

The JOURNEY

The Monthly Newsletter of the Unitarian Universalist Church of Fort Lauderdale

OCTOBER 2009
Volume 50, Number 9

In This Issue

President's Message.....	2
Rev. Gail's Space.....	3
Religious Education News.....	4
Directory.....	9
Market Place.	10
Calendar.....	11
Sunday Services.....	Back Cover

**November 2009 Issue
Deadline**

Sunday October 11, 2009

Submit articles to:
submission@uucfl.org

Editor

Gary Ladka

Production Staff

Sandy Walker
Dot Muise Betty Highton
David Armstrong Bill Cox

New visitors receive **The Journey** for three months.
To continue receiving our newsletter, please call the office.
Enjoy and Print **The Journey** in Full Color on Our Website - www.uucfl.org

A Center for
Liberal Religious Thought
and Social Action in
Fort Lauderdale

**Unitarian
Universalist**
Church of Ft. Lauderdale

3970 NW 21st Avenue
Oakland Park, Florida 33309
954-484-6734
www.uucfl.org
Established in 1958
Celebrating Our 50 Year Jubilee

Cooperative Feeding Program Workday
Saturday, October 3 - 8:00 am
See article on page 7



October 4—Stewardship Sunday
11:00am Service Followed by Luncheon
Get Your "Steward-sheep"

"Transformative Tuesdays" Adult Religious Education



Sessions Begin October 6
Be transformed on Page 4



Labyrinth Café Triple Bill Concert
Saturday, October 10, 2009 - 7:30 p.m.



More info on Page 6

Enrichment Program
Sunday, October 11 - 1:00pm
You are Invited - Make New Connections
Read more on Page 2



All Church Drum Circle with Sophia
October 18 – 1:00pm
Beat a path to page 5 for more



Bingo is Coming

For Fun and Practice - Friday October 16 - 7:00pm
Grand Opening - Wednesday October 28—6:30pm
Be a Winner—Go to Page 7



PARTY TIME!!
PUMPKIN CARVING - OCTOBER 24 -
5:00PM
DETAILS ON PAGE 2

WITCHES BALL - OCTOBER 31 - 7:30PM



Jan Taddeo, Student Minister

I am very pleased to serve as the Student Minister at UUCFL this year. I have already met many of you and received such a warm welcome. Thank you!

About Me: I am a fifth-generation Unitarian Universalist. I grew up in the UU Congregation of Fairfax in Oakton, Virginia where my husband, Russ, and I are still active members. We moved to Miramar, Florida in August 2007, in part to be closer to Russ' brother and his family. Our son, Davin, lives in Columbia, Maryland with his partner, Rachel.

I am in my fourth year of study at Meadville Lombard Theological School in Chicago. I expect to graduate in May 2011. As a student at Meadville Lombard I am expected to be in relationship with a congregation through which I can take ideas and concepts offered in the classroom and explore them in a congregational context ... in just 10 hours a week! This year I'm taking nine courses that cover a wide range of topics. Two in particular will require projects I hope to share with you: "Religious Education in a Changing World" requires that I observe the lifespan faith development program in a congregation, and "African-Americans, Unitarians, Universalists and Unitarian Universalists" requires that I learn about the racial history of the congregation and the nearby community. I look forward to exploring with Gail and with my Praxis Committee ways to incorporate these requirements into our time together.

Thank you for serving this faith we share by being a Teaching Congregation! It is a joy to be among you.

Blessings...

Jan

Sunday Enrichment Program Continues

**WE
GROW
TOGETHER**

Our new Monthly Enrichment Program will meet Sunday, October 11 1:00pm in the Multipurpose room.

Join members, guests and friends each month for lively discussions on meaningful topics with an array of different people leading the group.

October's topic:

Forgiveness facilitated by Larry Wilkner.

All members, guests and visitors are invited.
No advanced reading or other preparation required.
Just bring yourself and your cUUriosity.

Spooky Fun is Ahead!

October 24, 5-9PM

UUCFL Annual Pumpkin Carving Party



Join us for fall fun. We will carve pumpkins (bring your own, or use one of ours for a small donation), eat casual dinner, do fall crafts, and enjoy fellowship.

This is a church wide event and is enjoyed by all. We want to see everyone turn out this year.

For info on how you can help, or questions,

DRE Susan (954) 424-1910

tiredmomofbob@aol.com

Prez Says

While much of this message deals with financial issues, I want to emphasize the importance of your participation in congregational activities. Money is merely a means of supporting our larger goals. In this article I, explain our current cash shortfall, some actions that can help to relieve this shortfall, our plans for dealing with financial realities for 2010, and financial contribution requirements for members.

In January 2009, the congregation passed an optimistic budget that included a deficit of approximately \$26,000. Even with unexpected income from bequests and increased rental income from the Seventh Day Adventist congregation, we are still facing a shortfall for the remainder of the year of about one-third of that amount.

