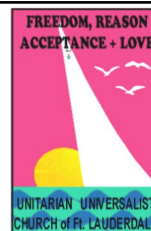
Samhain (pronounced "sow-win"), a.k.a. All Hallows' Eve or Halloween, is the traditional final harvest and the time when the veil between the worlds of the living and the dead grow thin. Our celebration includes a live band, costumes and strangeness. There will be attuning with the dead, a Druid's Rite and a Midnight Ritual.

The theme of this year's Ball will be Steam Punk. Think 1880s Industrial Age heavy machinery combined with surly youth with darkened eyes and Dr. Seussian clothing.

See page 7 if you dare!

Unitarian Universalist Church of Ft Lauderdale
Mission Statement:

**To come together as a caring community and sanctuary
for seekers of spiritual growth, truth, and meaning.**





President's Message

UUCFL Rituals

I always enjoy the ritual of Water Sunday. It is a time when almost all of us join together again to share our stories. But we have many other rituals, from singing "Spirit of Life" to enjoying coffee hour together.

This is the glue that binds us, from all our sometimes disparate spiritual paths. Yours is different from mine. Even among families, our Unitarian Universalist journeys are different; my parents' different than mine, mine different than my son's.

But that matters less than our interest in, and acceptance of, each other. What draws me to Unitarian Universalism is the morphing of my spiritual journey as the world unfolds around me,

and how that fits into our faith, just as each of your journeys shapes not only you but the people around you.

I invite you to freely share your journey with the rest of the congregation. It will strengthen you, and will strengthen all of us.

Dave Griswold

WANT SOCIAL JUSTICE TO REMAIN A PRIORITY FOR UUCFL?

If you are one of those members who feel strongly about our small but mighty church maintaining a strong presence in the Social Justice arena in Ft. Lauderdale for this year and in the coming years of Developmental Ministry, please join us after church on Oct. 11 for what I am calling a Social Justice Summit. We will see who shows up and share our current list of projects that have one or more people working on them. We will discuss ways of getting more members interested in this area and the ways we can leverage our efforts by networking. While having a minister committed to working in these areas is very helpful, many small churches and fellowships with part-time ministers or no minister manage to have a presence in their community far beyond their numbers. Let's talk strategies for networking across issues and getting to know who is already on board and how to try and recruit. It is going to be quite an election year and we will need to be involved. Join us in the MPR after lunch.

Keep the flame of justice alive at UUCFL.

Rev. Gail

Rev. Gail's Space

DOING THINGS FOR THE LAST TIME

I had a bit of a shock after church on Water Sunday when Susan Moss said that even though it got off to a bit of a confused start, she had really enjoyed the breaking up of the Water Ritual into the four directions themes, with a poem to introduce and call in water fitting each direction. She said, "I hope you do it again next year" and I said sure, that it had seemed to go well and that most people had understood they could come back a second time if they had something else to say that fit another direction's theme. Then, after we finished talking, I realized that for the first time in 17 years I will not be doing Water Sunday at UUCFL next year. I am going to need to leave that outline for the four directions and themes and the poems with the Sunday Services Committee. They can suggest the idea to your new minister but he or she may have very different ideas about how the Water Ceremony should go.

