

The JOURNEY

The Monthly Newsletter of the Unitarian Universalist Church of Fort Lauderdale

NOVEMBER 2008
Volume 49, Number 10

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December 2008 Issue Deadline

Sunday November 9, 2008

Submit articles to:
submission@uucfl.org

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Gary Ladka

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Dot Muise Betty Highton

David Armstrong Bill Cox

New visitors receive The JOURNEY for three months. To continue receiving our newsletter, please call the office.

A Center for
Religious Thought
and Social Action in
Fort Lauderdale

**Unitarian
Universalist**
Church of Ft. Lauderdale

3970 NW 21st Avenue
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Established in 1958
www.uucfl.org

Seventh Annual
"Filling Empty Bowls"
Fundraiser to benefit
Broward Cooperative
Feeding Program
Thursday, November 6
5:30 pm—8:00 pm
See page 6 to learn more

EMPTY BOWLS



Labyrinth Café
presents
Coyote Run
Saturday
November 8, 7:30 pm
Hunt for more info on
page 5

Southeast Unitarian Universalist Cluster Annual Meeting in Key West



November 14 - 16
See page 6 for full article



"JUST JAZZ" CONCERT



Sunday, November 16 - 4:00 pm
Find out about all that jazz on page 5



**All Church Thanksgiving Feast
and Hanging of the Greens Party**
Sunday, November 23
Page 4 has the delicious details

Prez Says...



In the midst of economic turmoil, isn't it great to know that UUCFL is not leveraged? We have no mortgage. We have not been securitized--to use the financial lingo we have heard so much of over the past month.

In contrast to many actors in our financial markets, we have substantial resources, including our 3.8 acres of ground, our circa 1988 building, our Building Fund, our Endowment Fund, and most importantly, we have YOU. I continue to be amazed at the loving and talented contributions that are being made by our members and friends to support our ministry to each other and the larger world.

In recent weeks, we have leveraged our resources to:

- Launch Amy Carol Webb's new CD
- Raise \$7,284 for Florida Red and Blue, to support their campaign to defeat Amendment 2 (the so called "marriage" amendment) to the Florida Constitution
- Raise funds for the Unitarian Universalist Association Sunday.

In the coming weeks and months we will leverage our resources:

- To support the Empty Bowls project (for the Cooperative Feeding Program) on November 6
- To support a jazz concert on November 16
- To celebrate the UUCFL Jubilee on January 24, 2009.

Of course, there are many additional activities that happen at UUCFL every week. I know I'm involved with this community because there are things we can do together that we cannot do apart. As we complete our Stewardship Campaign, I want to commend all of YOU for your support of our religious community and your contributions to the larger community. We can do incredible things by leveraging your support.

Ken Beier—President

Spiritual Practices Class Continues

The class on the perennial spiritual practices culled from the world's great religions will continue on through November and early December. We welcome new people joining us on the journey toward transformation. The class is based loosely on a book called "Essential Spirituality" by Dr. Roger Walsh. This book focuses on 7 central practices to awaken the heart and mind. We will meet on Tuesdays from 7:00 p.m to 8:30 p.m. The cost will be \$8.00 per session with a discount if you sign up for all remaining sessions. The upcoming sessions are:



- Nov. 4 – Cultivating Emotional Wisdom
- Nov. 11 – Living Ethically
- Nov. 18 – Concentrating & Calming Your Mind
- Nov. 25 – Awakening Your Spiritual Vision
- Dec. 2 – Cultivating Spiritual Intelligence
- Dec. 9 – Expressing Spirit in Action

There is no better way than taking a class with me to get to know me better if you are a newer member or friend and there is absolutely no better way to feel closer to other members, long timers, or other new folks than to share your experiences in a class like this. Please come and join in the fun and the chance to grow your soul. I invite you to call or email me to learn more or just show up at the class. I can be reached at 954-288-4245 or at revgailtapscott@aol.com.