So, what can we do about our financial shortfall? For the remainder of 2009, members who are able are requested to fulfill their pledge commitments and, if possible, make additional financial contributions. We will also have two major fund raising activities this fall: a Service Auction and Bingo. To support the Service Auction, I urge members to support this by offering services, such as house parties and personal services, and by purchasing services. This will occur in the Sanctuary during our Sunday activities. Our Bingo rehearsal on September and will go live in October. This was designated by the Congregation as one of our primary fund raising efforts, and your participation will help make this a success.

To prepare for 2010, our Stewardship Campaign is already underway with Stewardship Sunday occurring on October 4. In addition, our Finance Committee is already at work on the 2010 budget. By concluding these efforts well before the end of the year, we will have a realistic picture of our 2010 financial situation prior to the end of this year and be able to present some good budget options at our congregational budget meeting in January 2010.

I often hear concerns and questions about the requirements for financial contributions for members. Our bylaws state

Voting members are those who have qualified for membership by signing the membership book as provided in the Charter and who have made an identifiable financial contribution during the previous twelve (12) months. In special circumstances, the President in consultation with the Minister and Treasurer may waive this provision.

The bottom line is that we do not have a minimum contribution, but that we require an "identifiable financial contribution."

As we face these financial challenges, it is important to remember that UUCFL has substantial resources. We have a Building Expansion Fund of about \$250,000 that was used this year to support our exterior repairs, and we have a separate Endowment Corporation that continues to support improvements at UUCFL and worthy programs in South Florida. Equally important, we have the support of the Unitarian Universalist Association, the Florida District, and YOU, our membership. While this is a very challenging time for many of our members, I urge those who are able to be generous with your contributions to our community.

Ken Beier

Rev. Gail's Space

Making The Annual Pledge Campaign Obsolete

Last year in our annual effort to raise enough money to keep our church operating for another year, we changed the title of the effort from Canvass to Stewardship which certainly sounds better and is truer to the actually nature of the enterprise. What stewardship means is that we are all responsible for maintaining and enhancing our mutually owned entity- the Church. Now this church we all own together is not just the building, although our lovely building and grounds are certainly one of our big attractions. The church is our professional staff, our programs, our Sunday services, coffee hours, lunches, our outreach into the larger world and our caring for each other. It is hard to put a monetary value on an institution that has the power and ability to change, enhance and sometimes even save your life and sanity. Our church in particular and Unitarian Universalist Churches in general have regularly done all these things. Some of you have come here at a particularly challenging time in your life and found ideas, inspiration, friends and causes that have helped you move on in your life. Sometimes you may have even moved on from us. However, I hope that all of you who have found a moment of respite in this special place, even if you are no longer an active member, friend or participant will feel a desire to make sure this place is still here for another year, five years or ten years so it can provide some one else a bit of what it may have given you.



Michael Durrall, a well know money expert and theorist about the liberal church in his newest book [The Almost Church Revitalized](#) argues that UU churches spend enormous amounts of time and energy each year in just trying to raise the money to keep the church going from people who already, by the existence of their names in the data base, have committed at some level to keep the church alive and affirmed its importance to them. He has a whole series of arguments about this in his exciting little book which should be read by every serious Unitarian Universalist, but primarily he suggests we could put all this energy to better use if each and every one of you just automatically renewed your financial commitment each year at a slightly higher rate than the year before. He says that surveys show that most UUs could easily double their level of support for their local church and the denomination in general without adversely affecting their lifestyle. Even in these challenging economic times, many people can give more money and almost everyone can give more time that can result in more money such as volunteering in our fund raising actions like Bingo or Service Auctions. Why don't we move to start giving before we are asked and freeing up all this time, creativity and energy to do the great work that needs to be done in a hurting world. Come on Oct. 4 and fill out your pledge form right away. Give more than you ever have before and let us see what is possible in our little corner of the universe. Make the idea of tithing or moving toward it a part of your spiritual practice. People who do this say it almost always makes them worry less about money in the long run. Rev. Peter Gomes, minister at Memorial Church at Harvard University says, "Charity is enjoined upon each of us, not simply upon the rich or upon those who can be said to afford it." May we have a blessed year of living in abundance and generosity.

Rev. Gail

RELIGIOUS EDUCATION (RE) NEWS

Director of Religious Education (DRE) - Susan Dirgins-Friend

Phone (954) 424-1910

Email tiredmomofbob@aol.com

Committee Meetings - Third Sundays of the Month—9:30am

I have a large lizard living in my house. Her name is Nina, she is a particularly beautiful example of an Australian Bearded Dragon and her enclosure has a place of prominence in my living room. My son got her as a hatchling, and in the way of all pets, she became the responsibility of my husband and I. I expected the feeding, the cleaning and the large vet bills (specialist vet of course), but what I did not expect to acquire was a new love relationship. When I walk into the living room in the morning, she turns to look at me. When I call her name, she makes obvious, engaged eye contact. When I hold her in my lap and rub her spiky head and back, she luxuriates and almost purrs. Who knew? This is an example of when something that was dumped in my lap as a somewhat onerous responsibility became something quite different. As we struggle forward on our paths, we are often presented with yet that "one more thing". What I want to say, and hope I don't sound like Polly-Anna, is that the "one more thing" can often have another side. The sudden responsibility of taking care of a sick or aging relative can present us with a chance to know that person, and perhaps have our children know the person in a way that was not possible before. The child struggling in school who needs our help every evening with homework (when we are exhausted after work) can create a bond that will never be broken. The disabled vehicle can get us out walking or relying on friends for rides which gives us a chance to spend time with them. As we move into the holidays, let us all try and "look for the silver lining". It is often there, and can be the greatest gift of the season.