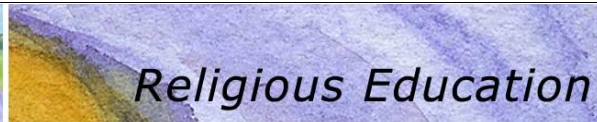


Indeed, after this awakening I realized that every event or special holiday party that we share together this year will be our last time doing them with me as part of the UUCFL community. Since I have been here for so long, it also occurs to me that many of you have no idea of the extent to which this long relationship we have had will simply cease to exist at the end of June 2016. In order for a new minister to be able to claim his or her rightful position as the new spiritual leader of a community, it is considered appropriate ministerial ethics for the departing minister to wish everyone a fond farewell, unfriend them on Facebook, change his or her email and phone number if feasible and just sort of disappear. I can't come back and do your Memorial Service or even attend it unless I get explicit permission from the new minister. I could not do a wedding or child dedication or any other ritual. After a reasonable interval, normally a couple of years, I might be invited back to preach or for some special occasion, especially if I am named Minister Emerita before I depart, as would be the norm for someone with my lengthy tenure. It may sound a bit harsh to some of you and to be honest it is a bit scary to me. I have worked and played and laughed and fought and struggled with many of you for over a decade and a half, but we need to clear the slate on both your side and mine so that new things can come in. You need to learn to like, love, hate or be indifferent to your new minister without my ghost, as it were, hovering around. Be assured that I will be following your progress on the website, through the Journey, etc, and cheerleading for you and wishing you well just as I have always continued to do with my first congregation in Flagstaff, AZ.

I went back to Flag two years after I left and attended a service and went on a picnic with folks and saw a few people for lunch or dinner. Then I had very little direct contact with anyone there for almost a decade. I stayed in occasional touch with a few members who had left the Fellowship and moved elsewhere and I kept track of the ministers coming and going over the years. In 2012, when the Justice General Assembly was held in Phoenix, I decided to go up to Flag for a few days but I did not really contact many people ahead of time. Within minutes of registering for GA, I had run into a dozen former congregants, including a woman I had worked with closely on many projects and who just happened to be in charge of the upcoming worship service. So after 13 years, I got to return and preach in the congregation that made me a minister and so graciously ordained me in May of 1999. They had changed a lot and not at all. I was amazed that so many people I had known were still there. Of course some had passed away, many had moved away from the area and some had simply stepped out of Fellowship life. There were lots of friendly new faces. They had all seemingly heard some nice things about me. They had heard that I was funny and that I had done a lot of work in the community. Even a few people who had not been my biggest fans when I served there appeared to have developed more charitable feelings about me over time. I imagine that some of you might say similar things about me to new people I might meet one day. A bunch of old and new people took me to lunch and we talked UU stuff and it was all good, and that is how it will be with us. All will be well for all of you and for me if we do our work well this year and say our goodbyes fully; our paths will likely cross again. That is how things go in the Unitarian Universalist Tribe. I just thought we should start preparing now for this long good bye. It will be hard but it can be beautiful.

Blessings on our long journey together,

Rev. Gail



Director of Religious Education (DRE) - Susan Dirgins-Friend
 Phone (954) 424-1910
 Email tiredmomofbob@aol.com



There are many good things happening right now at UUCFL. The Rev is back in the saddle, with a new and improved knee and some interesting sermons in our future. The choir is back in the schedule and sounding fantastic (if I do say so myself). We are starting our children's RE year and we are all excited about our 7 Principles curriculum, and our service project for the Humane Society. We had our first Vespers and our first yoga class with Jess. We are so lucky to have so much good going on. We have delicious lunches, a church that is getting fixed up and cleaned up, and our children's playground is almost finished. As we move into our Stewardship period in October, I want to challenge everyone here at UUCFL to really consider what you contribute to our community. My mantra is going to be give, give, give. Give of your time, your talents and abilities, and last, but not least, give money. Many hands make light work, and if everyone here gave money until it hurt just a little, we would have all that we need.

Love and blessings,

DRE Susan

October Children's Religious Education Schedule



Sunday October 4, 11AM

**Principle 1,
continued**

Sunday October 18, 11 AM

Principle 2

Sunday October 11, 11AM

**Principle 1,
continued**

Sunday October 25, 11AM

Halloween Fun

Lifenet 4 Families/CFP Update

LifeNet4Families

Cooperative Feeding Program

We are moving our monthly workday to the 2nd Saturday of the month, so please come out on Saturday October 10 to volunteer at the pantry. We will be working with our fellow UUs from the River of Grass congregation. We would really like to see more of our congregation coming out to volunteer. Many people who come to UU congregations say that they reason they come is because of an interest in social service. Please make our actions speak louder than our words. We start at 9AM and we finish at about 11:30. We make food boxes, stack shelves, and unload boxes. Please keep bringing non-perishable foods for the lobby food baskets. Canned vegetables, fruits, meats, beans, tuna and peanut butter are the items most needed. Please remember to check expiration dates. If you don't want to eat something expired, no one else does either.