Rev. Gail

Words from the Board



•Your Board of Trustees met in October and here are some of the highlights:

- Welcomed Judy King as a new trustee to serve until 2009
- Heard of more plans for our Jubilee Celebration
- Looked at possibilities of having a church directory with pictures
- Saw progress on group efforts on an updated look for our website and additional content for the site
- Found it was necessary to transfer funds previously approved to the operating fund to cover expenses during September, but this had been anticipated
- Learned more about plans for Stewardship Drive
- Set Annual Budget Meeting for February 1, 2009 with preparation workshop on January 11, 2009

Respectfully Submitted Gary Ladka— Secretary

Rev. Gail's Space

Feeling Gratitude While My 401K Tanks

No one can ever accuse me of having lived my life in pursuit of the almighty dollar even though I do enjoy beautiful things and the good life. I have opted over and over in my personal life for experience and excitement over security. Nevertheless, over the last nine and a half years, I had acquired a modest nest egg in the form of what passes for the Unitarian Universalist pension plan for ministers and other folks who serve our movement. Now, like all the rest of you who have any money in stocks I have no idea what the future holds. It may be that I will be forced to preach for food as long as I can hold on to the pulpit to stay on my feet.



None the less, I am feeling like a lucky person these days. I am so grateful for the sabbatical time granted me by this congregation and grateful for the loving welcome I received when I returned to the pulpit on Oct. 12.

I learned so much during my time away. It was so rewarding to finally read all the books about the creator of Mary Poppins, P.L. Travers, that I had heard about for years. It was remarkable to find other scholars who shared my view that the flying nanny was teaching profound emotional and spiritual lessons to her young charges. I have delivered several talks and sermons and appeared on a radio show talking about Mary Poppins and everywhere I have found people who love her and who have encouraged me to continue on the Mary Poppins quest.

I have spent time in the Land of Enchantment (New Mexico) and visited my personal Emerald City (Washington, D.C.). I finally realized this summer why I love these two places so much. In both locations, I feel that an adventure and./or a learning experience is just around every corner. In D.C. every time another person gets on a bus or subway, I can sense a story just waiting to be told. I know intellectually that the same thing may be true here or anywhere. However, somehow certain places just speak to me more emotionally and it is good for me and probably good for you that I am able to spend time in places where I can feel fed and nourished on all levels. Even though it is true that we can't eat conversation and adventure, it is also true that looking at high returns on our investments will not nurture our spirits unless we have a pretty hollow soul. During these frightening and uncertain times, the one thing we can be sure of is the support of our friends, family and hopefully our church community. Let us be grateful for this safe harbor where we are loved for ability to discuss ideas, make coffee, clean up the grounds, and love our kids and not for the bottom line on our financial statements.

Blessings and love,

Rev. Gail

RELIGIOUS EDUCATION (RE) NEWS

Interim Director of Religious Education (DRE) - Susan Dirgins-Friend

Phone (954) 424-1910

Email tiredmomofbob@aol.com

Committee Meetings - Third Sundays of the Month—9:30am



By the time you read this, we will have had a very successful "Pumpkin Carving Party and Pot Luck". I hope that everyone had a good time. We are going to be talking to the children about the Unitarian Universalist Service Committee Program "A Guest at Your Table" in November. Everyone (every family) will receive a box to "put on your table", and every time you sit for a meal, throw in some change, (or dollars, or checks), and talk about sharing our abundance with others all over the world who are in need. We hope you will participate with this. Thank you for the increased donations to the Cooperative Feeding Program. Keep bringing non-perishables and canned goods, and send them to the classroom with the kids; we will then put them in the baskets together. One can of food each Sunday can make an impression on the children and lets them participate in sharing. We are also going to be re-starting our classroom offering. This offering will be put in with the general offering each week, designated as coming from RE. Again, it does not have to be a lot of money, a quarter per child each week can add up, and makes them feel part of the process of supporting the church. Finally, the children and teens are going to prepare and serve the Thanksgiving Feast on the Sunday before Thanksgiving. This will be a fundraiser for the Boston trip and other RE activities. We will probably start on Saturday and do some of the cooking at the church. Due to church scheduling, we may have to do this at one of our homes.

Love and Blessings, *Susan*



November Religious Education Schedule

For the time being, assume that every Sunday, the children will start the day in church. We will keep you updated.

November 2, Sunday 11AM Children's RE *Vote, Vote, Vote*

November 4, Tuesday 7PM Adult RE *Rev Gail's "Perennial Practices"*

November 9, Sunday 11AM Children's RE *Regular Classes*

November 11, Tuesday 7PM Adult RE *Rev Gail's "Perennial Practices"*

November 16, Sunday 9:30AM RE Committee Meeting-All are Welcome

November 16, Sunday 11AM Children's RE *Regular Classes*

November 18, Tuesday 7PM Adult RE *Rev Gail's "Perennial Practices"*

November 23, Sunday 11AM All Church - *"Thanksgiving Feast and the Hanging of the Greens"*

The children and teens are preparing and serving a Thanksgiving feast for the congregation.