Love and Blessings, Susan

Adult RE Calendar for October

"Transformative Tuesdays" begin October 6

Join us on Tuesday October 6, 13, 20 and 27 for transformation and good food.

At 4PM, DRE Susan will lead "Heart to Heart",

Cost is \$40.00 for the 8 week class.

At 5:45 we will have a simple soup, cost is \$3.00, followed by a meditation. At 7:15 PM Rev Gail will teach "Religion and the Arts", cost is \$50.00 for the 8 week class. Brochures are available around the church.



These "Transformative Tuesdays" will continue throughout November. Please sign up in advance.

Children's RE Calendar for October



Sunday October 4, 11AM
Stewardship
Kids Start in Class

Sunday October 11, 11AM
Regular RE
Kids Start in Class

Sunday October 18, 9:30AM
RE Committee Meeting
All are Welcome

Sunday October 18, 11AM
Regular RE
Kids Start in Class

Saturday October 24, 5-9PM
Annual Church Wide
Pumpkin Carving Party

Sunday October 25, 11AM
Intergenerational Service



Some have asked for more specific information than the description in the brochure about the Religion and the Arts class.

Class sessions are scheduled to address the following topics:

Oct. 6- Introduction to Religion and the Arts- The historical connections in various cultures and sharing of personal peak spiritual experiences with the arts in general.

Oct. 13- Religion and Music- We will look at specifically religious music and other types of music that have brought us closer to the spirit.

Oct. 20 - Religion and Dance- Some video clips and hopefully a guest artist.

Oct. 27- Religion and Drama- Some dramatic readings and sharing of peak theatrical experiences.

Nov. 3- Religion and Poetry- We will look at religious poetry from world religions and contemporary poetry that has inspired us.

Nov. 10- Religion and Literature- We will review literary scriptures and then hit on a few of the many novels and stories inspired by such literature.

Nov. 17- Religions and the Movies- An overview and discussion of religious, spiritual and ethical themes in cinema through the years.

Nov. 24- Religion and Television and other popular entertainment like the Circus.

We hope to have some guests speakers and we invite all attendees to bring to classes examples and stories of their peak moments in experiencing the arts.

Rev Gail and Susan Friend

Stewardship Committee Asks...Why be Generous?

- To fund what we love
- To have right action
- To ease guilt and do our part
- It feels so good
- To be a miracle without dying
- As a spiritual practice
- To maintain our lovely community
- To follow our leaders
- To support good work
- To take care of the house
- To fund a dream for tomorrow
- Because it's our turn
- To get your sheep pin
- So you can vote next year
- To get the U.U. world
- To avoid being part of the problem
- Because I'm so darned grateful for the work of others before
- Because the Bible / Koran tells me so
- Because my parents did
- To save the world
- And pay my own way
- So I can get more \$2.00 lunches
- For practice for when I become a member
- To do one more impossible thing
- Because I can
- To pay for those who cannot
- To get my sheep



Stewardship Committee

Down to Earth with Building and Grounds

Greetings!
 First and most important!
 Thank you, to all the
 Volunteers who help with
 Building and Grounds.
 I believe you are doing so
 out of joy; the work is
 satisfying and Karma
 beneficial.



News from the Bldg. and Grounds committee involves a change in scheduling. We will now be meeting on the Second Saturday of the month. Our meeting time has changed too. Our start time will be 2PM and we will work till 5PM. Hopefully if you have been unable to participate in the past you'll be able to join us under this new schedule. We will continue to offer our volunteers a continental lunch of fruits, breads, drinks and more. Our committee works inside and out. Keeping the place ship shape is our joy. Be a building and grounds volunteer on October 10th at 2PM. Pizza will be served on this work day come and be a B & G Volunteer.

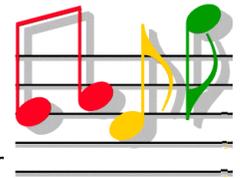
Note: Service hours are available for teens needing volunteer hours for graduation.

Steve Lange B & G Chair 954-257-9262

Music Notes

It is wonderful to be back to our regular church services albeit with changes both good and bad.

Our beloved choir director, David Fisher, is still unable to take back his duties, but busy and talented Susan Friend has volunteered to keep the choir on its toes with her direction.