On a separate note, Lifenet is looking for gently used MEN'S clothing. The items most wanted are pants and shorts (casual type or work type), T-shirts, polo shirts, work type shirts, and socks. Women's and children's clothing is not wanted.

Info or questions, DRE Susan tiredmomofbob@aol.com (954) 424-1910

Cluster Growth Workshop November 7

Carey McDonald, the UUA's Outreach Director, will be the featured speaker at the SE UU Cluster's Annual Meeting November 7. The theme of the meeting is "tending and growing our congregations." Carey and the Rev. CJ McGregor of the First Unitarian Universalist Congregation of the Palm Beaches will speak on growth, marketing and the future of faith. How can we reshape our faith to attract Millennials? How can we create a culture of growth? How can we develop our congregations? There will be hands-on sessions in the afternoon on Social Media and other topics. [Bring your smart phones and tablets/laptops.]

This exciting workshop will be at the Unitarian Universalist Fellowship of Boca Raton, 2601 St. Andrews Blvd, Boca Raton, FL 33434 (www.uufbr.org) on Saturday, November 7, from 9:45 AM to 4 PM. Registration, which includes continental breakfast and lunch, is \$15 advance, and \$20 at the door. To register, send a check payable to the SE UU Cluster to Kathy Jens-Rochow, Treasurer, 1420 SW 13 St., Ft. Lauderdale, FL 33312. Indicate dietary preference on the note line. Mail before Monday, November 2. PayPal registration will be available soon. For information contact Steve Jens-Rochow at euucluster@gmail.com.

Music Notes

Heading into the October music program, how can we top September's beginning? Water Sunday, with the return of the Choir in their rightful place and Alfredo

Tamburino's lovely flute contributions to both the Prelude and the anthem, as well as Rev. Gail's return to the pulpit, presented a high point to start the new Church year.

On September 27, the Choir invited you to "Join" them in joyful song and in appreciation of our "Wonderful World." This upbeat service added to our happy attitude as we enter our program year. Susan Friend has listed the potential choir selections for the month of October emphasizing pride in our church home.

Choir rehearsals are held every Wednesday from 6:45pm to 8:15pm. Regular attendance is essential to learn the music, especially the anthems that are new. Susan and Dot cannot prepare, mix and bake anthems! That would be easy compared with combining voice parts and expression to present a product that enhances the subject of the day. We have a wonderful core group, but we need more singers in each part. Don't hide your talent under a bushel (whatever that means). Come and be a member of this vibrant part of our church family!

In another month we enter the holidays. Please help us establish a solid choir to present the exciting and beautiful harmonies of Thanksgiving and Christmas. I am looking ahead because special music is not produced in one rehearsal. We work well ahead to wrap our musical packages for you.

Alfredo has agreed to play again when the flute is needed and we are so grateful for his willingness to work with us. Thank you again for being there for us, Alfredo.

We hope to have other instruments occasionally to enhance the services. Stay tuned!

Sing and Rejoice,

Dot Muise, Director of Music

**Labyrinth Café Concerts Presents
Sam Pacetti CD Release Party
Saturday October 10 at 7:30pm**



Sam Pacetti is one who brings it all together. A fingerstyle guitar wizard. A deft songwriter, capable of haunting depth and wry humor in the space of one song. An impassioned and ecstatic vocalist, as well as a mesmerizing live performer, seamlessly melding head-spinning guitar pyrotechnics and raw emotion into one breathtaking package. Pacetti represents a culmination of the best of the American and British traditions. Tradition and innovation neatly balance in Sam Pacetti's music, the whole infused by a relentless intelligence intent on musical and philosophical synthesis. Martin Simpson, Richard Thompson, Joni Mitchell and Merle Travis are touchstones to Pacetti, and while there are strong elements of the American primitive school of guitar wizardry throughout his work, there is a powerful raw emotionality evident as well - an earthy sensuality more reminiscent of a Greg Brown or a red-dirt blues master than of a musical academician.