Tickets will be sold, as this is a fundraiser for the Teen Group's Boston trip and other RE activities. After eating, we will hang the greens and lights around the church. Please stay tuned.

November 25, Tuesday 7PM Adult RE *Rev Gail's "Perennial Practices"*



NOTE: On November 30 (Thanksgiving weekend) there will be no children's RE classes.

This will allow our teachers to have the time with their families. There will be a church service.

Coming in December: December 14 will be our RE Holiday Pageant during the service. The evening of the 14th, we will have our Holiday Party, 5-9PM. Please join us for caroling, ornament making, cookie decorating and a visit with Santa.

Coming in January: "Cakes for the Queen of Heaven", an adult RE class led by Kathleen Rhoad. "Cakes" is a "women's theology" curriculum. We are looking for someone to co-lead with Kathleen. The class will start on January 12, and run for 5 consecutive Mondays.



Labyrinth Café Concert Season Continues with

Coyote Run

Saturday, November 8, 7:30pm



In the American Southwest, there comes a time of day when the coyotes run amok. They appear in twos, threes, or more, to yip and race and play. This display of energy and playfulness, incredible in the desert heat, is called the "Coyote Run." Filled with mischief, this animal guide leads us through his own foolishness or sometimes by helping us laugh at our own foolishness. Coyote Run's music is undeniably Celtic in influence, yet hops boundaries and stylistic borders with the ease and carefree nature of the trickster. www.coyoterun.com

Suggested donation \$15 at the door, plus non-perishable item for our local Cooperative Feeding Program (canned meats, beans, fruits, vegetables, peanut butter, dried milk, pasta, rice, cereal, baby food and baby formula); advance reservations: \$12, checks (made out to Coyote Run) received in the UU church office, c/o Labyrinth Cafe, no later than Wednesday before Saturday show.

We're once again offering a season pass (now \$80 per person), which includes admission to the remaining 7 November-May shows, as well as a Labyrinth Cafe T-shirt (designed and printed by Virginia and Erik Anderson, Labyrinth Cafe volunteers) and premium reserved seating. It's a wonderful way to support the UU church, our performers and the continuation of live, original music!

Please visit www.labyrinthcafe.com for further details and the artists' websites, as well as www.myspace.com/labyrinthcafe for song samples!

Susan Moss -
Labyrinth Café Concerts



Music Notes

I am so excited with the preparations for the Jazz Concert to be presented at our church sanctuary on November 16 from 4 to 6 PM. We have a fantastic group of musicians ready to entertain you and your

friends for two relaxing hours. We have placed an ad in the Hot House Florida Jazz magazine and copies will soon be available for you to see. "Mr. Jazz" Ira Sullivan will be with us along with Bob Vandivort, Brian Murphy, Jamie Ousley, and John Yarling. We could not have found a more talented group for this annual occasion. Please see the flyers displayed at the church, and ask Doug Paul or Dot Muise for some to post at your apartment complex or condo.

Let's rock with a full house on November 16!

Meanwhile, the choir continues to work on anthems every Wednesday at rehearsals for the services. They are a dedicated part of our church family, so please tell them that you appreciate all their efforts. A "thank you" goes a long way toward showing that you care about the time devoted to enhancing the services.

David Fisher, our Choir Director, is exploring the possibility of another Tri-Choir presentation for our choir and those of River of Grass and Boca Raton Fellowship. Also working on the Jubilee celebration in January is taking more of his time. David, where do you find the energy?

You too can be part of the Music Committee by helping with the Jazz Concert, distributing flyers, selling tickets, setting up and taking down the room, helping to sell refreshments, etc. We will find a job for you even if you can't sing or play an instrument! And thank you in advance.

Dot Muise, Director of Music

Labyrinth Café Concerts 2008—2009

🎵 **Saturday, December 13, 2008**
John McCutcheon

🎵 **Saturday, January 10, 2009**
Jud Caswell/Friction Farm/Dave Potts

🎵 **Saturday, February 14, 2009**
The Orphan Trains/Jennings & Keller

🎵 **Saturday, March 14, 2009**
Nick Annis/Danny Schmidt

🎵 **Saturday, April 11, 2009**
Amy Carol Webb/Denice Franke

🎵 **Saturday, May 9, 2009**
Rod MacDonald/Michael McNevin

Down to Earth with Building & Grounds

The months of Fall are upon us. I have been looking forward to this time, as it is our opportunity to be most productive with the Building and Grounds projects of the UUCFL. We have been soliciting proposals from six contractors to provide repair, restoration, and painting to the exterior of the building.