It does feel good to hear the choir again - what a great group of dedicated singers. Our sincere thanks for taking on additional responsibility, Susan.

Charlie Prather, who built and donated the organ, continues to add his lovely pre-service music as well as enhancing the piano for hymn accompaniments. The organ will be officially dedicated at our service on October 25 when guest organist, J. W. Arnold, will play prelude, offertory, and postlude. This will be an ideal time to hear all the many voices that the organ can provide.

Speaking of voices, the choir will sing on October 4 and 18. Vernon Allen will be scheduled for a solo soon. Bill Cox will be playing a special prelude on October 11. Exciting things are happening in the Music Department.

The annual Jazz Concert will be performed on November 7 at 8:00 PM in the UUCFL sanctuary. The same five brilliant players have been hired again this year - Bob Vandivort, Ira Sullivan, Brian Murphy, James Ousley, and John Yarling. Donations of \$20 will be collected at the door. Reservations may be made by phone at 954-484-6734 or 954-731-8790. Tell your friends about this special program. It will be worth your time to attend.

Our thoughts are with David Fisher as he hopes to regain his strength and return to his church family. Love you, David.

Dot Muise, Director of Music

Drum Circle Workshop with Sophialinus -The Drum Lioness

Sunday October 18, 2009 - 1 PM - Drum Circle Workshop 1 - 2 PM / Drum Circle 2 - 3 PM

All level drummers are welcome. We will be using the Sanctuary for the Workshop and Drum Circle. Learn the etiquette of a Drum Circle and the basics of Drumming. What is a Drum Circle? Why have a Drum Circle??



Bring a drum, percussion, or any musical instrument if you can. Bring a bucket or can and wooden spoons if that's all you have to drum with. It's all good and makes everything sound better. There will be some extra percussion instruments for sharing.

Goddess Love and Blessings :))

Sophia

Save \$ with "Share Florida" Food Network



UUCFL is now part of the "Share Florida Food Network". This monthly nonprofit service allows you to order a variety of items through our participation as a "Host Site" for pick up of ordered items. Deadline for October Orders is the 7th with pickup date on the 24th.

We take orders Sundays after service and on Wednesdays from 2:00pm - 4:00pm in the Library. Pickup times will be 9:30am - 10:30am on the delivery dates and it is most important that you pick up your food at this time, as we have no means of storing it. No membership required and anyone can participate. Visit www.shareflorida.org to find out about monthly packages and specials.

Laura Lange and Susan Friend

Bylaws Task Force Meets Sunday, October 25

Do we like Roberts or Robertas? What committees should be required? The answers to these and many other questions will be addressed by the bylaws task force which begins its work on Sunday, October 25 at 9:00 am. All members are welcome--please let me know if you have any questions about this effort.



Ken Beier

CUUPS Update

Saturday, October 31 is our 12 Annual Witches Ball.

The doors open at 7:30 pm. There will be live music by Witch's Mark, partying, food, psychic readers, lights on the labyrinth, and communing with the Dead. Yes, this is our Pagan's High Holy Day.



Kip, Resident Pagan

Book Discussion Group October 25



For those who follow what are now sometimes referred to as "the Old Ways", this is a time for reflection on the closing of the year. We honor those who have come before, especially our beloved dead. Accordingly, the next book on our list for discussion is "Honoring our Ancestors: Inspiring Stories of the Quest for our Roots" by Megan Smolenyak. It came highly recommended and can be easily obtained, new or used, on Amazon.com. I look forward to seeing you at our discussion on October 25th, right after church!

Melanie Taffel



Labyrinth Café—Triple Bill Concert

Saturday, October 10, 2009 - 7:30 p.m.
Shawn Snyder Raffa and Rainer Shauna Sweeney

"Shawn Snyder's original acoustic folk-rock is lyric-driven, with an organic simplicity, utmost sincerity, and unmistakable groove" (Beat Magazine, Melbourne, Australia), soulfully blurring the lines between folk, rock, jazz, and blues. One thing remains consistent in his art. Whether mining the internal world of love, heartache, and soulful striving, or playing storytelling curator to his eavesdropping on the world at large, his observations are always colored with his unique perspective: an affirmation of life, hope, and beauty in the face of sadness and struggle. www.shawnsnydermusic.com/



Raffa & Rainer emerge from the sprawling metropolis of Miami, a place known more for its dance clubs and neon than moonlit swooning and swaying. Raffa Jo on vocals and guitar makes you feel like you've fallen into a tender dream. Rainer Davies on various

strings plucks out a groove so steady you'll be wanting to buy up some real estate in his neighborhood. These two have come together in their live performance to forge a sound not easily categorized, but if you'd like to venture there it would be something described as sweet la-la, gypsy folk, dirty honey - in a jar sittin' on a windowsill next to the shoo-fly pie. See....? Told you so. <http://www.myspace.com/raffaandrainer>