Reservations requested but not required:

Contact Susan at OzWoman321@aol.com or 954-478-8637

\$20 at the door; \$17 advance reservations (checks made out to the performer received in the UU church office no later than Wednesday before Saturday show)...

...plus non-perishable item for our local Cooperative Feeding Program (canned meats, beans, fruits, vegetables, peanut butter, dried milk, pasta, rice, cereal, baby food and baby formula).

We're once again offering a season pass (\$150), which includes admission to all 9 September—May shows, as well as premium reserved seating and a Labyrinth Café T-shirt (designed and printed by Virginia and Erik, Labyrinth Café volunteers). It's a wonderful way to support the UU church, our performers and the continuation of live, original music!

Please visit www.labyrinthcafe.com for further details and the artists' websites, and our Facebook page to give us a thumbs-up, which will then keep you informed of upcoming concerts.

Saturday, November 14, 2015 - Nick Annis/Tom Prasada-Rao

Saturday, December 12, 2015 - Harpeth Rising

Saturday, January 9, 2016 - Jennings & Keller/Flagship Romance

Saturday, February 13, 2016 - Danny Schmidt and Carrie Elkin

Saturday, March 12, 2016 - Rod MacDonald/Jon Brooks

Saturday, April 9, 2016 - Amy Carol Webb/Claudia Schmidt

Saturday, May 14, 2016 - Ellis Paul

Can't wait for you all to join us once again for song and camaraderie!

Susan Moss, Coordinator, Labyrinth Cafe Concert Series

Vespers

Please join us on Friday October 9th at 7PM for our October Vespers service. Jeff Hutt will be leading, and we will certainly be presented with an interesting and engaging service. Vespers is now on the 2nd Friday of the month, at 7PM.

It is a short service, about 45 minutes long, which features readings, music and meditation. We finish the evening with a time for socializing and enjoying wine and cheese. Please come out and start your weekend with inspiration.

Questions can be directed to Susan Dirgins-Friend, tiredmomofbob@aol.com (954)424-1910



The church library is now officially reopened. We have had some great recent donations: cookbooks, gardening, fiction. Please browse. Donations always welcome. Just leave them on the library table. Toddler books can always go to the nursery.

Molly St. Cavish

You are invited to honor, celebrate or memorialize your loved ones or special occasions by offering flowers, a floral arrangement or plant to the Sunday Services Committee. Your gift will not only decorate the pulpit on your chosen Sunday but its beauty will add to the feeding of souls. In return, unless you ask us not to do so, your name and the reason for the gift will be mentioned in the Order of Service. After services you are welcome to take it home or re-gift it to a member or another group. We are excited about the possibilities this added offering to our Sunday Services will bring. Please contact Jeff or Rev. Opal for more information or to sign up.

In gratitude,
Rev. Opal Murray

TED Talks

TED Talks on a variety of topics will be held regularly on the third Tuesday of each month at 2:00pm. Join us on October 20.

Coming CUUPS Events

October 31st is our 18th Annual Witches' Ball! There will be a band called B.O.B. that plays music to dance and sway to - Grateful Dead, Santana, and more... Two Rituals and a Costume Contest. This year the theme is Dark Steampunk, so put on your best Poe, Sherlock Holmes, Wicked Airship Pirate costumes. Join us on this night where the veil is thin between this world and the world of our ancestors. This is a huge fundraiser for the Church.... \$15.00 at the door.