As I have mentioned in previous messages the Tower is a most evident area in need of this repair. The large orange stain that has crept down the south west side is the result of stucco surface breakdown. The stain comes from the wire mesh which has been exposed to the elements. Other areas in need of attention include the fascia and exterior doors that exit the hallways, and the entry doors to the mechanical and electric rooms outback. Given an emphasis these days on being "Green" these doors may also represent a loss of money as the buildings air conditioning is compromised. I believe it is time for us to bring the building up to a level of care that has gone undone over the past few years. My intent is to promote "maintenance" of what we have, so that it will serve us well into the future. With that in mind, we have an obligation to keep up with the buildings needs as part of our spirituality. It is of course our symbol, our meeting place, and our refuge. We are fortunate to be located in such a place and must care for it continuously. Those who have noticed the interior office and foyer area problems should be aware that the leaks are directly related to the exterior needs of the church. Some have speculated that if the tower is not repaired soon, it may require more extensive work. I anticipate the contractor proposals within the next two weeks. I will be submitting requests for grant money through the endowment fund. If all goes well I would have the work started after the first of the year. I am the messenger. As Chairman of the Building and Grounds Committee I would be remiss in not sharing with each and everyone of you what is on our "to do" list. This effort is of the utmost importance and I do not take the responsibility lightly. My hope is that the members of the UUCFL will support these efforts with the same enthusiasm. I look forward our work days so we can whittle away at the other things we need to do. On Saturday October 18th a dear friend of mine shared his time to take photographs of the work we do. These splendid days are the best time of the year to come out and appreciate what we have. I hope to see you too. As usual I am available at (954) 257.9262

Steve Lange/Building and Grounds Chairperson

50th Anniversary Jubilee Celebration Set for Saturday, January 24, 2009



At our first planning session last month, 16 UUCFL members signed on to creating an evening of dining and entertainment Saturday, January 24, 2009. Sandy Harris and Lyn Kurpiewski have agreed to cater the dinner. Vernon Allen will be creating a slide show of photographs from the past and the present. Valerie Turner will

develop a program of songs to accompany David Fisher's Highlights of UUCFL's History. Savannah Friend will work with the Teen Group in assembling a time capsule. Ken Beier will lead the assembled crowd in a lively and humorous vision of our future. We will invite a noted speaker for some pastoral and prophetic words. And Rev. Gail will be our emcee. Doing behind-the-scenes-work are Myra Symons-Kazanci developing with her sub-committee the invitation list, Cam Enright convening her decorations group, and a PR person to work with media notices. If you would like to help in any of these areas, please contact me or any of the named workers.

Mark your calendars now!

You won't want to miss our half-century Gala!

David Fisher

Southeast UU Cluster Week End In Key West

On Friday and Saturday, November 14 and 15 the Southeast Cluster will for the first time hold its Annual Meeting at the UU Fellowship of Key West. It promises to be a memorable one.

Friday 6:00 to 9:00 PM is Advance Registration and Key West style cocktails and at 8:00 PM a Moonrise service on the beach..

Saturday 9:00 AM Registration & Continental Breakfast with a workshop at 10:00

Lunch and fellowship at 12:00

Business Meeting at 1:00

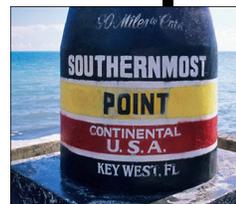
Workshop 1:30 to 3:00

Optional Cruise of Key West (cost \$25 pp)

Concert - A my Carol Webb & Friends 7:30

Sunday Service 11:00

Special arrangements have been made to provide home hospitality, reduced cost hotel and car pooling. Check top of hymnal rack for info and registration form or ask Paige or Dave Armstrong for details.



Time for Filling Empty Bowls

The Filling Empty Bowls Event is happening again this year on November 6th. Volunteers will make delicious homemade soups and donate it for the evening's meal. Along with a simple meal, participants who donate \$18 will be able to take home their soup bowl. All proceeds will be donated to the Cooperative Feeding Program.