In a place such as South Florida where seasoned players have been holding down gigs since before her birth, an up-and-coming songstress like Shauna Sweeney might have their work cut out carving a niche for themselves. But watching this bubbly, charismatic young woman floor the crowd with her disarmingly candid lyrics and powerful, earthy vocals makes it easy to see how she has managed to do just that. In the last four years she has continued to gain fans, playing 700+ shows and offering up solid, groovy rhythms on both a sunflower-dressed acoustic guitar, and her beloved African djembe drum. <http://gotfolk.com/artists/sweeney/shaunasweeney/shauna0507index.html>



Reservations requested but not required: Contact Myra at Myrafly@yahoo.com or Susan at OzWoman321@aol.com or 954-478-8637

\$15 at the door, plus non-perishable item for our local Cooperative Feeding Program (canned meats, beans, fruits, vegetables, peanut butter, dried milk, pasta, rice, cereal, baby food and baby formula); advance reservations: \$12, checks (made out to Doug Spears or Grant Peeples) received in the UU church office no later than Wednesday before Saturday show.

We're once again offering a season pass which includes admission to all shows, as well as a Labyrinth Cafe T-shirt (designed and printed by Virginia and Erik, Labyrinth Cafe volunteers) and premium reserved seating. It's a wonderful way to support the UU church, our performers and the continuation of live, original music!

Please visit www.labyrinthcafe.com for further details and the artists' websites, as well as www.myspace.com/labyrinthcafe for song samples!

Susan Moss - Labyrinth Café Concerts

BOARD BITES

What's Your Board of Trustees up to? :

Thanks to last month's Strategic Planning Session, we have taken a good look at our goals and our church calendar. Here are a few of our activities:

October 4th will be the kick-off for our 2010 Stewardship Campaign with one of our typically lovely Unitarian luncheons. Mark your calendar! The Stewardship Committee has really outdone itself! We have some surprises in store and believe you will enjoy the season!

Is e-mailing the Journey (our monthly Newsletter) a more efficient (and green) way of communication? We have mixed feelings and would like to know what you think. Do you prefer e-mail, pick-up in the back of the church, or what some folks call "snail mail"? Let us know.

We're working on a music overhaul! We hope to create a more varied Sunday worship experience using the teal hymnal more often and perhaps incorporating guitar, flute, or drumming. We'd love to hear any ideas you may have.

Our \$2.00 luncheon has already proved fabulously successful and will only get better. We're glad you enjoy it!

Judy Knopp, Your Secretary



The Music Committee Welcomes Dedication of Church Organ Oct 25, 2009



Please join us for a special celebration on Sunday October 25, 2009 to dedicate the organ recently installed at our church. Guest organist J.W. will perform a short dedicatory concert that will highlight the many capabilities of the instrument and will certainly appeal to our younger members and the young at heart: "Swinging Bach," a jazzy arrangement of Bach's Toccata and Fugue in d minor; "Caprice," a light-hearted dance by Daniel Gawthrop; "In the Garden," a beautiful arrangement of the loved gospel song; and following the service a merry medley of familiar tunes from the films of Walt Disney. Thanks to Charlie Prather for his generous donation of the organ in addition to arranging for the services of the guest organist.

J.W. received his earliest organ instruction on the bench alongside his grandmother, a church organist for more than 50 years. His formal training began at Central Methodist College in Missouri, where he graduated summa cum laude. The recipient of a Rotary Fellowship, he then completed graduate studies in organ performance at the University of Auckland, New Zealand, as a student of Anthony Jennings. Prior to relocating to South Florida five years ago, he lived in the Washington, DC area and served as the organist and music director at the Church of St. Clement, Capitol Hill Presbyterian Church and Christ Church Capitol Hill. He has performed in New Zealand, Australia, Slovakia and Chile and currently serves as a substitute organist at churches across South Florida.

Douglas Paul—Music Committee

Living Our Faith

The group of volunteers at our Saturdays at the Cooperative Feeding Program are having fun, doing good work, and getting to know one another. Our last work day in September saw a large group of church members turn out. Thanks to Ken Beier, Nancy Kravitz, Mark Woodpecker, Steve and Peter Lange, David Griswold, Christian Herrera, Alexis Blasenheim, Molly Lesnick, and Doug Friend. Our crew worked in the pantry, and on the serving line. Christian and Dave looked especially cute in their aprons. Special thanks to Nancy Kravitz for having been at every workday so far, and she is going in one day during the week also. Way to go Nancy!

Our next workday at the CFP will be on October 3. We meet at the church at 8AM to carpool, or you can meet us at the CFP at 8:45. Sign up sheet is in the back of the sanctuary. Join us, and make a difference.