Thursday 7:30pm Study Group continues. Topics will be:

October 1: Divination Techniques

October 8: Hecate- Learn about this Dark Goddess

October 15: Make a Mini Besom, a.k.a. Witch's Broom

October 22: Quantum Consciousness

October 29: Stories of Samhain and Ritual Planning



Blessings,
Edie & Marty McAnulty



**Pride Fort Lauderdale's week of events to end with first ever
downtown street party:
Become Pride.**

Pride Fort Lauderdale 2015 is focusing on ending LGBTQ inequality by bridging gaps between communities in greater Fort Lauderdale area.

For the first time since Pride Fort Lauderdale's inception, a full week of Pride events will end with an event held in downtown Fort Lauderdale: **Become Pride**. This historic event is being held in Himmarshee on October 11th from 6pm to Midnight. We are expecting thousands to be in attendance with live performers, dancers, DJs and events supporting equality that will make this evening one to enjoy and remember; one such event we now officially announce to be the crowning of a local youth as winner of the Fort Lauderdale Teen Pride Pageant by the reigning Miss Teen Pride USA: Jazz Jennings. Teen star Jazz Jennings of The Learning Channel's (TLC) reality show "I Am Jazz" holds the inaugural Teen Pride USA national title in honor of her bravery and activism for LGBTQ youth.

To get involved, please contact:
Bryan Wilson [of UUCFL fame as the director of The Vagina Monologues, Feb. 2015]
Become.City
Phone 954-636-1223
bryan@pridefortlauderdale.org



Wake Up and Smell the Coffee

Everyone has been great about bringing goodies in for coffee hour and we thank you. Ken has even brought in FRUIT, which we appreciate, and many of you have brought in homemade goods which are *wonderful*. However, we have a problem. There are only two volunteers that I know of who are committed to a Sunday to get the coffee hour set up- Jessica Palman and myself. Jeff is there and is wonderfully supportive but he has all kinds of other stuff he is supposed to do on a Sunday morning. Our two wonderful cooks, Rick and Nelson, do NOT make coffee. They have enough to do on the Sundays when they serve us all. While I am very glad to make coffee once a month, it is too much to make it three Sundays in a row.

I propose that this month, October, we put out a signup list ask EVERYONE in the church, with the exception of those who are truly handicapped, to sign up for one or more open Sundays in the next four months. Sign up with a friend, a spouse, a kid. It's better to have two people on a Sunday. You will be called midweek of your Sunday to be reminded. IF NO ONE SIGNS UP ON A BLANK SUNDAY, WE WILL NOT HAVE COFFEE THAT DAY. There will be copies of a list of your responsibilities: what you need to bring and do. If you've ever entertained in your home, you can handle this! You may even have fun!

Molly Lesnick



"I love deadlines. I like the whooshing sound they make as they fly by."

Douglas Adams

Directory of Staff, Board, Committee Chairs & Affiliates

STAFF

• Minister

Rev. Gail Tapscott.....954-288-4245

• Director of Religious Education

Susan Dirgins-Friend.....954-424-1910

• Music Director

Dorothy Muise.....954-731-8790

• Choir Director

Susan Dirgins-Friend.....954-424-1910

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Molly St. Cavish.....954-752-5717

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Ken Beier.....954-336-7412

Nominating

Jerry Waltz954-527-5275

Religious Education

Michael Coburn.....305-409-7340

Sunday Services

Opal Murray770-265-6242

Wisdom and Enlightenment Series

Opal Murray770-265-6242

ASSOCIATE & AFFILIATE GROUPS

• CUUPS

Kip Barkley.....954-784-8307

• Endowment

Doug Friend.....954-424-1910

• Interweave

OPEN

• UU Service Committee

Noralee Traylor.....954-776-4226



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The program runs between January 1 and the IRS income tax filing deadline (usually April 15) of the current year.