If you are interested in participating, please call me at (954) 240-3759.

Colette Saucier



Helping Hands

Most of the work of UUCFL is done by you--our members and friends. If you can provide time and talent for the following role, please contact the person designated for a specific role. Contact information for me and the others can be found on Page 9 of the Journey.



Sign Letter Acrobat—the movable letters on our sign need to be changed once a month and for special events. We will provide the script; you just get on a ladder and change the message. Contact Ken Beier

Greeters--we need 4 greeters every Sunday in various places inside and outside the building, someone to sit at the visitors table for 15 minutes after the service, and someone to say goodbye at the front door. If you are friendly and can say hello, you are perfect for this job. Contact Mary Bardis.

Coffee Setup and Cleanup--we will train you for either role. Ongoing or one-time only roles are available. The bonus with this job is that the kitchen is the best place to learn what is going on at UUCFL. Contact May Bardis.

Real Estate Attorney—our rental contracts need a professional review and update—a legal specialist will provide input to members of the Congregation who are reviewing our rental and building use policies. (If we get serious about purchasing the property next door, this person could support that effort as well.) Contact Ken Beier

Holiday Gift Wrappers—members and friends will descend on Barnes and Noble in Ft. Lauderdale (on a date to be determined) to wrap holiday gifts. All of the donations for this service will go directly to UUCFL Teen Group's trip to Boston. To join the UUCFL wrapping team, contact Judy King or Gary Ladka.

Holiday Wish-Adopter for ChildNet—you can make a difference by fulfilling a child's wish for the holiday season. The wish lists are completed by the children in October and given to organizations that will adopt the child's wishes. ChildNet is lead agency for services and support for Broward's abused, neglected and abandoned children and their caregivers. Contact Gary Ladka soon so that we will know how many wishes to adopt.

Ken Beier—President



CUUPS Update

November is a month without a sabbat.

Our next big ritual will be Yule on Saturday, December 20th. Thursday evening Study Group will continue in November except for Thanksgiving Day. Then we will all stay home and do our individual Turkey Rituals. Perhaps some Thursday we will gather in the back yard and build a big fire. It's s spiritual thing for us: burning things. Do come out and play.

Kip, Resident Pagan

Eye-Catching Follow-up

Following up last month's article about purchasing the Clark property at the southwest corner of our church property, Ken Beier contacted the lawyer representing the Clark heirs. Their asking price is still \$350,000, despite the County Tax Appraiser's 2007 appraisal of \$147,000. Perhaps we can revisit this in the future, particularly in light of the current economic downturn.

David Fisher



Your Minister Needs a Laptop

Recently, a generous person donated several computers to our church and now I have a computer in my church office that looks like I have finally moved into the modern era. Kip Barkley hooked it up and I was even able to figure out a few basics without any special training. However, I still have a computer challenge. I do about two thirds of my work at home where I have access to more books and files than I do at church. I also like to work sometimes in public places and of course I travel fairly often. My current laptop is quite ancient and is really living on life support. I simply can't take it out in public anymore and I live in fear it will die any minute. Before I spend most of my valuable professional funds on a new laptop, I thought I would see if anyone out there might be on the verge of upgrading or has decided they don't like using a laptop. If anyone would like to donate to me or sell me a laptop for a good bargain, I would love to talk to you.

I promise to give it a loving home, feed it regularly and take it for frequent walks. **Rev. Gail**



Office Notes November 2008

Greetings and good wishes from Sandy in the office. What a beautiful Community. Our Church Family and gardens are lovely. Our UUCFL Community is wonderful.

Just a few reminders:

Our Calendar is much busier than last year. If you have an event you wish to schedule, please let me know as soon as possible.

If you are a UU Member, but not receiving the UU World Magazine, please inform me so I can put you on the list.

Remember to be safe and alert:
Look around when you arrive and leave church.
Your observations are important.
Do not leave valuables in your car.
Lock the Church when you are the last to depart.
Safety First, is a good rule to follow.



Have a good November. Let me know if I can help.

Sandy in the UUCFL office

Democracy is the only system that persists in asking the powers that be whether they are the powers that ought to be.

~Sydney J. Harris



Notes from our District Executive "Is It Time to Panic -- Yet?" No!