Susan Dirgins Friend, Director of Religious Education



COOPERATIVE FEEDING PROGRAM

Bingo—One More Practice Game for Fun then GRAND OPENING



It is time for us to get excited and pull together on our major fundraising effort of Bingo. We had a great time with our practice in September. We are going to hold one more "Dress Rehearsal" on Friday October 16 at 7:00pm. Remember to bring some small gifts from home to donate as prizes for the night. We will have our Grand Opening to the public on Wednesday October 28 with cash prizes and the whole works. If you have not volunteered yet, this is the time to get in the groove. This is an all church effort as voted by our congregation and we all need to do our

part to make it successful. I am pledging to be here every Wednesday night that we run unless I am working or out of town, so I am sure you will all do your fair share of being here to work the game, outside promotion, the kitchen, setup/breakdown or come to play. We are looking at this as a great fundraiser and team building effort which will also be a blast. We will have lots of fun together working toward the common goal of an even better church for our future. Please call or email me at 954-969-7221 or garylodka@mindspring.com.

Gary Ladka

Climate Change Awareness - What Does 350 Mean to All of Us?

What is the most important number on earth? . . . 350 . . . Or, three hundred and fifty parts per million of carbon dioxide is the maximum safe level of CO₂ that the best science available tells us we need to maintain if we are to preserve a planet similar to the one we have now, according to 350.org. We are currently at 390ppm and climbing, and a successful agreement from Copenhagen's Climate Talks later this year probably represents mankind's last good chance to prevent catastrophic climate change.

To raise awareness of 350 an extremely important Climate Action event will be happening on Saturday, October 24, around the world. It is the 350.org INTERNATIONAL DAY OF CLIMATE ACTION. People from 111 countries will take part in over 1500 local actions. Green activists in Broward are organizing a Climate Action Rally and March from 10:00 am - 12:00 pm at the Museum of Discovery and Science, 401 SW 2 St, Fort Lauderdale.

We, the organizers of the Rally and Action, would like to have at least 350 people there: Each of 35 Climate Captains, including myself and Steve Jens-Rochow from River of Grass, have committed to bring 10 people to the event. All participants will receive a 350.org T-shirt. After the guest speakers and music we will walk to Riverwalk, where a group photo will be taken to be posted on 350.org's web site. I anticipate that we will be on the front holding a banner that says UU's for 350.org, or something along those lines. Rev. Gail may possibly be speaking at the rally but it has not been confirmed at the time of this writing.



Your participation is important. And your help before Oct. 24 would be appreciated. We need USED blank T-shirts in any size, any solid color. It would also be great for some artistic folks (trust me, you don't want to put a paint brush in my hand) to organize the making of a banner. Maybe a depiction of an underwater Fort Lauderdale as it will be if the ice sheets continue to melt?

350.org says, "This is an invitation to help build a movement—to take one day and use it to start turning the climate crisis around. We are a group of people from around the planet—young and old, scientists and writers and activists—who have one thing in common. To finally get global action on the worst crisis humans have ever faced. But we can only do it if you help."

Spread the word, and please contact me to plan to participate in this important demonstration of our commitment to the stewardship of our one, precious world!

350.org volunteers & Valerie Heller (vturner@gate.net) "Climate Captain" (I SO want to wear a red superhero cape streaming behind me...)

Office Notes October 2009

Good wishes to all from the UUCFL Office.

Has anyone noticed a change in the air? Is the weather a bit cooler?

Continuing to confess my gardening efforts:

I replanted some of the Lime Basil, but the Spinach has not finished making new seed, so I am waiting for Nature to signal the right time to plant.

Our new regular Saturday renters have access to The Sanctuary, and class-room 6, at 8:00 AM on Saturday mornings and, although their services end at Noon (or before), they clean and return the premises to the condition in which they found it. They will occasionally schedule additional dates and times for their Church activities. So far, they have had several Friday evening events. Be reminded that this renter and other factors, make it even more important to schedule your events, here at UUCFL, as early as possible.

The CUUPS folks filled the baskets intended for The Co-Operative Feeding Program at the Pagan Pride celebration in September. Good job. Thank you.

Please remember cloths must be laundered and clean, and food must be non-perishable and unopened. Co-Operative Feeding sends us a regular THANK YOU.

Just a reminder. Please keep your eyes open when you are at the Church. Please be sure doors close properly behind you, and that they are locked, when you are the last person to depart the building. A very positive attitude is: *Safety First*.

Come by the office any time.

Your thoughts and suggestions are welcome

Good wishes.