Mention the Church to any H&R Block Agent when you refer someone to make sure UUCFL receives the credit

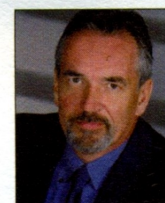


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Remember the Hungry People Around Us

Please continue to fill the Food Baskets at the church with non-perishables for the LifeNet for Families Cooperative Feeding Program. Learn more about the CFP and other ways you can help. Visit www.feedbroward.org



October Birthdays

London Coburn 10/2
 Guy Jeanty 10/2
 Noralee Traylor 10/5
 Jerry Zelin 10/10
 Judy Knopp 10/12
 Mara Newman 10/20
 Sebastian Coburn 10/20
 Deborah Rivera 10/31



Please Patronize and refer the above Friends and Members of the Church as they support the us with their advertising. Make sure you tell them you saw their ad in The Journey.

If you would like to see your birthday announced here and in the cUUrious cUUrier email newsletter, please contact the office to make sure we have your updated information in the computer

Sat

Fri

Thu

Wed

Tue

Mon

Sun

Every Sunday :
11:00 AM-
Church Service
and Children's
Religious Education

October Calendar



Visit our on line calendar for late-breaking events www.uucfl.org and click "Coming Activities"

Religious
Education Events
See special
calendar
on the RE page 4

4 •9:30am- UU Sisterhood	5	6	7 •6:45pm - Choir Rehearsal	8 •7:30 pm CUUPS	9 •7:00pm Vespers	10 8:45am- LifeNet4Families Cooperative Feeding Program Workday (see page 4) •7:30 pm Labyrinth Café Concert (See page 6)
11 •Journey Article Submission Deadline •12:30pm - Fellowship Lunch Day •1:00 Social Justice Summit	12 •7:00pm - Board Meeting	13	14 •6:45pm - Choir Rehearsal	15 •7:30 pm CUUPS	16	17
18 •9:30am- UU Sisterhood	19 •7:00pm - Sunday Services Committee	20 •2:00pm TED Talk	21 •6:45pm - Choir Rehearsal	22 •7:30 pm CUUPS	23	24
25 •12:30pm - Fellowship Lunch Day	26 •7:00pm Welcoming/ Membership Committee	27	28 •6:45pm - Choir Rehearsal	29 •7:30 pm CUUPS	30	31 Witches' Ball 7:30pm

Unitarian Universalist

Church of Ft. Lauderdale

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Oakland Park, Florida 33309

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Minister Phone: 954-288-4245

E-mail: uucfl@aol.com

Website: www.uucfl.org

Sundays Service & Children's
at 11 am: Religious Education

The JOURNEY



Sunday Morning Services at 11 am

OCTOBER 2015

October 4– Religion at a Turning Point– At a couple of previous times in human history, shifts in the religious landscape on a large scale have taken place. These changes have tended to be paradigm shifts and to have taken place in many locations at similar times. Many are saying we are somewhere in the cycle of a new world-wide shift. Rev. Gail will examine what happened in the last “axial age” and compare with what is going on now.

October 11 - Healing the Broken Places– Most of us at different times feel wounded in body, mind, spirit, or soul. How can we move toward healing some of the holes and broken places in our lives and how can we move toward developing the skills to help others do so? Rev. Gail will open up these questions and wrestle with some suggestions.

October 18 – How to Create Church Communities that are Healthy Systems – We often compare churches to family and say the people in the church are like extended family. However, we all know that families come in all varieties, some happy and highly functional and others not so much. Many of the same dynamics that apply to helping families become healthier can also be applied to churches. Rev. Gail and friends will share some of the exciting insights of this work in today’s sermon.

October 25 - A Samhain Ritual for Unitarian Universalists– UUCFL Treasurer Donna Guttierrez once again offers a service in the ancient Pagan tradition. Join us for this special day that will include a Day of the Dead altar. Bring pictures and objects related to those who have passed on.

November 1 - The Blues and Poetry– Long a lover of the many forms of the blues idiom, Rev. Gail will take a new and different look at this all-American poetic and musical expression. We will have live and recorded blues music and enjoy a new take on a major influence on American life.