Thank you Florida District! I have not seen such a broad and involving witness for our faith as you have shown in recent weeks regarding saying "No on 2," the so-called Marriage Protection amendment to the Florida constitution. Nearly every congregation reports some effort on this question. Your services, letters to the editor and rallies are just amazing!

In just a few weeks, the people of Florida will have opportunity to affirm the dignity of loving commitment and all freely chosen commitments. Keep up the good work in these closing days.

Of course, our attention is additionally focused on the national elections as we all participate the great legacy of our own congregational polity: that people ought to have a say in choosing their leaders. The democratic process is deeply embedded in our core theology, our heritage, and our practice. As you cast your ballot, I hope you will feel a tinge of pride that this secular rite derives directly from the emergence of the Free Church.

And, of course, we're all anxious regarding the ups and downs of the financial system. We have, sadly, a front-row seat to witness the shadow side of the "web of existence" as credit liquidity has collapsed world-wide. It is true, we're all connected for good and for ill. Perhaps Unitarian Universalists, still subscribing in part to James Freeman Clarke's confident assertion of our faith "onward and upward forever" and a "theology of abundance," are less well equipped to know how faith addresses lean times and scarcity.

The good news, if we don't panic, is that this, too, will pass. Humanly created events, unlike divine interventions, can be altered. The world's financial leaders are stepping forward to restore confidence and set in place fixes to the problems of markets and regulation. For now, the spiritual counsel of "when in doubt, don't just do something, stand there" is worth considering. As LaoTse asked long ago, "Who has the patience to wait until the mud settles?"

It is usually true, panic does not help at all. *Reasoned response* is a discipline of Unitarian Universalist faith in all matters: from the nature of the divine to creating economic justice. This is what we should be doing: responding creatively and rationally rather than reacting anxiously.

The other good news is that, on average, churches tend to hold their own during economic contractions. Faith is central to people's lives. If our ministries are serving well and addressing our members' spiritual needs, our people will support our work.

Meanwhile, we can support each other. I'll contact your leadership directly, but let me announce here that the District will host a conference call conversation on "*Leadership in Financially Anxious Times*" on Thursday, November 6th at 7:30pm. I hope we can discuss how our congregations are doing, what adjustments you are making in your leadership, and ways we might directly support each other with the new challenges before us.

Meanwhile, keep the faith, breathe slow and deep, and lean on one another.

All blessings, *Rev. Kenn*



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- **Music Director**
Dorothy Muise.....954-731-8790
- **Choir Director**
David Fisher954-567-2677

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- Mark Woodpecker.....954-428-1532

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- Community Outreach**
- Empty Bowls Project
Colette Saucier954-240-3759
- Printed Newsletter – The JOURNEY**
Gary Ladka.....954-969-7221
- Webmaster**
Kip Barkley.....954-784-8307
- Email Newsletter - The cUUrious cUUrier**
Gary Ladka.....954-969-7221
- Cooperative Feeding Program**
Rev. Gail Tapscott.....954-288-4245



Caring Committee

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Joe DeAngelis.....954-973-1337

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Douglas Paul.....954-739-8879

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Sandra Walker... ..954-484-6734

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Mara Newman.....954-492-1005

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Mary Bardis954-298-9779

Ministry

Annette Vafa954-923-7144

Sunday Services

Susan Moss954-433-2372

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Melanie Taffel.....954-298-9827

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Lyn Kurpiewski.....954-537-3616

• **Interweave**

Ken Beier.....954-537-3361

• **Southeast UU Cluster**

David Armstrong.....954-730-7763

• **UU Service Committee**

Noralee Traylor954-776-4226



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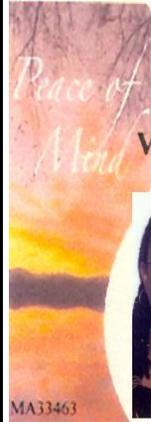
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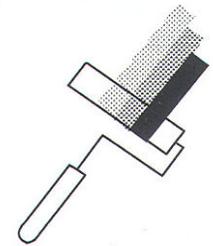


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November Birthdays

Erik Anderson 11/01
Ken Beier 11/02
Coral Horton 11/04
Marilyn Freire 11/04
Danica Horton 11/07
Bill Underhill 11/10

Ted Macdonald 11/11
Donald Hugh Marshall 11/17
Collette Broadway 11/19
Katie Mcalpin 11/25
Yeats Goodwin 11/27
Travis Bejlovec 11/30