Sandy



Directory of Staff, Board, Committee Chairs & Affiliates

STAFF

- **Minister**
Rev. Gail Tapscott.....954-288-4245
- **Office Administrator**
Sandra Walker.....954-484-6734
- **Director of Religious Education**
Susan Dirgins-Friend.....954-424-1910
- **Music Director**
Dorothy Muise.....954-731-8790
- **Choir Director**
David Fisher954-567-2677

BOARD OF TRUSTEES

- President**
Ken Beier.....954-537-3361
- Vice President**
Mara Newman.....954-492-1005
- Secretary**
Judy Knopp954-563-8529
- Treasurer**
Bill Cox.....954-730-7763

Trustees

- Valerie Heller.....954-768-0798
- Betty Highton.....954-484-6313
- Douglas Paul.....646-256-1421
- Colette Saucier954-240-3759
- Myra Symons-Kazanci954-779-2240
- Melanie Taffel.....954-298-9827

COMMITTEE CHAIRS

- Building & Grounds**
Steve Lange.....954-257-9262
- Stewardship (aka Canvass)**
Myra Symons-Kazanci954-779-2240
- Community Outreach**
Empty Bowls Project
Colette Saucier954-240-3759
- SHARE Florida Food Network
Laura Lange.....954-584-2499
- Cooperative Feeding Program
Rev. Gail Tapscott.....954-288-4245
- Coalition to End Homelessness
Nicole Shulman.....954-942-0394

Webmaster

- Kip Barkley.....954-784-8307

**Printed Newsletter – The JOURNEY and
Email Newsletter - The cUUrious cUUrier**

- Gary Ladka.....954-969-7221



Caring Committee

- Molly Lesnick 954-587-9552

Library

- Joe DeAngelis.....954-973-1337

Finance

- Douglas Paul.....954-331-5025

Building Usage

- Sandra Walker.....954-484-6734

Human Resources

- Mara Newman.....954-492-1005

Labyrinth Café Concerts

- Susan Moss.....954-433-2372

Membership

- Mary Bardis954-298-9779

Ministry

- Kathleen Rhoad.....954-627-2665

Religious Education

- Laura Lange.....954-584-2499

Sunday Services

- Susan Moss.....954-433-2372

Ways & Means

- Virginia Anderson.....954-975-4686

ASSOCIATE & AFFILIATE GROUPS

• **CUUPS**

- Kip Barkley954-784-8307

• **Endowment**

- Dot Muise954-731-8790

• **Interweave**

- Douglas Paul.....646-256-1421

• **Southeast UU Cluster**

- David Armstrong.....954-730-7763

• **UU Service Committee**

- Noralee T aylor.....954-776-4226



The Market Place

Body, Mind & Spirit

Keep it together
with Chinese Medicine

Mary Bardis LAc, RN

954-298-9779

www.marybardis.com

Gentle Acupuncture
Extraordinary Vessel Healing
Chinese Herbs
Homeopathic Formulas
Gentle Detoxification

20% off services and products for UUCFL members



80% of My Clients Experience
Significant Changes or Results
In Only Three Sessions

Vondette E. Brinson, CBP, PaRBP, MLDT, LMT

954-226-3612



*Allergies *Personal Growth
*ADD/ADHD *Rehabilitation
*Arthritis *Sports Performance/injuries

www.BalancingbyN8.com BalancingbyN8@aol.com



MetLife®



As your life changes,
so do your financial needs.

Douglas Paul
Financial Services Representative
5900 N. Andrews Avenue, Suite 800
Fort Lauderdale, FL 33309

Call Douglas Paul today at 954-331-5025.

Insurance and annuities offered by Metropolitan Life Insurance Company. Securities products offered through registered representatives of MetLife affiliated broker/dealers including Metropolitan Life Insurance Company (member NASD) or MetLife Securities, Inc. (member NASD/SIPC). L0607KQYF(exp0708)ENT-LD

Garden of Essentials

Essential Oils & Aromatherapy
Products

GardenOfEssentials.com

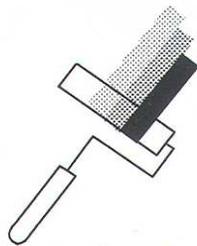
954-298-9779

Mary Bardis LAc, RN



*Preferred
Painting*

Interior - Exterior
Drywall Repairs & Pressure Cleaning



Scott Bejlovec
(954) 782-6433

Lic. & Ins.
884977PUX

Arlene Lakin, Esq.
Attorney at Law

PALM LAKES PLAZA
7284 WEST ATLANTIC BOULEVARD
MARGATE, FLORIDA 33063

TELEPHONE (954) 975-5159
FACSIMILE (954) 972-4701



October Birthdays

- Amber Anderson 10/2**
- Fiona Oberg 10/2**
- Noralee Traylor 10/5**
- Gerard (Jerry) Zelin 10/10**
- Judy Knopp 10/12**
- Linda Leitner 10/13**
- Harrison Swike 10/14**
- Mara Newman 10/20**



If you would like to see your birthday announced here and in the cUUrIOUS cUUrIer email newsletter, please contact Sandy in the office to make sure we have your updated information in the computer

Kudos

Thanks to our many FABULOUS kitchen volunteers over the past several weeks: Jack and Dorothy Bellick, Nancy Kravitz, Alexis Blasenheim, Evelyn Fecci, Colette Saucier, Gabrielle Rebillard and her son Aidon, Kallem, Larry Wilkner, Molly Lesnick, Judy Knopp, and Bill Schoolman. As many of these folks can tell you, volunteering is a great way to get to know your fellow members.