If you would like to see your birthday announced here and in the cUurious cUurier email newsletter, please contact Sandy in the office to make sure we have your updated information in the computer

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Unitarian Universalist Church of Ft. Lauderdale</p> <p>NOVEMBER 2008 CALENDAR</p> <p>Every Sunday : 11:00 AM-Church Service and Children's Religious Education</p>						
2 •9:30am-UU Sisterhood •1:00pm—Membership Ideas for Growth Series	3 7:30pm - Peaceful Meditation	4 Election Day 7:00pm—Perennial Practices Class with Rev Gail	5 •10:30am—Gentle Yoga •12:00Noon—Brown Bag Lunch Bunch •7:00pm—Choir Rehearsal	6 •5:30pm—Filling Empty Bowls Fundraiser •7:30 pm CUUPS	7	8 7:30pm—Labyrinth Café Coyote Run(see page 5)
9 Journey Submission Deadline •1:2-4:5pm—Membership Committee •12:45 pm—Jubilee Committee	10 •7:00pm—Board Meeting •7:30pm - Peaceful Meditation	11 7:00pm—Perennial Practices Class with Rev Gail	12 •10:30am—Gentle Yoga •7:00pm—Choir Rehearsal	13 •7:30 pm CUUPS	14 Southeast Cluster Annual Meeting in Key West (through the 16th— see page 6)	15 7:30am Building & Grounds Workday
16 •9:30am—Religious Education Committee •9:30am-UU Sisterhood •4:00pm - “Just Jazz” Concert (see page 5)	17 •7:30pm - Peaceful Meditation •7:30pm—Sunday Services Committee	18 7:00pm—Perennial Practices Class with Rev Gail	19 •10:30am—Gentle Yoga •7:00pm—Choir Rehearsal	20 7:30 pm CUUPS	21	22
23 12:30pm—All Church Thanksgiving Feast and Holiday Decorating Party (see page 4)	24 7:30pm - Peaceful Meditation	25 •7:00pm—Perennial Practices Class with Rev Gail	26 •10:30am—Gentle Yoga •7:00pm—Choir Rehearsal	27 Happy Thanksgiving	28	29



Visit our on line calendar for
late-breaking events
www.uucfl.org/events.htm

Religious Education
Events
See special calendar
on the RE page 4



30

Unitarian Universalist

Church of Ft. Lauderdale

3970 NW 21st Avenue

Minister: Rev. Gail Tapscott

Phone: 954-484-6734

Fax: 954-484-6778

E-mail: uucfl@aol.com

Website: www.uucfl.org

Sundays Service & Children's
at 11 am: Religious Education

The JOURNEY



Sunday Morning Services at 11 am

NOVEMBER 2008

November 2- Learning From Our Living Traditions -

In what may be a painful and even controversial process, the Unitarian Universalist Association is looking at some changes in the wording of our Principles and Purposes and Living Traditions. Rev. Gail will give us a heads up this situation and help us look at how we can use the living traditions, regardless of the exact wording, as aids to a spiritual life plan.

November 9 Life After The Election- Regardless of who is President and the political configuration of congress, life will go on in the U.S. It will be up to us to decide how to be effective citizens in any situation unless we are in a position to leave the country. Rev. Gail will offer suggestions on surviving and thriving in any eventuality.

November 16 – Learning from Buddhism - In her series on learning from the living traditions, Rev. Gail will talk about the practical day to day effects of asking yourself 'What would the Buddha do?' She will tell stories of people who have used practices from Zen to Tibetan Buddhism to deal with grief, work issues and even relationships in a healthier fashion.

November 23 – Playing the Glad Game- A famous character in a series of children's books played a game she called "the glad game." As we approach Thanksgiving, it is appropriate to look at the Pollyanna character and see if she was practicing a true life transforming type of gratitude or simply being an irritatingly cheerful child.

November 30 – Learning from Asian Traditions- Rev. Gail offered to preach a sermon on any subject for the person who purchased her pulpit time in the last Service Auction. New board member Judy King paid a lot of money for Rev. Gail to share some thoughts on the relationship between two traditions coming from Japan. Today, the Rev. will struggle to look at the relationship between Wabi Sabi and Feng Shui.

December 7– Living in Peace Beyond the Holidays – It is the start of the season of peace and good will. Why limit these fine sentiments to a certain time of year. Rev. Gail will look at some techniques for cultivating more than the holiday spirit of peace.