Ken Beier



Sun

Mon

Tue

Wed

Thu

Fri

Sat



October Calendar

Visit our on line calendar for late-breaking events www.uucfl.org and click "Coming Activities"

<p>Every Sunday : 11:00 AM- Church Service and Children's Religious Education</p>				<p>Religious Education Events See special calendar on the RE page 4</p>		<p>1 7:30 pm CUUPS</p>	<p>2</p>	<p>3 8:00am—Cooperative Feeding Program Workday (See page 7)</p>
<p>4 •9:30am-UU Sisterhood •11:00am—Stewardship Sunday Service and Luncheon</p>	<p>5 •7:30pm - Peaceful Meditation</p>	<p>6 •4:00pm - Transformative Tuesday Classes (see page 4) •5:30pm—Gentle Yoga</p>	<p>7 •Share Florida Order Deadline •10:30am - Chair Yoga •7:00pm - Knitting Class with Melanie •7:00pm - Choir Rehearsal</p>	<p>8 7:30 pm CUUPS</p>	<p>9</p>	<p>10 •2:00pm - Building & Grounds Workday •7:30pm Labyrinth Café Doug Spears/Grant Peoples (see page 6)</p>		
<p>11 •Journey Submission Deadline •12:45pm—Membership Committee •1:00pm—Monthly Enrichment Program (see page 2)</p>	<p>12 7:00pm - Board Meeting</p>	<p>13 •4:00pm - Transformative Tuesday Classes (see page 4) •5:30pm—Gentle Yoga</p>	<p>14 •10:30am - Chair Yoga •7:00pm - Knitting Class with Melanie •7:00pm - Choir Rehearsal</p>	<p>15 7:30 pm CUUPS</p>	<p>16 7:00pm—Bingo for Practce</p>	<p>17</p>		
<p>18 •9:30am-UU Sisterhood •9:30am—RE Committee •1:00pm Drum Circle with Sophia</p>	<p>19 •7:30pm—Sunday Services Committee 7:30pm—Peaceful Meditation</p>	<p>20 •4:00p, - Transformative Tuesday Classes (see page 4) •5:30pm—Gentle Yoga</p>	<p>21 •10:30am - Chair Yoga •7:00pm - Knitting Class with Melanie •7:00pm - Choir Rehearsal</p>	<p>22 7:30 pm CUUPS</p>	<p>23</p>	<p>24 •9:30am—Share Florida Food Pickup •10:00am—350.org Rally at Museum of Discovery •5:00pm—Church Pumpkin Carving Party</p>		
<p>25 •9:00am - Bylaws Mtg •11:00am—Church Organ Dedication •12:45pm—Book Discussion</p>	<p>26</p>	<p>27 •4:00p, - Transformative Tuesday Classes (see page 4) •5:30pm—Gentle Yoga</p>	<p>28 •10:30am - Chair Yoga •7:00pm - Knitting Class with Melanie •6:30pm - Bingo Grand Opening</p>	<p>29 7:30 pm CUUPS</p>	<p>30</p>	<p>31 7:30pm— Witches Ball</p>		

Unitarian Universalist

Church of Ft. Lauderdale

3970 NW 21st Avenue

Minister: Rev. Gail Tapscott

Phone: 954-484-6734

Fax: 954-484-6778

E-mail: uucfl@aol.com

Website: www.uucfl.org

Sundays Service & Children's
at 11 am: Religious Education

The JOURNEY



Sunday Morning Services at 11 am

OCTOBER 2009

October 4- Living in Generosity- To kick off our fall discussion of stewardship, Rev. Kathy Bishop will grace our pulpit again sharing her views on how practicing generosity is a spiritual discipline that benefits the giver and the recipient. Rev. Kathy is a former Unity minister and currently deepening her spiritual life through Buddhist practice. Stay for other steward events and start thinking about how to demonstrate your love and commitment to UUCFL this year.

October 11- The Best Medicine- Rev. Gail will share her own and other's philosophy that having a sense of humor can literally save your life. She will confess to way too much awareness of what is on the comedy channel and discuss how much spiritual wisdom is contained in humor.

October 18 - More Hindu Than You Knew- Finally sharing some of the fruits of her recent summers studying Eastern religious texts at St. John's College, Rev. Gail will share her view that despite obvious differences we UU s have a lot in common with philosophical Hinduism and can enjoy the rich stories of the epics that influenced many other religious traditions.

October 25 - Twilight Theology- As we prepare for Halloween (Samhien), Rev. Gail will look at everyone's current favorite scary mythical figure-the vampire. Vampires are everywhere these days and the vampire myth is steeped in interesting theological questions. Rev. Gail will attempt to justify the fact that she will be in line with millions of teenage girls to see "New Moon" on Nov. 20. If you don't know what this means you really need to attend this Sunday. This will be an intergenerational service

November 1- Health Care Options and Religion- Your minister and Sunday Service Committee are working together to bring you a program addressing this topical and turbulent issue which asks us to look at our deepest ethical values.

